

The Bulletin

**Fall Championship
Results**

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Available in
2009**



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Fax: (416) 426-7317
Publications Mail Agreement Number: 40050378

Honorary Patron of OFSAA: The Honourable David C. Onley, Lieutenant Governor of Ontario

STAFF			
Executive Director	Doug Gellatly	Ext. 4	doug@ofsaa.on.ca
Assistant Director (interim)	Brian Riddell	Ext. 2	brian@ofsaa.on.ca
Assistant Director	Lex Cleaver	Ext. 5	lex@ofsaa.on.ca
Comm. & Marketing Coordinator	Lindsey Evanoff	Ext. 3	lindsey@ofsaa.on.ca
Office Administrator	Beth Hubbard	Ext. 1	beth@ofsaa.on.ca
Special Projects Coordinator	Peter Morris	905.826.0706	pgm@idirect.com
Special Projects Coordinator	Diana Ranken	416.432.8018	diana@ofsaa.on.ca
Special Projects Coordinator	Ken Coffin	905.853.8869	coffink@ofsaa.on.ca

EXECUTIVE COUNCIL			
President	Martin Ritsma, F.E. Madill	P: 519.357.1800 F: 519.357.4137	martrits@fc.amdsb.ca
Past President	Tracey Parish, St. Patrick HS	P: 416.393.5546 F: 416.596.8729	tracey.parish@tcdsb.org
Vice President	Lynn Kelman, Bear Creek SS	P: 705.725.7712 F: 705.720.1088	lkelman@scdsb.on.ca
Metro Region	Sue Thompson, U of T Schools	P: 416.946.7991 F: 416.378.6775	sue87phe@hotmail.com
East Region	Linda de Jeu, Adam Scott CVI	P: 705.743.7373 F: 705.743.7831	linda_dejeu@kprdsb.ca
West Region	Michele Van Bargaen, Strathroy DCI	P: 519.245.8488 F: 519.245.7693	m.vanbargaen@tvdsb.on.ca
South Region	Brian Fuller, Saltfleet DHS	P: 905.573.3000 F: 905.573.2408	brian.fuller@hwdsb.on.ca
Central Region	Steve Porter, Barrie Central CI	P: 705.726.1846 F: 705.733.0608	sporter@mail.scdsb.on.ca
North Region	Tim Lowe, ES Algonquin	P: 705.472.8240 F: 705.472.8476	lowet@franco-nord.ca
Member-at-Large	Heather Chambers	P: 705.474.7681	chambers@ontera.net

REPRESENTATIVES' COUNCIL 2007-2008			
CISAA	Greg Reid, St Andrew's College	P: 905.727.3178 F: 905.841.6911	greg.reid@sac.on.ca
	Sharon Creelman, Appleby College	P: 905.845.4681 F: 905.845.9828	screelman@appleby.on.ca
COSSA	Brian Poste, North Hastings DHS	P: 613.332.1220 F: 613.332.0978	bposte@hpedsb.on.ca
	Linda de Jeu, Adam Scott CVI	P: 705.743.7373 F: 705.743.7831	linda_dejeu@kprdsb.ca
CWOSSA	Ken VanderZwaag, Woodland Christian HS	P: 519.648.2114 F: 519.648.3402	kzwaag@yahoo.com
	Patricia Klassen, St. Benedict CSS	P: 519.621.4050 F: 519.621.4057	patricia.klassen@wcdsb.ca
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GBSSA	Steve Porter, Barrie Central CI	P: 705.726.1846 F: 705.733.0608	sporter@mail.scdsb.on.ca
	Jean Goodrow, St. Theresa SS	P: 705.526.1311 F: 705.526.4378	jgoodrow@smcdsb.on.ca
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	Helen Downey, Bishop Tonnos CHS	P: 905.648.4989 F: 905.648.7847	downeyh@fc.hwcdsb.edu.on.ca
LOSSA	Paul Creeden, Father Leo. J. Austin	P: 905.666.2010 F: 905.666.3035	paul.creeden@dcdsb.ca
	Nicole Watt, Eastdale CVI	P: 905.723.8157 F: 905.723.7024	nicole_watt@durham.edu.on.ca
NCSSAA	Sean Clancy, Cairine Wilson SS	P: 613.824.4411 F: 613.824.4411	sean.clancy@ocdsb.ca
	Laura Gillespie, Ottawa-Carleton DSB	P: 613.596.8211 F: 613.820.6045	laura.gillespie@ocdsb.ca
NEOAA	Darrell Sokoloski, Timmins HVS	P: 705.360.1411 F: 705.268.6603	darrell.sokoloski@dsb1.edu.on.ca
	Anita Anderson, Englehart HS	P: 705.544.2337 F: 705.544.8587	anita.anderson@dsb1.edu.on.ca
NOSSA	Tim Lowe, ES Algonquin	P: 705.472.8240 F: 705.472.8476	lowet@franco-nord.ca
	Laura Aubertin, Confederation SS	P: 705.671.5948 F: 705.897.4202	aubertl@rainbowschools.ca
NWOSSAA	Mike Lalonde, Queen Elizabeth HS	P: 807.737.3500 F: 807.737.1979	mike.lalonde@kpdsb.on.ca
	Lauri McFarlane, St. Ignatious	P: 807.344.8433 F: 807.345.1237	lmcfarla@tbcdsb.on.ca
ROPSSAA	Bruce Dyce, Port Credit SS	P: 905.278.3382 F: 905.278.8936	bruce.dyce@peelsb.com
	Jody Miller, Cawthra Park	P: 905.274.1271 F: 905.274.9370	joanne.miller@peelsb.com
SOSSA	Brian Fuller, Saltfleet DHS	P: 905.573.3000 F: 905.573.2408	brian.fuller@hwdsb.on.ca
	Christine Baillie, Stamford Collegiate	P: 905 354 7409 F: 905 354 6618	baillie_sossa@hotmail.com
SWOSSAA	Greg LeNeve, Northern Collegiate	P: 519.542.5545 F: 519.542.0571	lenevegr@lkdsb.net
	Cathy Johnson, North Lambton SS	P: 519.786.2166 F: 519.786.5250	johnsoca@lkdsb.net
TDCAA	Vince Bellissimo, Father Henry Carr	P: 416.393.5521 F: 416.393.5692	vincenzo.bellissimo@tcdsb.org
	Patricia Coburn, Pope John Paul II	P: 416.393.5531 F: 416.393.5735	patricia.coburn@tcdsb.org
TDSSAA	Denny Lee, York Mills CI	P: 416.395.3340 F: 416.395.9000	denny.lee@tel.tdsb.on.ca
	David Budzinsky, Lakeshore CI	P: 416.394.7650 F: 416.394.6170	david.budzinsky@tel.tdsb.on.ca
	Sue Thompson, U of T Schools	P: 416.946.7991 F: 416.378.6775	sue87phe@hotmail.com
WOSSAA	Charlene Hurley, Albert Campbell CI	P: 416.396.6684 F: 416.396.6728	charlene.hurley@tel.tdsb.on.ca
	Terry O'Rourke, South Huron DHS	P: 519.235.0880 F: 519.235.3461	terry_o'rourke@fcmail.amdsb.ca
	Michele Van Bargaen, Strathroy DCI	P: 519.245.2680 F: 519.245.5498	m.vanbargaen@tvdsb.on.ca
YRAA	David Christie, Keswick HS	P: 905.476.0933 F: 905.476.0929	david.christie@yrdsb.edu.on.ca
	Erin Gray, Aurora HS	P: 905.727.3107 F: 905.727.5804	erin.gray@yrdsb.edu.on.ca

ADVISORS			
Ministry of Ed	John Donofrio	P: 416.325.2533 F: 416.325.7247	john.donofrio@edu.gov.on.ca
Ministry of H P	Barbara Lyon-Stewart	P: 416.314.3755	barbara.lyon-stewart@ontario.ca

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 Thank you to the Ontario Ministry of Health Promotion and the Ministry of Education for their generous contributions and support.

The Bulletin newsletter is written by OFSAA staff and designed by Lindsey Evanoff

A Word from OFSAA's Executive Director



The use of performance-enhancing drugs at the professional and elite amateur levels is well-documented. Drug testing practices put in place at the Olympics, for example, have exposed many athletes who have cheated their way to a higher level of competition.

Drug testing involves detailed and sophisticated testing procedures, and at the elite levels there are plenty of funds available to

support the costs associated with testing.

At the high school level, the use of performance-enhancing drugs is difficult to measure. There are currently no testing programs mandated by any provincial high school athletic body in Canada. The costs for administering tests are prohibitive and there may be concerns around privacy and intrusion on young people.

In the U.S., testing programs have been implemented in New Jersey, Florida, and Texas. Thousands of students have been tested, and only a few have tested positive. This shows that either there is very minimal use of

performance-enhancing drugs in those states, that the testing program has acted as an effective deterrent, or that the tests are not effective at detecting athletes who mask their drug use.



In Ontario, OFSAA has decided on a proactive approach to deal with the issue. As an educational organization, it is important for OFSAA to inform students about the health consequences and ethical questions that come from the use of performance-enhancing drugs.

As a result, OFSAA has developed a poster entitled "Don't be an asterisk" that will be provided to every secondary school. This plays on the reference that athletic records that are tainted in some manner should have an asterisk beside them in the record books. The poster informs students about the health and ethical issues that arise from using performance-enhancing drugs.

Professional sports and other high profile competitions can have a strong influence on young people. These influences can be either positive or negative.

A student may decide to use performance-enhancing drugs as a vehicle for better performance or improved body image if they see athletes at higher levels achieving success through drug use. It is essential that we counteract these negative influences.

While there is no evidence to support that the use of performance-enhancing drugs is widespread in high school athletics, it is still important that coaches be aware of the signs of use, and that students are educated about the serious health consequences and ethical concerns.

Bulletin Corrections

The following needs to be corrected from the September Bulletin:

OFSAA Boys' AA Soccer Results should have read:

Quarter-Finals	
St. Michael CHS	6
St. Mary's CSS	5
Archbishop Denis O'Connor	1
Hon. W.C. Kennedy SS	0
St. Joan of Arc	1
ESP Louis Riel F	0
St. Christopher	2
Nicholson Collegiate	0
Semi-Finals	
St. Michael CHS	3
St. Joan of Arc	1
Archbishop Denis O'Connor	3
St. Christopher	1
Bronze Medal Game	
Archbishop Denis O'Connor	4
St. Joan of Arc	0
Gold Medal Game	
St. Michael CHS	3
St. Christopher	1

The Leadership in School Sport Award recipient for Girls' AAA Basketball was Larry Henry.

The following needs to be corrected from the June Bulletin:

OFSAA Wrestling (February 2008) girls' 64 kg weight class was won by Anne-Miet Van Den Neuwelaar from Lord Dorchester SS, WOSSAA.

Important Reminders for OFSAA-Sanctioned Events

- Schools sending student-athletes to Track and Field competitions in the USA MUST receive sanction from OFSAA 30 days prior to the date of the event.
- Schools attending school sporting events in other provinces or hosting schools from other provinces, even for exhibition games, MUST submit the Interprovincial Sanction form to OFSAA.
- Schools wishing to host an OFSAA-sanctioned invitational event must submit their request form to their Association representative for approval, and that individual will forward the form to OFSAA
- Once you have submitted your request for sanction form, check the website to make sure you have been approved or that your hosted event is listed.

To view OFSAA-Sanctioned Invitational Events, go to page 18.

We've moved!

The OFSAA office has relocated, along with other members in the Sport Alliance building.

Our new address is:

**3 Concorde Gate, Suite 204
Toronto, ON
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Email addresses, as well as telephone and fax numbers, will remain the same.

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TRYday Funding in 2008-09

Thanks to grants from the Ministry of Health Promotion and the Ontario Trillium Foundation, over 250 schools have been approved for Try Day funding this school year, to introduce new or non-traditional sports or physical activities to their programs.

Applications were accepted on a first-come, first-served basis, as long as the program met the criteria of the grants. Unfortunately many schools were disappointed, as applications came in quickly and both funding programs were filled early this school year.

The Trillium grants continue next year so watch the



Clarington Central SS in Bowmanville held their Field Lacrosse Try Day in October, 2008.

OFSAA website in the spring for information and submit your application EARLY!

A reminder to schools that received Trillium grants and completed their program in the fall:

Trillium reports are due by the end of January 2009.

Annual OFSAA Alumni Golf Tournament and BBQ



The OFSAA Alumni golf tournament 2008 took place on September 15, 2008 at Tam O'Shanter golf course in Scarborough.

Despite heavy rains during the night, the weather cooperated on the day of the event and 24 golfers walked the soggy course, getting some great exercise!

The day ended with the usual barbecue and camaraderie.

We welcomed Bob and Lynne Hancock, Dale and Marg Huddleston, Bill Lord, and Lee Bertrand (former OFSAA athlete) to our group this year. As always a good time was had by all.

Alumni Association Membership

Calling all retirees and former student-athletes! Join the Alumni Association, support the scholarship fund, and take part in the annual activities.

Stay in touch with former teacher-coaches and student-athletes through this OFSAA connection. Information and application forms are on the OFSAA website.

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New Rule for OFSAA Alpine Skiing

Effective immediately **hard shell crash helmets** must be worn in both the OFSAA Giant Slalom and Slalom events.

The helmets are designed for Giant Slalom alpine ski racing, and they must provide complete head protection, as well as full ear protection. These helmets are mandatory for all Level 1 and Level 2 competitors. This rule applies to all OFSAA alpine events, from the

time the course opens until it is closed.

Helmets must satisfy minimum requirements and be certified by a recognized agency such as Certification for European products (C.E.), American Standards for Testing and Material (A.S.T.M.), or SNELL.

Helmets meant for other alpine sports such as free riding or snowboarding, or sports such as hockey or cycling, are not permitted.

The following are examples of acceptable hard shell helmets with full ear protection:



OFSAA Staff News

OFSAA is pleased to announce the hiring of Beth Hubbard as office administrator, and Brian Riddell and Ken Coffin as our two part-time special projects coordinators.

In September, Beth took over the position of office administrator. Beth has a background in administration and program coordination. She most recently worked as program coordinator for Community Home Assistance to Seniors, and was also employed as business manager for the Aurora Youth Soccer Club. Beth is responsible for maintaining OFSAA's governing documents, processing travel grant requests, coordinating our meetings, and overall administration of the office. Beth can be reached at (416) 426-7439 or beth@ofsaa.on.ca.

Brian is currently in the role of interim assistant director until later this year. He will be taking on the championship portfolio of wrestling, curling and baseball, as well as managing the Maple Leaf Alumni Scholarship. He offers the organization an extensive background at the school, association, and OFSAA



From left: Brian, Ken and Beth

levels. Brian can be reached at brian@ofsaa.on.ca.

Ken will be the staff liaison for the alpine skiing, snowboard racing, and tennis events. A retired teacher, Ken's background is broad, having taught in both public education and the independent school system. He sat on the OFSAA Representatives' Council, the alpine skiing Sport Advisory Committee, and has convened the OFSAA Cross Country and Alpine Skiing Championships. Ken can be reached at ken@ofsaa.on.ca.

NFL Legends Support OFSAA Football

NFL Hall of Fame quarterbacks Jim Kelly and Dan Marino supported high school football at the Rogers Centre on Dec. 3, 2008 during the Bills Toronto Series OFSAA Football Bowls.

The prolific passers made a trophy presentation, and were on-hand to interact with student-athletes, organizers and members of the media, and even posed for photos.

Also at the event was Mike "Pinball" Clemens, Chief Executive Officer, and former head-coach, of the Toronto Argonauts.

For full football results, go to page 26.



From left: Jim Kelly and Dan Marino

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2009 OFSAA Coaching Symposium



The 2009 OFSAA Coaching Symposium will be held on May 13 and 14, 2009 at McMaster University in Hamilton.

This conference is a professional development event that brings together teacher-coaches from across the province to share ideas and to learn and discuss new

trends and techniques in coaching, training and team management.

The conference focuses on the technical side of coaching and provides sport specific skills, drills and strategies through on-court and classroom sessions. The program has introductory and advanced sessions that will benefit both new and seasoned coaches.

Please see page 11 for Coaching Symposium details, session, and registration information.



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True Sport

OFSAA joined the True Sport movement in 2007 and recently purchased True Sport banners for each championship.

The banners reinforce the True Sport values and are encouraged to be displayed in the host school.

We encourage schools to join the True Sport movement. There is no cost to do so, and information is available on their website at www.truesport.ca.



Girls' 'A' Basketball
2008

- go for it
- play fair
- respect others
- keep it fun
- stay healthy
- give back

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School Sport Week Oct. 20-24, 2008

Canadian School Sport Week is a national initiative through the Canadian School Sports Federation (CSSF) and its member Associations. It is a celebration of school sport aimed to promote and recognize those individuals who are dedicated to the success of school sport.

This year, schools recognized teacher-coaches and other individuals who make a difference for school sport across Ontario.

Please Support OFSAA's School Sport Sponsors

OFSAA is fortunate to have several companies supporting school sport in Ontario. Official equipment has been play-tested and endorsed by experienced teacher-coaches.

Please support these sponsors when making your purchases.

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- Official racquet of OFSAA: B500, B600 DF, B7000 DF+
- Official shuttlecocks of OFSAA: Mavis 350, Mavis 300, Mavis 7



Black Knight

- Official badminton eyewear provider of OFSAA



Basketball

Spalding

- TF-1000 ZK Pro, Official basketball of OFSAA



Volleyball

Baden

- Baden 15-0C, Official volleyball of OFSAA



Rugby

Monilex

- Official supplier of Gilbert rugby balls and rugby related equipment to high schools



Soccer

Molten

- Official soccer ball of OFSAA: Molten FX-1000 official game ball, Molten FX-150 official practice ball



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Scholarships and Awards Available for 2009

OFSAA has formed partnerships with a number of organizations, benefitting student-athletes, as well as teacher-coaches across the province.

The following scholarships are available to graduating student-athletes:

OFSAA Alumni Scholarship

- Four (two males and two females) separate scholarships
- \$500 per student
- Available this year to students in NWOSSAA, EOSSAA, ROPSSAA and SOSSA

Application Deadline: April 1, 2009

Roger Neilson/ Toronto Maple Leafs Alumni Scholarship

- Four (two males and two females) separate scholarships in the amounts of \$10,000 each spread out over four years in payments of \$2,500 per year
- Applicants will be scored on academic success, community involvement, leadership qualities, and school activities

- Applicants should also demonstrate a clear financial need

Application Deadline: April 1, 2009

Brian Maxwell Memorial Scholarship

- Two scholarships, valued at \$5,000 each, will be offered to male and female track/cross country OFSAA qualifiers
- Applicants must be continuing post-secondary education at a Canadian post-secondary institution

Application Deadline: June 5, 2009

The following award is available to student-athletes and teacher-coaches:

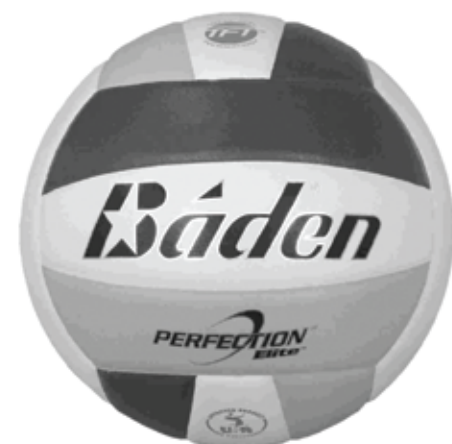
Colin Hood School Sport Award

- Available to all schools, to one graduating male, one graduating female, and one coach who have been committed to the success of sport at their school and within their association.

Application Deadline: April 30, 2009

For application forms, please see the OFSAA website at www.ofsaa.on.ca.

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The 2009 **OFSAA Coaching Symposium** will be held May 13 and 14 at McMaster University in Hamilton.

This bi-annual conference unites teacher-coaches across the province as they share ideas and get motivated!

Focusing on the technical side of coaching, the conference provides sport specific skills, drills and strategies through on-court and classroom sessions. The program has introductory and advanced sessions that will benefit both new and seasoned coaches.

Sessions include:

- Tournament Organization
- Basketball
- Wrestling
- Football
- Field Lacrosse
- Floorball

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Two nights accommodation (May 12 and May 13), meals, sessions
\$325 + gst = \$341.25

Plan B

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\$275 + gst = \$288.75

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P: 416.426.7436
F: 416.426.7317
lex@ofsaa.on.ca

For more information or to register online, visit
www.ofsaa.on.ca

Registration Deadline: Tuesday, March 31 2009

Teacher-Coach Training in Ontario

By Terry Olaskey

Coach education programs in Ontario have undergone a vast make-over in the past four years.

New NCCP Courses

The new competency-based NCCP theory courses – Part A and Part B, and the sport specific technical clinics for Level 1, have introduced new terminology, and up-graded training requirements for certification.

OPHEA Safety Guidelines Training

OFSAA teacher-coaches must be aware of the coaching requirements under the newly revised 2008 OPHEA Provincial Safety Guidelines. Some changes have been made, especially to the higher risk activities.

When school boards purchase the Safety Services package, they are provided with the password onto OPHEA's website. Teachers should contact their school board's Safety Officer or the H & PE contact for the password.

OFSAA

OFSAA coaching requirements closely follow the suggested guidelines, but all Boards may increase the requirements within their jurisdictions. Each OFSAA teacher-coach should ascertain what coach training they

need within the regulations and within their comfort level, and then pursue the coach education program suitable for them.

Coaching in Ontario Schools

Since 2002, OFSAA has provided teacher-coaches with the Coaching in Ontario Schools course. This gives new teachers and beginning coaches the skills they need to coach effectively in the secondary school environment.

The seven-hour course covers OFSAA rules, school and Board administrative information, practice planning, and the provincial safety guidelines.

Contact Brian Riddell at brian@ofsaa.on.ca for more information.

CAO Accelerated Workshop

Experienced coaches now have a program for professional development available to them. OFSAA coaches with a physical education or combined kinesiology and education degree can accelerate their coaching development in just one day through the Coaches Association of Ontario (CAO).

Continued on the next page

The CAO's Accelerated Physical Education Teacher-Coach Workshop is approximately seven and a half hours. Successful participants will be granted both the NCCP Part A and Part B Competition- Introduction accreditation. Before the accelerated version, coaches were completing 26 hours of workshop over four days to receive the same accreditation.

Visit www.coachesontario.ca/calendar for course locations.

Provincial Sport Organizations

Sport specific Level 1 and Level 2 Technical courses (within NCCP) continue to be administered by the

Provincial Sport Organizations. However, many sports have gone to the "integrated" approach for Level 1 (combining the theory and technical aspects into a two-day clinic).

Contact the technical directors at provincial sport organizations for advice to prevent over-lap.

More Information

For further information or advice on the teacher/coach education path you may require, please contact Brian Riddell at the OFSAA office at brian@ofsaa.on.ca or Terry Olaskey, Coaching Chair, at jtolaskey@sympatico.ca.

NCCP Workshop: LTAD

What if every athlete, parent, coach and teacher applied Long Term Athlete Development (LTAD)?

National, provincial and community based sports programs are rapidly adopting LTAD to maximize a child's potential and involvement in sport. Coaches, teachers and education administrators can help facilitate this process through a new NCCP workshop: Fundamental Movement Skills.

Developed by the Coaching Association of Canada, the goal of the workshop is to expose community coaches and sport leaders working with children to a process that will teach and improve fundamental movement skills. The content of the course covers the first two stages of LTAD: Active Start and Fundamentals.

Here's how you can get involved:

- 1) **Host a course for your teachers/coaches** on your next PD day, conference, evening or weekend. The course is 6-8 hours in length.
- 2) **Train your student leaders** (Grade 11 and 12 student-athletes). Teachers can conduct the course in 45 minute lesson plans.

Contact the Coaches Association of Ontario to learn more about this program or to set up a workshop. Visit us online at www.coachesontario.ca or call us directly at 1.888.NCCP.ONT

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An OFSAA Alumni Experiences Zimbabwe

By Barry Mutrie

For the past two years a team of volunteers has traveled to Zimbabwe to work with leaders and workers in the Village of Hope, improving the living conditions for all, but especially for the children of Zimbabwe.

This fall, Barry Mutrie, a former teacher-coach from Chesley DHS, and the present athletic convenor for CWOSSA, was the team leader for the 2008 project.

The people of the Grey-Bruce area support this project, not only with a huge number of donated items, but also financially, this year providing over \$35,000 for the village.

Although it is evident that Zimbabwe has continued to spiral downward in the past year, both socially and economically, the Village of Hope is like an oasis in the desert, and its progress in the same time period is truly a miracle.

Last year at this time, there were seven orphans in one home. There are 21 orphans now in two homes, with three new homes ready to be completed within the next month. Also last year at this time, 19 students were in two classes at the school. Now 197 students are in eight

Former teacher-coach from Chesley DHS shares his experience being team-leader for volunteers in Zimbabwe.

classes, and are receiving a quality education. Approximately 135 of these students are sponsored by Canadians.

By January, a new two-storey school building will be completed, and will house 135 new students.

Last year at this time, there were two feeding programs with approximately 50 children being fed. Now there are three programs, with well over 100 children fed daily.

Breakfast is also provided daily to 150 school children so they do not



Former teacher-coach Barry Mutrie presents Willard Maseko with a gift bag. Willard's father died of AIDS and Willard could not afford to go to school.

Willard is now sponsored by Chesley DHS Athletic Council, and can go to school at the Village of Hope, be fed breakfast every morning, and receive medical care.

have to learn on empty stomachs.

Other improvements are being made as well. Farm workers are in the fields growing vegetables for the homes and the community. The village is now also a major source of clean water for the local community, and people wait patiently to fill their containers with water from the wells in the Village of Hope.

The strength of this village comes from the leaders and workers, whose incredibly strong faith commands them to live out their mission of caring and sharing with the people of Zimbabwe.

In spite of having to cope with illnesses and intense heat that the team was not accustomed to, the team was blessed with many "God moments" and truly realized the incredible hope that exists in the Village of Hope and its workers.

For further information, go to the website www.missionzimbabwe.org or contact Barry Mutrie at abmut@bmts.com



The orphans eat breakfast before school



Students receive gifts from the team



Barry with a Grade 4 class



After-school program, providing fun and teaching for the children



Construction of a two-storey school building

The Team Shares Their Experience

- The ladies decorated an orphan's home with creative wall paintings and new drapery. They were also a source of encouragement for the house moms.
- Men spent time working with the builders on the new houses and school.
- Team members assisted the teachers on teaching English as a second language. Helping the teachers in the classroom made one realize that these children would not have an education without the support of Canadians.
- Other team members led sports programs and 40 children learned to enjoy volleyball. This was not an easy task in 32 degree celsius weather. After school activity programs were also held for over 100 children.
- It was humbling to see the looks of appreciation and joy on the faces of the people as the team distributed clothing, stuffed animals, school supplies, laptop computers, bedding, etc.



Cooking saidsa, corn meal porridge, the staple food of Zimbabwe

2009 OFSAA Championship Calendar

Alpine Skiing (Committee)

Mon - Tues, Feb. 23-24,
Collingwood
OFSAA Alpine Skiing SAC
Contact OFSAA office
Entry Deadline: Sun, Feb. 15

Nordic Skiing (GBSSA)

Thurs - Fri, Feb. 26-27, Midland
Jim MacMillan, Elmvalle DHS
P: 705.322.2201 F: 705.322.3714
jdmacmillan@mail.scdsb.on.ca
Entry Deadline: Wed, Feb. 18

Swimming (ROPSSAA)

Tues - Wed, March 3-4, Etobicoke
Michelle Harshman, Mayfield SS
P: 905.846.6060 F: 905.584.9823
michelle.bettig@peelsb.com
Entry Deadline: Mon, Feb. 23

Wrestling (ROPSSAA)

Thurs - Fri, March 5-6, Brampton
Rich Knill, Turner Fenton SS
P: 905.453.9220 F: 905.453.9692
Entry Deadline: Wed, Feb. 25

Snowboarding (Committee)

Wed, March 4, Thornbury
OFSAA Snowboarding SAC
Contact OFSAA office
Entry Deadline: Mon, March 2

Boys' A Basketball (EOSSAA)

Mon - Wed, March 9-11, Cornwall
Dave McCabe & Marc Poirier,
Holy Trinity
P: 613.936.0319 F: 613.936.0663
dave.mccabe@cdsbeo.on.ca,
marc.poirier@cdsbeo.on.ca
Entry Deadline: Tues, March 3

Boys' AA Basketball (NEOAA)

Mon - Wed, March 9-11, Timmins
Darrell Sokoloski, Timmins HVS
P: 705.360.1411 F: 705.268.6603
darrell.sokoloski@dsb1.edu.on.ca
Entry Deadline: Tues, March 3

Boys' AAA Basketball (NCSSAA)

Mon - Wed, March 9-11, Ottawa
Richard Sutton, Ridgemont HS
P: 613.733.4860 F: 613.521.9637
richard.sutton@ocdsb.ca
Entry Deadline: Tues, March 3

Boys' AAAA Basketball (SWOSSAA)

Mon - Wed, March 9-11, Windsor
Pete Cusumano, Catholic Central HS
P: 519.256.3171 F: 519.256.6691
peter_cusumano@wecdsb.on.ca
Entry Deadline: Tues, March 3

Girls' A Volleyball (CISAA)

Tues - Wed, March 10-11, Port Hope
Tim White, Trinity College
P: 905.885.3217 F: 905.885.9690
twhite@tcs.on.ca
Entry Deadline: Tues, March 3

Girls' AA Volleyball (NWOSSAA)

Tues - Wed, March 10-11, Kenora
Reg McDonald & David Tresoor,
Beaver Brae
P: 807.468.6401 F: 807.468.3628
reg.mcdonald@kpssb.on.ca
david.tresoor@kpdsb.on.ca
Entry Deadline: Tues, March 3

Girls' AAA Volleyball (NOSSA)

Tues - Wed, March 10-11, North Bay
Larry Tougas, West Ferris SS
P: 705.475.2333 F: 705.497.7945
tougasl@nearnorthschools.ca
Entry Deadline: Tues, March 3

Girls' AAAA Volleyball (ROPSSAA)

Tues - Wed, March 10-11,
Mississauga
Ken Jone, Mayfield SS
P: 905.846.6060 F: 905.584.9823
ken.jone@peelsb.com
Entry Deadline: Tues, March 3

Girls' A/AA Hockey (GBSSA)

Mon - Thurs, March 23-26, Orillia
Murray Eckstein, Park Street CI
P: 705.326.7386 F: 705.326.7388
meckstein@mail.scdsb.on.ca
Entry Deadline: Tues, March 10

Girls' AAA/AAAA Hockey (GBSSA)

Tuesday - Friday, March 24-27,
Orillia
Murray Eckstein, Park Street CI
P: 705.326.7386 F: 705.326.7388
meckstein@mail.scdsb.on.ca
Entry Deadline: Tues, March 10

Boys' A/AA Hockey (COSSA)

Wed - Sat, March 25-28,
Peterborough
John Bruce & Randy Riel,
Holy Cross CSS
P: 705.748.6664 F: 705.742.1498
rriel@pvnccdsb.on.ca
Entry Deadline: Wed, March 11

Boys' AAA/AAAA Hockey (NOSSA)

Wed - Sat, March 25-28, North Bay
John Wilson, St. Joseph-Scollard Hall SS
P: 705.494.8600 F: 705.474.4223
bearshockey@hotmail.com
Entry Deadline: Wed, March 11

Boys' Curling (SOSSA)

Wed - Sat, March 25-28, Grimsby
Rina Rode, Grimsby DSS
P: 905.945.5416 F: 905.945.4226
rina1@cogeco.ca
Entry Deadline: Wed, March 11

Girls' Curling (SOSSA)

Wed - Sat, March 25-28, Grimsby
Rina Rode, Grimsby DSS
P: 905.945.5416 F: 905.945.4226
rina1@cogeco.ca
Entry Deadline: Wed, March 11

Girls' Gymnastics (Committee)

Mon - Tues, April 27 - 28, Windsor
OFSAA Gymnastics SAC
Contact OFSAA office
Entry Deadline: Fri, April 17

Badminton (NOSSA)

Thurs - Sat, May 7-9, Sudbury
Clyde Sheppard & Denis Gauthier,
LaSalle SS
P: 705.566.2280 F: 705.566.1008
clyde.sheppard@sympatico.ca
gauthid@rainbowschools.ca
Entry Deadline: Wed, April 29

Tennis Festival (Committee)

Mon - Tues, June 1-2, Toronto
OFSAA Tennis SAC
Contact OFSAA office
Entry Deadline: Wed, April 29

Boys' A/AA Field Lacrosse (COSSA)

Tues - Wed, June 2-3, Peterborough
Bev Quinlan & Randy Riel,
Holy Cross CSS
P: 705.748.6664 F: 705.742.1498
rriel@pvnccdsb.on.ca
Entry Deadline: Mon, June 1

Boys' AAA/AAAA Field Lacrosse (YRAA)

Thurs - Fri, June 4-5, Aurora
Rob Bladon, Aurora HS
P: 905.727.3107 F: 905.884.4694
robert.bladon@yrdsb.edu.on.ca
Entry Deadline: Mon, June 1

Girls' A/AA Rugby (COSSA)

Mon - Wed, June 1-3, Belleville
David Whitney, Bayside SS
P: 613.966.2922 F: 613.966.4564
dbwhitney@hpdsb.on.ca
Entry Deadline: Tues, May 26

Girls' AAA/AAAA Rugby (ROPSSAA)

Mon - Wed, June 1-3, Brampton
Mike Gauley, Chinguacousy SS
P: 905.791.2400 F: 905.791.1290
michael.gauley@peelsb.com
Entry Deadline: Tues, May 26

Boys' A/AA Rugby (CWOSSA)

Wed - Fri, June 3-5, Waterford
Scott Mauthe, Delhi DSS
P: 519.582.0410 F: 519.582.0418
scottmauthe@granderie.ca
Entry Deadline: Thurs, May 28

Boys' AAA/AAAA Rugby (SOSSA)

Wed - Fri, June 3-5, Hamilton
Paul Pendakis, Saltfleet DHS
P: 905.573.3000, ext. 2025
F: 905.573.2408
paul.pendakis@hwdsb.on.ca
Entry Deadline: Thurs, May 28

Track & Field Regionals

Weeks of May 17 & 24
Central - YRAA
South - ROPSSAA
North - no meet
East - EOSSAA
Metro - Committee
West - CWOSSA

Track & Field (Metro)

Thurs - Sat, June 4-6, Toronto
Entry Deadline: Wed, May 27

Boys' A Soccer (WOSSAA)

Thurs - Sat, June 4-6, London
Eric Lammers, London District
Christian HS
P: 519.455.4360 F: 519.455.4364
elammers@ldcss.on.ca
Entry Deadline: Thurs, May 28

Boys' AA Soccer (SOSSA)

Thurs - Sat, June 4-6, Hamilton
Nathan Siebenga, Hamilton District
Christian HS
P: 905.648.6655 F: 905.648.3139
nsiebenga@hdch.org
Entry Deadline: Thurs, May 28

Boys' AAA Soccer (SWOSSAA)

Thurs - Sat, June 4-6, Windsor
Mike Mckittrik and Rocco
Facchineri, Catholic Central HS
P: 519.256.3171 F: 905.256.3171
mike_mckittrik@wecdsb.on.ca
rocco_facchineri@wecdsb.on.ca
Entry Deadline: Thurs, May 28

Boys' AAAA Soccer (TDSSAA)

Thurs - Sat, June 4-6, Toronto
George Kourtis, TDSB
P: 416.396.6740 F: 416.459.5009
george.kourtis@tdsb.on.ca
Entry Deadline: Thurs, May 28

Girls' A Soccer (SOSSA)

Thurs - Sat, June 4-6, Smithville
Fred Breukelman, Smithville DCHS
P: 905.957.3255 F: 905.957.3431
fbreukelman@sdch.on.ca
Entry Deadline: Thurs, May 28

Girls' AA Soccer (NWOSSAA)

Thurs - Sat, June 4-6, Kenora
Reg McDonald, Beaver Brae HS
P: 807.468.6401 F: 807.468.3628
reg.mc@kpdsb.on.ca
Entry Deadline: Thurs, May 28

Girls' AAA Soccer (NCSSAA)

Thurs - Sat, June 4-6, Ottawa
Walter Piovesan, Ottawa-Carleton
DSB
P: 613.596.8211 F: 613.239.2655
walter.piovesan@ocdsb.ca
Entry Deadline: Thurs, May 28

Girls' AAAA Soccer (SOSSA)

Thurs - Sat, June 4-6, Niagara Falls
Frank Capretta, St. Paul HS
P: 905.356.4313 F: 905.356.6605
frank.capretta@ncdsb.com
Entry Deadline: Thurs, May 28

Boys' Baseball (Committee)

TBA, Toronto
Contact OFSAA office
Entry Deadline: Thurs, May 28

East Region Semi-Final (YRAA)

Thurs - Fri, May 28-29, TBA
Entry Deadline: Thurs, May 21

West Region Semi-Final (GHAC)

Thurs - Fri, May 28-29, TBA
Entry Deadline: Thursday, May 21

FOR COMPLETE CHAMPIONSHIP DETAILS VISIT www.ofsaa.on.ca

OFSAA-Sanctioned Invitational Events

Basketball		
Event	Date/Location	Convenor Information
24th Annual National Capital Senior Boys' Classic	Feb. 5 - 7 Ottawa	Richard Sutton, Ridgemont HS P: 613.733.4860 Email: richard.sutton@ocdsb.on.ca

Hockey		
Event	Date/Location	Convenor Information
25th Annual Bur Bear Boys' Tournament	Jan. 29 - 31 Burlington	Jeff Carey, Robert Bateman HS P: 905.632.5151, ext. 247 Email: careyj@hdsb.ca
Father Fogarty Boys' Tournament	Feb. 5 - 6 Orillia	Dave Pellarin, Patrick Fogarty CSS P: 705.325.9372, ext. 361 Email: dpellarin@smcdsb.on.ca
4th Annual Junior Boys' Blessed Trinity Tournament	March 10 - 11 Grimsby	Rich Vrataric, Blessed Trinity CHS P: 905.945.6706, ext. 2791 Email: richard.vrataric@ncdsb.com

Check the website for ongoing boys' and girls' tournaments at the Canlan Ice Sports Centre at York University, and at the Burlington Wave Twin Rinks.

Soccer		
Event	Date/Location	Convenor Information
2nd Annual Tecumseh Senior Girls' Invitational	April 25 - 26 Windsor	Kris Geier, Catholic Central HS P: 519.948.6591 Email: kbgeier@yahoo.ca
2nd Annual Tecumseh Junior Girls' Invitational	May 9 - 10 Windsor	Kris Geier, Catholic Central HS P: 519.948.6591 Email: kbgeier@yahoo.ca

Slo-Pitch		
Event	Date/Location	Convenor Information
Dunnville Senior Girls' Tournament	May 4 (rain date May 6) Dunnville	Kurt Lohrum, Dunnville DSS P: 905.774.7401 Email: klohrum@granderie.ca
14th Annual Girls' Tournament	May 29 - 30 Dorchester	John Ariss, Slo-Pitch Ontario P: 905.646.7773 Email: jariss@slopitch.org

Ball Hockey		
Event	Date/Location	Convenor Information
Boys' and Girls' Invitational	April 22 - 23 Mississauga	Mauro Cugini, Ontario Ball Hockey P: 905.738.3320 Email: iam@ontarioballhockey.ca

Ultimate Frisbee		
Event	Date/Location	Convenor Information
"Spring Fling" Coed Tournament	May 14 Barrie	Pete Bowman, Barrie North CI P: 705.726.6541 Email: pbowman@mail.scdsb.on.ca

OFSAA Girls' A Basketball

North Bay November 20 - 22, 2008



This year's OFSAA Girls' A Basketball championship was held in North Bay at E.S.C. Algonquin and it was a fantastic three days. The championship put some of the best girls' basketball talent in this province on display.

Convenor Lorie Tremblay organized a great championship and we would like to thank her and the committee for all of their hard work and dedication.

In a well-played final, Rockway Mennonite improved on last year's fourth place finish in defeating Charlottenburgh & Lancaster DHS 53 - 47 to become the 2008 OFSAA Girls' A Basketball champions.

Congratulations to players Stephanie Fast, Laura Burnett, Clare Schellenberg, Shyla Paiz, Tori Barratt, Noramy Gonzalia-Diaz, Val Kipfer, Michelle Bienkowski, Sefora Cantana, Kierra Gibson, Tess Hood, Julia Richter, Lindsay Sittler, Leanna Wigboldus, Laura Wismer, Emma Ulakovic, Alex Hood, and coaches Lindsay Shantz, Bernie Burnett and Greg Hallman.

Tim Lowe from host E.S.C. Algonquin was honored with the OFSAA Leadership in School Sport Award. This was a perfect opportunity to recognize Tim for his years of service in bettering student-athletes on and off the court. The OFSAA Team Sportsmanship award was given to Blenheim DHS.



Participating Teams		
Trinity College School	CISAA	
Rockway Mennonite	CWOSSA	
Charlottenburgh & Lancaster DHS	EOSSAA	
Holy Trinity CSS	EOSSAA	
ESC Nouvelle Alliance	GBSSA	
O' Gorman HS	NEOAA	
ESC Algonquin	NOSSA	
Elliot Lake SS	NOSSA	
St. Thomas Aquinas HS	NWOSSAA	
Guido De Bres CHS	SOSSA	
Blenheim DHS	SWOSSAA	
ES Etienne-Brule	TDCAA	
West Toronto Collegiate	TDSSAA	
ES Centre Desloges	WOSSAA	
Ashbury College	NCSSAA	
King's Christian Collegiate	GHAC	
Quarter Finals		
Rockway Mennonite def. Nouvelle Alliance		37 - 22
Charlottenburgh & Lancaster def. Trinity College		53 - 43
Algonquin def. Elliot Lake		35 - 33
Holy Trinity def. Ashbury College		35 - 30
Semi Finals		
Rockway Mennonite def. Algonquin		41 - 34
Charlottenburgh & Lancaster def. Holy Trinity		35 - 18
Consolation Champions		
Blenheim def. Guido De Bres		55-44
Bronze Medal Match		
Holy Trinity def. Algonquin		33-22
Gold Medal Match		
Rockaway Mennonite def. Charlottenburgh & Lancaster		53-47

OFSAA Girls' AA Basketball

Thunder Bay November 20 - 22, 2008



The City of Thunder Bay and St. Ignatius High School played host to the Girls' AA Basketball Championship this year.

Convenor Lauri McFarlane put on a wonderful championship, which was much appreciated by all of the teams. Thank you to Lauri and her committee for all of their time and effort in running this huge event.

Also congratulations to Lauri for winning the OFSAA Leadership in School Sport

award. Lauri has spent countless hours working with students and continues to help them reach their full potential.

In a rematch of last year's final, Bishop Macdonnell avenged 2007's defeat, and stopped General Amherst's drive for five straight OFSAA championships with a 63 - 52 win in the gold medal game.



Congratulations to players Bree Chaput, Laura Doyle, Sarah Priamo, Megan Phillips, Sarah Levesque, Allison Morris, Janine De Leon, Logan Lange, Christine Tschirhart, and Caitlyn Reynolds. Also congratulations to head coach Andrew Chaput, and his assistant coaches Jim Lane and Deb Kewin.

Congratulations to the OFSAA Team Sportsmanship award winner G.L. Roberts CVI, you should be very proud.

Participating Teams

Ascension of Our Lord SS	ROPSSAA
E.L. Crossley SS	SOSSA
Bishop Macdonell CHS	CWOSAA
Father Henry Carr	TDCAA
G.L. Roberts CVI	LOSSA
Glendale HS	WOSSAA
General Amherst DHS	SWOSSAA
Hammarckjold HS	NWOSSAA
La Salle SS	EOSSAA
Oakwood CI	TDSSAA
Nicholson CC	COSSA
Patrick Fogarty SS	GBSSA
St. Basil SS	NOSSA
St. Paul CHS	NCSSAA
St. Francis SS	SOSSA
Sir Winston Churchill CVI	NWOSSAA
South Grenville District H.S.	EOSSAA
É.S. Theriault	NEOAA

Quarter Finals

Ascension of Our Lord def. St. Basil	48 - 46
Glendale def. Nicholson	55 - 44
General Amherst def. Father Henry Carr	55 - 32
Bishop Macdonell def. St. Francis	59 - 36

Semi Finals

General Amherst def. Ascension of Our Lord	56 - 37
Bishop Macdonell def. Glendale	62 - 44

Consolation Champions

Patrick Fogarty def. Hammarckjold	40 - 37
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Bronze Medal Match

Ascension of Our Lord def. Glendale	57 - 49
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Gold Medal Match

Bishop Macdonnell def. General Amherst	63 - 52
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OFSAA Girls' AAA Basketball

St. Catharines November 20 - 22, 2008



This year's OFSAA Girls' AAA Basketball Championship was hosted by Governor Simcoe SS in St. Catharines.

The championship hosted 16 of the best basketball teams that Ontario has to offer, and the play did not disappoint. The gold medal game pitted the host, Governor Simcoe Redcoats, against the St. John's Eagles. In the end, the home town crowd was not let down, as Governor Simcoe was victorious 33 - 18 in a well-played defensive game, which was webcast live on Splitdraw.com.

Congratulations to players Arielle O'Neill, Samantha De Jong, Veronika Kwinecki, Mikayla Rosts, Emily De Silva Picques, Brittany Beamer, Jessica Kilkenny, Kathleen Flynn, Sonja Vukovic, Lauren Buschmann, Mary Ingribelli, and coaches John Dakin and Jill Stiefelmeyer.



Thank you to convenor Tom Grantis and his organizing committee for running such a fantastic event.

Congratulations to John Dakin who was honoured with the OFSAA Leadership in School Sport award for his many years as a coach. Congratulations also to the OFSAA Team Sportsmanship award winners from É.S. Publiques Louis-Riel.

Participating Teams

Donald A. Wilson SS	LOSSA
East Elgin SS	WOSSAA
Governor Simcoe SS	SOSSA
Havergal College	CISAA
Dr. John Denison SS	YRAA
Lockerby Composite School	NOSSA
É.S. Publiques Louis-Riel	NCSSAA
Orillia District CVI	GBSSA
Quinte SS	COSSA
Regiopolis-Notre Dame CHS	EOSSAA
St. Christopher	SWOSSAA
St. John's College	CWOSSA
St. Mary's HS	GHAC
St. Paul HS	SOSSA
York Memorial CI	TDSSAA
David and Mary Thomson CI	TDSSAA

Quarter Finals

Governor Simcoe def. Quinte	43 - 24
Louis-Riel def. East Elgin	57 - 50
St. Paul def. St. Mary's	44 - 42
St. John's def. St. Christopher	57 - 44

Semi Finals

Governor Simcoe def. St. Paul	46 - 22
St. John's def. Louis-Riel	54 - 41

Consolation Champions

Orillia def. York Memorial	44 - 39
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Bronze Medal Match

St. Paul def. Louis-Riel	56 - 49
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Gold Medal Match

Governor Simcoe def. St. John's College	33 - 18
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OFSSA Girls' AAAA Basketball

Sarnia

November 20 - 22, 2008



The 2008 OFSSA Girls' AAAA Basketball Championship was hosted by Northern CI & VS in Sarnia.

Eastern Commerce, who won the 2007 AAA championship, moved to AAAA this year but did not miss a step defeating St. Thomas More 44 - 35 in the gold medal match. A great job done by the Eastern Commerce Saints, and congratulations to players Ange Mbikay, Brittney Brown, Jody Brown, Jena Barrett, Shaneeka Matthew, Shantee Matthew, Leshia Dunn, Lee Anna Osei, Peta-Gaye Duff, Samantha Hill, and Cheyanne Tuzlaci, as well as coaches Kareem Griffin, Heather-Jo MacIntosh, John Amoah, Donna Grant, and Ivan Matthew.

OFSSA would like to thank convenor John Thrasher, as well as his organizing committee, who did a wonderful job running the event. Their hard work and attention to detail made for an excellent championship.

Congratulations to Greg LeNeve, who was selected as the recipient of the OFSSA Leadership in School Sport award for his years of service helping student-athletes achieve their goals in both sport and school.

Congratulations also to Pope John Paul of Scarborough, recipients of the Team Sportsmanship Award.

Participating Teams

Northern CI & VS	SWOSSAA
Sacred Heart HS	NCSSAA
John Paul II HS	WOSSAA
St. Marguerite D'Youville	ROPSSAA
Eastern HS of Commerce	TDSSAA
St. Thomas More CSS	GHAC
Notre Dame CSS	LOSSA
Our Lady of Mount Carmel	ROPSSAA
Grand River CI	CWOSSA
St. Joan of Arc SS	GBSSA
Waterloo CI	CWOSSA
Etobicoke CI	TDSSAA
Aurora HS	YRAA
Westdale SS	SOSSA
Pope John Paul II	TDCAA
Ursuline College	SWOSSAA

Quarter Finals

St. Thomas More def. John Paul II	53 - 49
Waterloo def. Ursuline College	60 - 45
Eastern Commerce def. Notre Dame	62 - 46
Westdale def. Northern	44 - 30

Semi Finals

St. Thomas More def. Waterloo	55 - 51
Eastern Commerce def. Westdale	57 - 37

Consolation Champions

St. Marguerite D'Youville def. Pope John Paul II	50 - 47
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Bronze Medal Match

Waterloo def. Westdale	52 - 39
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Gold Medal Match

Eastern Commerce def. St. Thomas More	44 - 35
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OFSSA Cross Country

Sarnia

November 1, 2008



OFSSA Cross Country arrived in Sarnia and the shores of Lake Huron for the first time in the history of this event. The championship was held at the beautiful Canatara Park, with the sun shining and coloured leaves still falling from trees. Weather conditions were ideal for the competition, with temperatures around 11 degrees and no wind. Six races saw 395 schools and 1,650 outstanding athletes participating. Close to 5,000 spectators surrounded the course to witness the excitement.

Mark Scott, Denise Kohlmeier, and Scott Burns did a tremendous job convening the 2008 Cross Country Championship. Athletes and coaches from around the province applauded the setting and the course, and appreciated the efforts of the other members of the organizing committee and the many volunteers.

We would like to thank the University of Windsor Cross Country team, who were a tremendous help to the organizers. Thank you also to the Sarnia Community Service Department for their overwhelming support in converting this beautiful urban park into a championship cross country course.

Nike Canada, under the leadership of Adrian Woodley, was once again the official sponsor of the event. OFSSA would like to thank Nike for its continued support of the Cross Country Championship.

Janet Takahashi (Catholic Central HS) and Gary Malloy (Assumption College) were worthy recipients of the OFSSA Leadership in School Sport Award, which is presented at the coaches' meeting each year.

Congratulations to all the participants in this year's championships. You are all winners. Congratulations to Mohammed Ahmed (St. Catharines) who was the only repeat winner.



From left: Heather Stuive, Jessica Parry and Joanna Brown, Senior Girls' 5000m winners.



From left: Sohaib Ikram, Mohammed Ahmed and Jean Paul Malette, Senior Boys' 7000m winners.



Midget Girls (3000m)

Individual

1. Cheyenne Hunter, Kincardine DSS (CWOSSA)
2. Alix Tier, Cawthra Park (ROPSSAA)
3. Ryan Murray, Sandwich SS (SWOSSAA)
4. Ali Woolley, Havergal College (CISAA)
5. Stephanie Daley, St. Peter's SS (COSSA)
6. Whitney-Anne Donaldson, Bracebridge & Muskoka (GBSSA)

Team

- | | |
|---------------------------------|------------|
| 1. London Central (WOSSAA) | 106 Points |
| 2. Thousand Islands SS (EOSSAA) | 251 Points |
| 3. Father John Redmond (TDCAA) | 259 Points |
| 4. Essex DHS (SWOSSAA) | 322 Points |
| 5. Mother Teresa (WOSSAA) | 325 Points |
| 6. Sacred Heart (NCSSAA) | 330 Points |



Junior Girls (4000m)
Individual

1. Deanna Brasz, Heritage Christian (SOSSA)
2. Kaitlyn Oliver, Aurora HS (YRAA)
3. Emma Norman, Thousand Islands SS (EOSSAA)
4. Caileigh Smith, Our Lady of Lourdes (CWOSSA)
5. Karley Rempel, E.L. Crossley SS (SOSSA)
6. Sarah Wilson, St. Michael CSS (WOSSAA)

Team

- | | |
|-----------------------------------|------------|
| 1. Westdale SS (SOSSA) | 183 Points |
| 2. London Central (WOSSAA) | 192 Points |
| 3. Colonel By SS (NCSSAA) | 228 Points |
| 4. Thousand Islands SS (EOSSAA) | 241 Points |
| 5. Northern SS (TDSSAA) | 248 Points |
| 6. East Northumberland SS (COSSA) | 260 Points |

Senior Girls (5000m)

Individual

1. Jessica Parry, Catholic Central (WOSSAA)
2. Joanna Brown, All Saints CSS (LOSSA)
3. Heather Stuve, Eden High School (SOSSA)
4. Colleen Hennessey, St. Thomas Aquinas (GHAC)
5. Victoria Hanna, R.S. McLaughlin C & VI (LOSSA)
6. Kirsten Stewart, Newmarket HS (YRAA)

Team

- | | |
|-----------------------------------|------------|
| 1. Sacred Heart (NCSSAA) | 150 Points |
| 2. Vincent Massey (SWOSSAA) | 175 Points |
| 3. Our Lady of Lourdes (CWOSSA) | 213 Points |
| 4. Abbey Park HS (GHAC) | 244 Points |
| 5. R.S. McLaughlin C & VI (LOSSA) | 248 Points |
| 6. St. Ignatius Loyola SS (GHAC) | 275 Points |

Midget Boys (5000m)

Individual

1. Eamonn Kichuk, Bill Crothers SS (YRAA)
2. Gavin Shields, Preston HS (CWOSSA)

3. Chance Jones , Father John Redmond (TDCAA)
4. Alex Dufault, Strathroy DCI (WOSSAA)
5. Adam Palamar, Merivale HS (NCSSAA)
6. Shawn Master, Northern SS (TDSSAA)

Team

- | | |
|-------------------------------------|------------|
| 1. Father John Redmond (TDCAA) | 108 Points |
| 2. ESC Theriault (NEOAA) | 162 Points |
| 3. Sir Winston Churchill SS (SOSSA) | 182 Points |
| 4. Highland SS (SOSSA) | 191 Points |
| 5. Northern SS (TDSSAA) | 212 Points |
| 6. Bill Crothers SS (YRAA) | 237 Points |

Junior Boys (6000m)

Individual

1. Tristan Woodfine, Opeongo HS (EOSSAA)
2. Xavier King, Pickering HS (LOSSA)
3. Dan Mathie, Abbey Park HS (GHAC)
4. Jeremie Bourget, ESC Theriault (NEOAA)
5. Robert Denault , Aurora HS (YRAA)
6. Dylan Brown, Huron Heights SS (YRAA)

Team

- | | |
|-----------------------------------|------------|
| 1. Highland SS (SOSSA) | 128 Points |
| 2. ESC Theriault (NEOAA) | 135 Points |
| 3. St. Thomas Aquinas (GHAC) | 149 Points |
| 4. R.S. McLaughlin C & VI (LOSSA) | 202 Points |
| 5. St. Annes CSS (WOSSAA) | 260 Points |
| 6. Frontenac SS (EOSSAA) | 358 Points |

Senior Boys (7000m)

Individual

1. Mohammed Ahmed, St. Catharines CI & VS (SOSSA)
2. John Paul Malette , Assumption HS (GHAC)
3. Sohaib Ikram, Waterloo CI (CWOSSA)
4. Shoaib Ikram, Waterloo CI (CWOSSA)
5. Fraser Kegel, Cardinal Carter SS (SWOSSAA)
6. Paul Janikowski, St. Thomas of Villanova SS (SWOSSAA)

Team

- | | |
|--------------------------------------|------------|
| 1. Vincent Massey (SWOSSAA) | 47 Points |
| 2. Kingston C & VI (EOSSAA) | 202 Points |
| 3. Saunders SS (SWOSSAA) | 229 Points |
| 4. Sir Winston Churchill CI (TDSSAA) | 239 Points |
| 5. Notre Dame CSS (GHAC) | 259 Points |
| 6. Banting Memorial HS (GBSSA) | 268 Points |



OFSAA Girls' Field Hockey

Peterborough

November 6 - 8, 2008

This year's Girls' Field Hockey Championship was held in Peterborough at two fantastic sites. Beavermead Park hosted the majority of the games, and Trent University hosted 10 games, including the gold and bronze medal matches.

The beautiful weather was almost as great as the quality of play, as all of the 16 participating teams worked hard in their quest to become OFSAA champions.

Congratulations to the OFSAA Girls' Field Hockey champions St. John's Kilmarnock from Breslau, who defeated Notre Dame 2-1 in penalty strokes, making for an extremely hard fought gold medal game. This marks the third year in a row as champions for St. John's Kilmarnock. Congratulations to a great team, including players Jayne Clarke, Giulia De Lorenzis, Kendra Domenicucci, Rachel Fackoury, Danielle Greenway, Alexandra Kennedy, Julia Kochuk, Laura Matthew, Brigitte McIntyre, Ashley Moraca, Alexandra Nelson, Rebecca Pointion, Erika Siegner, Laura Straus, as well as coaches, Leanne Dietrich, and Sarah Heller.

Thank you to the organizing committee and volunteers who made this championship a success. A special thank



you to convenor Helen Lynett, who should be extremely proud for running a smooth and organized championship.

The Leadership in School Sport Award was given to Ray Lewis, long time Goderich DCI coach, whose years of commitment to growing the sport have not gone unnoticed.

Congratulations also to Frontenac SS, who were given the Team Sportsmanship Award for their outstanding effort and sportsmanship.

Participating Teams

Pool A

St. John's Kilmarnock SS	CISAA
Michael Power-St. Joseph	TDCAA
Frontenac SS	EOSSAA
Pickering HS	LOSSA

Pool B

Forest Heights CI	CWOSSA
Sherwood SS	SOSSA
North Hastings DHS	COSSA
Goderich DCI	WOSSAA

Pool C

Notre Dame CSS	GHAC
Applewood Heights SS	ROPSSAA
Merivale HS	NCSSAA
Holy Cross CSS	COSSA

Pool D

Jacob Hespeler SS	CWOSSA
Medway HS	WOSSAA
Aurora HS	YRAA
North Toronto CI	TDSSAA



Quarter-Finals

St. John's Kilmarnock SS	1
Goderich DCI	0

Notre Dame CSS	6
Jacob Hespeler SS	1

Forest Heights CI	2
Pickering HS	0

Medway HS	4
Applewood Heights SS	1

Semi-Finals

St. John's Kilmarnock	4
Medway HS	2

Notre Dame CSS	1
Forest Heights CI	0

Bronze Medal Game

Forest Heights	2
Medway	0

Gold Medal Game

St. John's Kilmarnock	2
(PS) Notre Dame CSS	1



OFSAA Bills Toronto Series Football Bowls

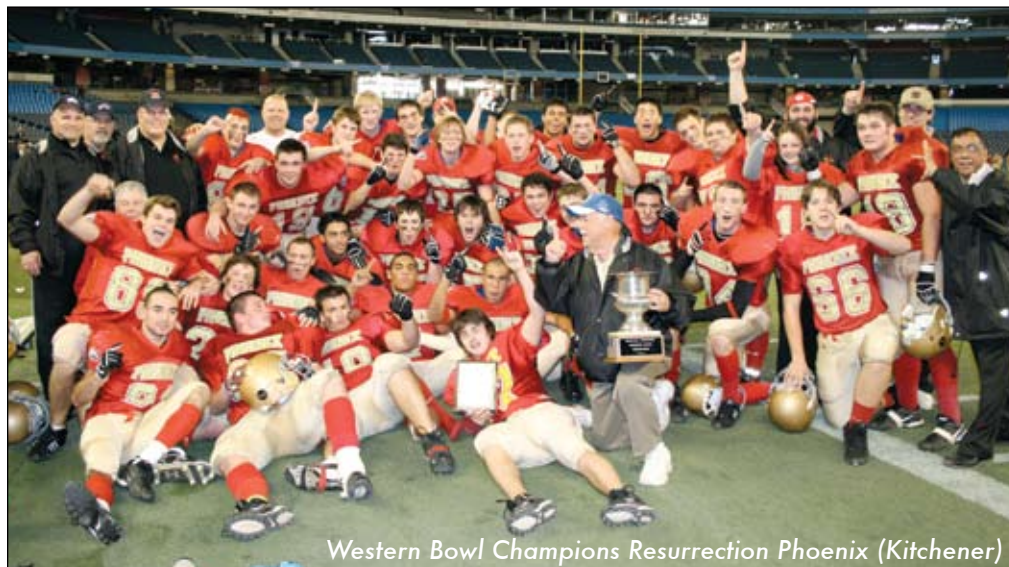
Toronto **December 3, 2008**

OFSAA Football returned to the Rogers Centre in partnership with the Buffalo Bills Toronto Series, which brought the first NFL league game to Toronto between Buffalo and Miami on December 7, 2008. We are very appreciative of the Bills Toronto Series, who provided the Rogers Centre at no cost.

Many thanks to our sponsors: Marchant's School sports hosted a reception for coaches at the Renaissance Hotel the night prior to the Bowl Games, as well as provided every athlete with a T-shirt honouring the event; Rogers TV televised both the Western Bowl and Metro Bowl across its network; Split Draw web cast all five Bowl games on their website; Pizza Pizza provided athletes, officials and sponsors with pizza throughout the day; and Wilsons Canada provided 50 footballs to be used at the Bowl Games.

GAME 1 – Western Bowl

The Western Bowl featured Resurrection Phoenix (Kitchener) and W.F. Herman Griffins (Windsor). Resurrection jumped to a 20 – 0 lead going into the fourth quarter. W.F. Herman made it close with two touchdowns in the final six minutes to

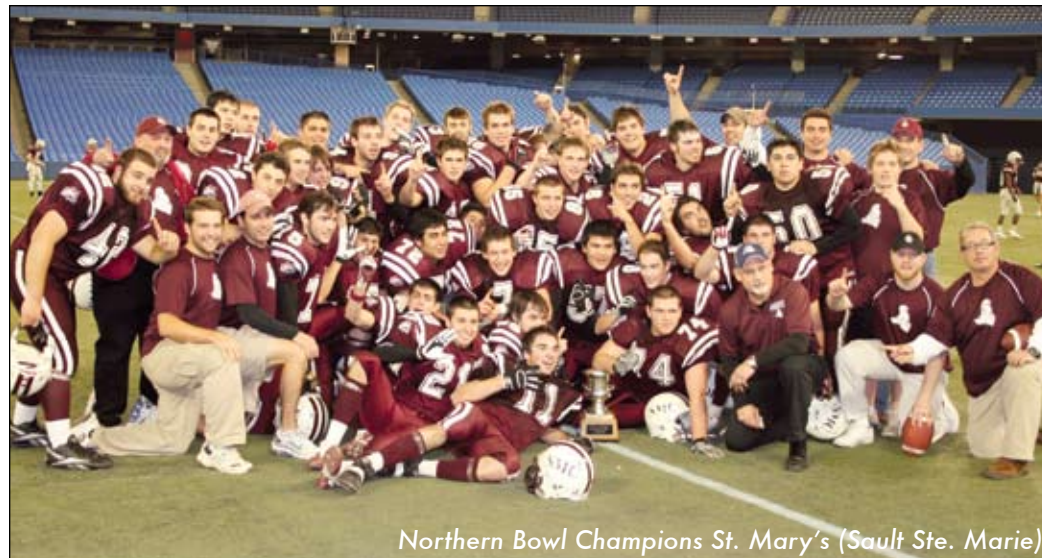


Western Bowl Champions Resurrection Phoenix (Kitchener)

narrow the score to 20–14. However, they ran out of time before finally being beaten 21–14. Congratulations to the players of both teams for a great game early in the day.

GAME 2 – Northern Bowl

The Northern Bowl featured Hammariskjold Vikings (Thunder Bay) and St. Mary's Knights (Sault Ste. Marie). St. Mary's jumped out to a very early 7–0 lead which they never surrendered. Craig Rushton powered St. Mary's with three touchdowns to lead his team to a 31–8 victory. We would like to thank both teams for making the long trip to Toronto to participate in the Bowl Series.



Northern Bowl Champions St. Mary's (Sault Ste. Marie)

GAME 3 – Eastern Bowl

The Eastern Bowl featured Crestwood Mustangs (Peterborough) and Frontenac Falcons (Kingston). Frontenac was looking for its fourth Bowl Championship since 2001. They didn't disappoint the many fans who traveled from Kingston by defeating Crestwood 36–1. It was a disappointing end to a very promising season for the Mustangs.

GAME 4 – Golden Horseshoe Bowl

The Golden Horseshoe Bowl featured Notre Dame Fighting Irish (Burlington) and Lakeshore Catholic Gators (Port Colborne). Both teams played a very tight, physical, and emotional game with neither team wanting to surrender. In the end the Gators defeated Notre Dame 8–7. Corey Davidson (Gators) and Chris Pezzetta (Fighting Irish) each ran for touchdowns for their teams. Congratulations to both teams for outstanding entertainment.

GAME 5 – Metro Bowl

The Metro Bowl featured St. Michael's Kerry Blues (Toronto) and Donald A. Wilson (Whitby). St. Michael's was looking to capture its fifth Metro Bowl championship since 2001 and its third straight



Eastern Bowl Champions Frontenac Falcons (Kingston)

title. St. Michael's struck early and often to defeat the Gators 42–15. Brendan Morgan led the Kerry Blues with two touchdown runs, while Rashad La Touche led the Gator offence and demonstrated his kicking skills with two long field goals.

Congratulations to the organizing committee for providing an exciting day for all: Dan Dominico, Brian Gaw, Erica Phillips, Pat Reilly, Sean Allen, Dan Del Mastro, Chick Kennedy, Ken Green, and Dana McKiel. Thanks to the Rogers Centre, especially Rebecca Leighton, for making the event run smoothly. Thanks to Brian Findlay (Stellick Communications) for making it all happen.

Thanks to the many university coaches who attended the bowl series with the hope of landing some of the talent for their programs.

Thanks to E.L. Crossley Marching Band, the West Humber Steel Band and the St. Michael's Band who entertained the crowd during the evening games.

Thanks to the five young people who proudly sang the national anthem before each Bowl game (Jordyn Gibson, Miri Makin, David Besharat, Robyn Anderson, and Rayandra Hudson).



Golden Horseshoe Bowl Champions Lakeshore Catholic Gators (Port Colborne)



Metro Bowl Champions St. Michael's Kerry Blues (Toronto)

OFSSA Girls' Golf Festival

Oakville October 16, 2008



This year's Girls' Golf Festival launched into action Thursday, October 16 at Piper's Heath Golf Club in Oakville. The girls were greeted with beautiful sunshine and howling winds. Despite the wind adding to an already challenging golf course, the girls kept in great

spirits and some impressive scores were posted. Michelle Lee of The Woodlands School (ROPSSAA) took home the "A" Flight title with a score of 74, while Alena Rogers of Stephen Lewis H.S. (YRAA) took home the "B" Flight title with a score of 80.

A huge thank you to convenor Sharon Creelman, as well as the rest of the committee from the Appleby College, for organizing a fantastic event.



Competitive Division - Flight "A"

1. Michelle Lee	Woodlands School (ROPSSAA)	74
2. Hayley Brown	Sir William Mulock (YRAA)	78
3. Augusta James	Napanee DSS (EOSSAA)	80
4. Vivienne Tsui	Bill Kruthers (YRAA)	81
4. Robin Doig	Central Huron SS (WOSSAA)	81
4. Hannah Hellyer	St. Theresa SS (COSSA)	81

Developmental Division - Flight "B"

1. Alena Rogers	Stephen Lewis HS (YRAA)	80
2. Karyn Lee Ping	St. Augustine (ROPSSAA)	82
3. Ashley Unrau	St. Joseph's SS (WOSSAA)	88
4. Amy Mohammed	Bramalea (ROPSSAA)	91
4. Megan Black	Clarkson (ROPSSAA)	91

OFSSA Boys' Golf Festival

St. Thomas October 14 - 15, 2008

Fantastic fall weather and the beautiful conditions at the Greenhills Golf Club in London led to great scores by the golfers who qualified for this year's OFSSA Boys' Golf Festival.

Congratulations to Colin Morgan from E.L. Crossley SS, whose two-day score was an impressive 140.

Convenor Ryan Matches from Parkside Collegiate in St. Thomas, as well as his committee from WOSSAA,

provided a first-rate OFSSA experience to all participants.

The banquet at Greenhills was a classy affair, with the University of Western Ontario golf coach Jim Waite and team captain Charles Fitzsimmons as the guest speakers. The audience was very attentive to their message about post-secondary opportunities in golf.

We look forward to fall 2009, when SOSSA will host the festival!

Individual Results

1. Colin Morgan	E.L. Crossley SS	SOSSA	72 - 68 = 140
2. Brandon Ng	Upper Canada College	CISAA	77 - 66 = 143
3. Spencer Berk	Saunders	WOSSAA	74 - 70 = 144
3. Harris Bundy	Malvern CI	TDSSAA	76 - 68 = 144
3. Richard Jung	Northview Heights	TDSSAA	78 - 66 = 144
4. Albin Choi	Northview Heights	TDSSAA	74 - 71 = 145
4. Jamie Young	Eastview SS	GBSSA	74 - 71 = 145

Team Results

1. Northview Heights	TDSSAA	224 - 215 = 439
2. Saunders SS	WOSSAA	224 - 227 = 451
3. Parkside CI	WOSSAA	228 - 225 = 453

OFSSA Boys' A Volleyball

Kenora November 21 - 22, 2008



Before a packed gym in hometown Kenora, number one seed St. Thomas Aquinas defeated number two seed Jean Vanier to win the OFSSA Boys' A Volleyball Championship. Congratulations to team members Marlon DeGagne, Ryan Dela Rosa, Micheal Douglas, Shaun Dufresne, Ben Edie, Graeme Ford, Blake Lundin, Logan Mejia, Jamie Minaker, Benjamin Van Bellinghem, Gray Fox White, Zachary Yeomans, Matt Amell, and coaches Bob Kowal, Laurin Hummelbrunner, Kylie Hughes and Megan Derouard.

OFSSA also congratulates Jean Vanier for winning their fourth OFSSA volleyball medal in five years.

Convenors Heather Pais and Jo Krisko and their organizing committee were outstanding in ensuring that not only the championship ran smoothly, but also providing all the teams with great Northwestern Ontario hospitality. A job well done, and a huge thank you to them.



Congratulations to Paul White from St. Thomas Aquinas for winning the Leadership in School Sport Award. Your contribution to high school sports has not gone unnoticed by your colleagues

The team sportsmanship went to Quinte Christian for their respectful and enthusiastic behaviour both on and off the court.

Pool A

St. Thomas Aquinas	NWOSSAA
Woodland Christian HS	CWOSSA
Bloor CI	TDSSAA
Brampton Christian	ROPSSAA

Pool B

Acton DHS	GHAC
Harrow DHS	SWOSSAA
Notre Dame	EOSSA
É.S. L'Horizon	NOSSA

Pool C

É.S. Jean Vanier	SOSSA
London DC	WOSSAA
Greenwood College	CISAA
É.S.C. de la Verendrye	NWOSSAA

Pool D

É.S. Le Caron	GBSSA
Beacon Christian	SOSSA
Quinte Christian	COSSA
É.S. Cite des Jeunes	NEOAA

Consolation Quarter-Finals

Woodland Christian def. Acton	25-18, 25-22
Greenwood def. Le Caron	25-23, 25-22
Verendrye def. des Jeunes	27-25, 24-26, 15-11
L' Horizon def. Brampton	25-19, 25-12

Consolation Semi-Finals

Woodland def. Greenwood	25-15, 25-22
L' Horizon def. Verendrye	19-25, 25-20, 15-13

Consolation Final

Woodland def. L' Horizon	25-22, 23-25, 15-11
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Championship Quarter-Finals

Thomas Aquinas def. Harrow	25-20, 25-7
Quinte Christian def. London	25-20, 25-11
Jean Vanier def. Beacon	25-21, 25-21
Notre Dame def. Bloor	25-18, 25-17

Championship Semi-Finals

Thomas Aquinas def. Quinte	25-11, 25-16
Jean Vanier def. Notre Dame	25-22, 25-22

Bronze Medal Game

Notre Dame def. Quinte	25-22, 26-24
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Gold Medal Game

Thomas Aquinas def. Jean Vanier	25-15, 25-19, 19-25, 25-13
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OFSSAA Boys' AA Volleyball

Stratford November 21 - 22, 2008



Congratulations to three-time champions Eden HS from SOSSA. Your dedication and effort has once again led to the gold medal.

Congratulations to team members Mitchell Sawatsky, Steven Stone, Jordan Dyck, Jacob High, James Klassen, Michael Moffatt, Caleb Thorpe, Brad Wall, Calvin Fast, Aaron Neufeld, Eric Scholl, Jacob Williamson, and coaches Albino Pereira and Gerald Stone.

Terry McCutcheon from Stratford Central put together an amazing organizing committee to pull off a great championship.

OFSSAA was proud to be one of the opening events in the new Stratford Agriplex, and the student-athletes appreciated Stratford's hospitality. Well done Terry!

Ed Price from Stratford Central was presented with the



Leadership in School Sport Award at the banquet for his longtime coaching service.

Congratulations also to Sutton DHS, selected as the recipient of the 2008 OFSSAA team sportsmanship award.

Pool A

Eden HS	SOSSA
Widdifield SS	NOSSA
Bishop MacDonnell CHS	CWOSSA
Father Redmond CSS	TDCAA
E.C. Saint-Charles Garnier	LOSSA

Pool B

Stratford Central SS	SWOSSAA
St. Andrew's College	CISAA
St. Thomas Aquinas	GHAC
Nicolson Catholic College	COSSA
C.W. Jefferys CI	TDSSAA

Pool C

West Elgin SS	WOSSA
Dryden HS	NWOSSAA
Hamilton DCHS	SOSSA
South Grenville DHS	EOSSA
Kirkland Lake DCS	NEOAA

Pool D

É.S. Franco Cite	NCSSAA
St. Clair SS	SWOSSAA
St. Paul HS	ROPSSAA
Sutton DHS	YRAA
Elmbale DHS	GBSSA

Consolation Quarter-Finals

Father Redmond def. St. Thomas	28-26, 25-22
Sutton def. South Grenville	31-29, 19-25, 15-10
Elmvale def. Hamilton	23-25, 25-23, 15-10
St Andrew's def. Bishop Macdonell	26-28, 25-12, 15-12

Consolation Semi-Finals

Elmvale def. St Andrew's	25-21, 25-22
Sutton def. Father Redmond	26-24, 25-21

Consolation Final

Elmvale def. Sutton	25-15, 25-19
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Championship Quarter-Finals

Eden def. Nicholson	25-11, 25-20
E.S. Franco Cite def. West Elgin	25-21, 28-26
Dryden def. St. Clair	25-14, 25-20
Widdifield def. Stratford Central	25-16, 25-21

Championship Semi-Finals

Eden def. E.S. Franco Cite	25-14, 25-19
Dryden def. Widdifield SS	23-25, 25-20, 15-12

Bronze Medal Game

É.S. Franco Cite def. Widdifield	17-25, 27-25, 15-10
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Gold Medal Game

Eden def. Dryden	25-13, 25-21, 27-25
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OFSSAA Boys' AAA Volleyball

Kingston November 21 - 22, 2008



The 2008 Boys' AAA Volleyball Championship was hosted by Regiopolis-Notre Dame in Kingston.

Congratulations to 2008 gold medalists Upper Canada College from Toronto. Team members include David Choo Chong, Fraser Christie, John Creaghan, Nolan Jarvis, Colmcille Kenny, George Kitching, Ishaan Kumar, Scott Martin, Daniel Meneley, Michael Poon, Samuel Sharpe, Jonathan Shum, William Sidgwick, Gordon Tang, Spencer Thompson, R. Spencer Tong, Christopher Tugman, Richard Walker, and coaches Michael Murphy, Christian Redman and Derek Poon.

Once again, Mark McKenna and his committee from Regiopolis-Notre Dame provided a great OFSSAA experience for the teams participating at this year's championship. A huge thank you to all of them.

The Leadership in School Sport Award was presented to Tom Worthy from Loyalist CVI. Tom is well respected by his peers and the students that he coaches. Congratulations Tom!

Congratulations also to Mary Ward CSS from the TDCAA, this year's winner of the Team Sportsmanship Award for their fair play throughout the championship.

Consolation Quarter-Finals

G.W. Williams def. Arnprior	25-18, 25-21
Lo-Ellen Park def. Donald Wilson	25-11, 25-18
Oliver Mowat def. St. Mary's	27-25, 25-20
R.S. McLaughlin def. Streetsville	25-17, 20-25, 15-5

Consolation Semi-Finals

Lo-Ellen Park def. G.W. Williams	21-25, 25-19, 15-13
Oliver Mowat def. McLaughlin	25-16, 25-15

Consolation Final

Lo-Ellen Park def. Oliver Mowat	29-27, 25-23
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Championship Quarter-Finals

Chatham-Kent def. Paris	18-25, 26-24, 15-4
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Upper Canada def. W. Churchill	25-14, 26-24
Notre Dame def. Sandwich	25-19, 25-18
Desloges def. Oakridge	25-23, 25-22

Championship Semi-Finals

Lo-Ellen Park def. G.W. Williams	21-25, 25-19, 15-13
Oliver Mowat def. McLaughlin	25-16, 25-15

Bronze Medal Game

Notre Dame def. Chatham-Kent	23-25, 28-26, 15-11
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Gold Medal Game

Upper Canada def. Desloges	23-25, 25-21, 25-22, 25-15
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RYAN PYEAR QUARTERBACK

Wilfrid Laurier University Golden Hawks

Sport: Football
Program: Bachelors Degree in English (2005)
High School: Centennial Secondary School
Hometown: Belleville, ON
Profession: Offensive Coordinator, WLU Football

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OFSAA Boys' AAAA Volleyball

Barrie **November 21 - 22, 2008**

Innisdale SS in Barrie was the host of the 2008 Boys' AAAA Volleyball Championship. Congratulations to Birchmount Park for taking the championship title (and also for their colourful uniforms). Congratulations to Birchmount team members Michael Majcen, Oliver Hayes, Garrett May, Quinn Godfrey, Michael Denton, Oscar Kahu, Josh Taylor, Giorgio Triberio, William Orpin, Luke Sim, Matthew Vares, and coaches Bill MacKay and Doug Hunnisett.

Dale Baker from Innisdale HS and her organizing committee once again put together a great championship. Dale has convened many OFSAA championships, the last one being in 2006. OFSAA greatly appreciates the dedication Dale has shown to the student-athletes of her school, association and province.

Peter Millsap from Collingwood Collegiate was recognized for his long term coaching commitment with



the Leadership in School Sport Award, presented at the banquet. Peter is a role model for all coaches and student athletes for his hard work and sense of fair play.

The Team Sportsmanship Award winner selected by the organizing committee was Rick Hansen from ROPSAA. Congratulations for promoting the meaning of the word teamwork!



OFSAA Committees and Chairs

Coaching	Terry Olaskey	P: 705.728.1321	F: 705.728.6053	jtolaskey@sympatico.ca
Future Directions	Lynn Kelman	P: 705.725.7712	F: 705.720.1088	lkelman@scdsb.on.ca
Transfers	Jim Wooley	P: 519.744.6567	F: 519.744.1870	
Constitutional Review	Bonnie Glover	P: 905.722.0180	F: 905.722.0180	btglover@rogers.com
Gender Equity	Clem Contreras, Bishop Allen	P: 416.393.5549	F: 416.397.6074	clemencia.contreras@tcdsb.org
Co-chair	Elaine Berta, Vaughan SS	P: 905.660.1397	F: 905.660.0318	birtzie@yahoo.ca
Classifications	Terry O'Rourke	P: 519.235.0880	F: 519.235.3461	terry_o'rourke@fcmail.amdsb.ca
Championship Review	Steve Porter	P: 705.726.1846	F: 705.733.0608	sporter@bcc.scdsb.on.ca
Sanctions	Brian Poste	P: 613.332.1220	F: 613.332.0978	bposte@hpedsb.on.ca
Alpine Skiing	Kevin Gosselin, Jean Vanier CHS	P: 705.445.2043	F: 705.445.0790	kevingosselin8@sympatico.ca
Badminton	Pauline King-Taylor, Sir W. Mulock SS	P: 905.967.1045	F: 905.967.1054	pauline.king@yrdsb.edu.on.ca
Baseball	Mike Mallory, King City SS	P: 905.833.5332	F: 905.833.3750	
Basketball - Boys	Tom Grantis, Governor Simcoe	P: 905.934.4006	F: 905.934.3389	tgrantis@computan.com
Co-chair	Roy Rana, Eastern Commerce	P: 416.393.0230	F: 416.393.0231	roybobbyrana@yahoo.ca
Basketball - Girls	Heather Lafontaine, Fr. Leo Austin	P: 905.666.2010	F: 905.666.3035	heather.lafontaine@durhamrc.edu.on.ca
Cross Country Running	Dave Wilkinson, St. Joe Scollard Hall...	P: 705.494.8600	F: 705.494.4778	
Co-chair	Paul Barry, St. Michael's	P: 416.653.3180	F: 416.653.7704	
Curling	Yvonne Nieuwenhuis Sir Robert Borden HS	P: 613.829.1287	F: 613.829.1287	yvonne.nieuwenhuis@ocdsb.ca
Field Hockey	Collette Cunningham-Reimann, Agincourt CI	P: 416.396.6675	F: 416.396.6714	collette.cunningham-reiman@tel.tdsb.on.ca
Football	TBA			
Golf - Girls'	Heather Henricks, Sutton HS	P: 905.722.3281	F: 905.722.8892	heather.henricks@yrdsb.edu.on.ca
Golf - Boys'	Wade Walker, Central Elgin	P: 519.631.4460	F: 519.633.9014	w.walker@tvdbsb.on.ca
Gymnastics	Cynthia Facchinato, St. Thomas of Villanova	P: 519.734.6444	F: 519.978.9238	cynthia_facchinato@wecdsb.on.ca
Hockey - Boys	Steve Stanlick, St. Peter's	P: 705.745.1358	F: 705.745.5025	sstanlick@cogeco.ca
Co-chair	John Lytle, Sir Oliver Mowat	P: 416.396.6802	F: 416.396.6758	john.lytle@tel.tdsb.on.ca
Hockey - Girls	Linda de Jeu, Adam Scott	P: 705.743.7373	F: 705.743.7831	linda_dejeu@kprdsb.ca
Co-chair	Murray Eckstein, Park St. CI	P: 705.326.7386	F: 705.362.7388	meckstein@mail.scdsb.on.ca
Nordic Skiing	Robert D'Arras, Sir R. Borden	P: 613.829.5320	F: 613.829.1287	robert.d'arras@ocdsb.ca
Rugby - Boys	Ron Andrews, Barrie Central	P: 705.726.1846	F: 705.733.0608	randrews@mail.scdsb.on.ca
Rugby - Girls	Mike Gauley, Chinguacousy	P: 905.791.2400	F: 905.791.1290	michael.gauley@peelsb.com
Soccer	Heather Windrem, Widdifield SS	P: 705.472.5711	F: 705.474.4223	hwindrem@hotmail.com
Co-chair	Don Morris, St. Mark HS	P: 613.692.2551	F: 613.692.2447	donald.morris@ocdsb.ca
Swimming	Sheila Kuyper, Appleby College	P: 905.845.4681	F: 905.845.9828	skuyper@appleby.on.ca
Co-chair	Anna-Marie Lamanfia, Sen. O'Connor	P: 416.393.5505	F: 416.393.5916	anna-marie.sedef@tcdsb.org
Tennis	Liz Ochotta, Dunbarton HS	P: 905.839.1125	F: 905.839.6536	daveoch@direct.com
Track & Field	Chris Deighan, Cardinal Carter	P: 905.727.2455	F: 905.727.9568	christopher.deighan@ycdsb.ca
Volleyball	Helen Thompson	P: 519.271.0890	F: 519.271.8250	
Co-chair	Kerry MacLean, Colonel By SS	P: 613.745.9411	F: 613.745.4680	kerry.macleam@ocdsb.ca
Wrestling	Randy Budner, St. Patrick HS	P: 807.623.5218	F: 807.622.0164	
Snowboard Racing	Richard Cherry	P: 905.417.1531	F: 905.417.9022	richard.cherry@yrdsb.edu.on.ca
Boys Field Lacrosse	Greg Reid, St. Andrew's College	P: 905.727.3178	F: 905.727.0383	greg.reid@sac.on.ca

Pool A

Mississauga SS	ROPSSAA
Grand River CI	CWOSSA
Cathedral HS	GHAC
Hillcrest HS	NCSSAA

Pool B

Birchmount Park CI	TDSSAA
St. Michael's College	CISAA
Innisdale SS	GBSSA
Bishop Allen Academy	TDCAA

Pool C

Glebe CI	NCSSAA
Ursuline College	SWOSSAA
Eastview SS	GBSSA
Westdale SS	SOSSA

Pool D

Saunders SS	WOSSAA
Rick Hansen SS	ROPSSAA
Pine Ridge SS	LOSSA
Sacred Heart	YRAA

Consolation Quarter-Finals

Hillcrest def. Bishop Allen	21-25, 25-20, 15-11
Westdale def. Eastview	25-20, 25-21
Sacred Heart def. Rick Hansen	16-25, 25-22, 15-10
St. Michael's def. Cathedral	25-20, 25-13

Consolation Semi-Finals

Westdale def. Hillcrest	25-17, 25-17
Sacred Heart def. St. Michael's	25-23, 26-24

Consolation Final

Sacred Heart def. Westdale	23-25, 25-20, 15-9
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Championship Quarter-Finals

Mississauga def. Innisdale	25-9, 25-19
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Glebe def. Saunders	25-21, 25-20
Pine Ridge def. Ursuline	30-28, 19-25, 15-6
Birchmount def. Grand River	25-15, 25-14

Championship Semi-Finals

Mississauga def. Glebe	25-22, 25-23
Birchmount Park def. Pine Ridge	25 -20, 25-12

Bronze Medal Game

Glebe def. Pine Ridge	25-15, 25-15
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Gold Medal Game

Birchmount Park def. Mississauga	23-25, 25-14, 28-26, 25-23
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Travelodge Airport North Bay	705-495-1133	Holiday Inn on King Toronto	416-599-4000	Quality Suites Whitby	905-432-8800

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