## **RUGBY**





The Ontario Physical Activity Safety Standards in Education for Rugby – Secondary Interschool

https://safety.ophea.net/secondary/interschool/rugby-tackle

#### **Qualifications:**

Head coach must demonstrate knowledge of sport, skills and strategies to principal or designate.

All coaches must be familiar with and implement, where applicable, the criteria outlined in Coaches Expectations.

One coach must have a minimum certification of NCCP Community Sport Coach – Community Initiation/World Rugby Level 1. This coach must supervise all the contact drills and all the competitions.

At least one rugby coach must possess one of the following coaching qualifications:

- NCCP Community Sport Coach Community Initiation/World Rugby Level 1 Course
- NCCP Competition Coach Competition Introduction/World Rugby Level 2 Course
- Accreditation as a NCCP Rugby Learning Facilitator
- Completion of rugby NCCP level 1 and/or level 2 certification in the past
- Attendance at a clinic or workshop within the last three years provided by an instructor who is knowledgeable of the
  activity (e.g., appropriate skills and progressions), and where safety is addressed as outlined in the Ontario Physical Activity
  Safety Standards in Education.
- Past experience within the last 3 years as a coach in rugby, having knowledge of the activity (e.g., appropriate skills and progressions) and current safety practices as outlined in the Ontario Physical Activity Safety Standards in Education.

### How to access the NCCP Courses for Rugby:

## NCCP Community Initiation / World Rugby Level 1

Register here: <a href="https://training.rugbycanada.ca/">https://training.rugbycanada.ca/</a>

Course Info:

https://training.rugbycanada.ca/index.php?page=21

Cost: ~\$150

Contact: rjones@rugbyontario.com

This course is designed to enable coaches to acquire basic skills so that players new to the game learn to play safely, with enjoyable competition. It is an 8 hour Trained Only course with no post-course evaluation.

The NCCP Community Initiation (Contact) course aims to develop new coaches on how to coach as well as teach what to coach.

OR

# NCCP Rugby Competition Introduction / World Rugby Level 2

Register here: https://training.rugbycanada.ca/

Course Info:

https://training.rugbycanada.ca/index.php?page=22

Cost: ~\$250

Contact: rjones@rugbyontario.com

This course is designed to provide coaches with the skills needed to coach teenage and adult players in a club or school environment. It is extremely important that coaches have an understanding of rugby before taking this course, which is delivered over 18 hours. The course will be delivered through a range of methods and will be highly interactive. Throughout the course, you will be encouraged to practice your coaching skills. The Competition Introduction course aims to develop coaches who know how to coach as well as teach what to coach. The course demonstrates your current level of competence and explores Game Knowledge and Coaching Process Skills.

#### **FUNDING OPPORTUNITIES**

• Grants are available to pay a portion of NCCP courses through the Coach Bursary program. https://www.coachesontario.ca/programs-resources/funding-for-coaches/ or email cep@coachesontario.ca

#### **Useful Links:**

Need more information? Email <u>guidelines@coachesontario.ca</u> to help navigate the NCCP coaching qualifications, as well as find additional ways to achieve the coaching qualifications (e.g.- direct to evaluation option, etc.).

- Rugby Ontario https://training.rugbycanada.ca/
- Rugby Canada https://training.rugbycanada.ca/
- Coaches Association of Ontario https://www.coachesontario.ca/
- OFSAA http://www.ofsaa.on.ca/
- Coaching Association of Canada <a href="http://coach.ca/">http://coach.ca/</a>
- Ontario Physical Activity Safety Standards in Education <a href="http://safety.ophea.net">http://safety.ophea.net</a>







