

The Bulletin

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Contents



Executive Director's Editorial 2 - 3

OFSAA NEWS

Corrections from June Bulletin 3
Age Classifications 2009-10 3
Transfer Appeal Meeting Dates 2009-10 3
Try Day News..... 4
OFSAA Remembers Gene Sutton 5
Bridging the Gap through School Sport..... 6
Championship Rule Changes..... 7
OFSAA Women's Sport School 2010 7
OFSAA Sanctioned Events..... 8 - 9
Remembering Daryl Mahler..... 10
Thank You Coaching Symposium Committee 11
Baden Extends Volleyball Contract..... 11

SCHOLARSHIPS & AWARDS

Brian Maxwell Scholarship Recipients 12
2009 Coaching Excellence Awards..... 13
Pete Beach Award Recipients..... 14
Leadership in School Sport Award Recipients..... 15
Team Sportsmanship Award Recipients..... 15
OFSAA Alumni Scholarship Recipients..... 16

INFORMATION ARTICLES

Ophea Safety Guidelines Updated 17
2009 Ophea Kids Health Conference 17
OFSAA's Coaching in Ontario Schools..... 18
Teacher-Coach Training Update 18
School Intramurals 19
2008-09 Championship Photo Gallery 20 - 21

FESTIVAL RESULTS

Boys' A/AA Field Lacrosse 22
Boys' AAA/AAAA Field Lacrosse..... 23

CHAMPIONSHIP RESULTS

Boys' Baseball 26
Boys' A/AA Rugby 27
Boys' AAA/AAAA Rugby 28
Girls' A/AA Rugby 29
Girls' AAA/AAAA Rugby 30
Boys' A Soccer 31
Boys' AA Soccer 32
Boys' AAA Soccer 33
Boys' AAAA Soccer 34
Girls' A Soccer 35
Girls' AA Soccer..... 36
Girls' AAA Soccer 37
Girls' AAAA Soccer 38
Tennis..... 39
Track & Field 40 - 44



Thank you to the Ontario Ministry of Health Promotion and the Ministry of Education for their generous contributions and support.

The Bulletin newsletter is written by OFSAA staff and designed by Lindsey Evanoff

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A Word from OFSAA's Executive Director

A subject that seems to be arising more frequently in conversations with educators and at OFSAA meetings is the growth and development of community-based club sport programs over the past number of years, and the challenges this has presented to school sport. While both systems operate under the sport banner, there are significant differences in what each is trying to achieve.

School sport is education-based and includes fundamental principles and philosophies that contribute to developing the athlete as a person, rather than simply developing technical skills or measuring success by the number of wins.

School sport exists because it makes an important contribution to education, develops good citizenship in athletes, and helps students prepare to succeed in life. As a result, character development is vital. Important qualities must be learned by the student-athletes, including respect for opponents, officials and coaches, winning humbly and losing graciously, teamwork, goal-setting, work ethic, compliance, and commitment.

As well, school sport contributes to the broader school community by creating opportunities for positive leadership, role modeling, and by enhancing school pride and spirit.

Club sports on the other hand, place more emphasis on developing athletes and winning. That's not to say that club sport doesn't instill positive characteristics in its athletes, but the overall goals are more towards developing skills, winning games, and seeing athletes move on to higher levels of competition. Success is frequently measured by wins and losses, and specialization in a particular sport is quite often encouraged.

The two systems often end up competing for athletes, particularly when the competitive seasons coincide. This can result in conflicts that have left teams shorthanded, even at OFSAA championships, while athletes have chosen instead to play for their club team.

It also means that the young people who are involved at the club and school levels are over-competing, often playing far too many games. This is detrimental to their long-term development as an athlete, as well as creates safety risks.

The emergence of a strong club system in a community can help create a strong school program, thus affecting the competitive balance in school sport. Schools that have a strong club program in their area are frequently at a decided advantage over the schools they compete against. As well, non-club students who want to play for their school are less likely to make the team.

As mentioned, the goals and philosophies of both systems are different, which can create issues for school coaches, as the club athlete and their parents can



Doug Gellatly

sometimes bring a different set of values and attitudes to the school sport environment. These values can clash with the educational components of school sport, so the job of the teacher-coach becomes that much more challenging.

There are no easy solutions to these challenges. In some sports at the school level, there are restrictions on club athletes. For example, OFSAA rules state that students who have played junior hockey after December 1 are ineligible for boys' high school hockey.

The important thing is for both systems to co-exist for the greater good of students. Today, there are fewer athletes that are only school-trained, but instead they are part of a larger sport system that provides more training and specialization.

The school team may become simply an extension of the club team as the same athletes compete for both. The challenges arise when both try to serve the same people at the same time, and when the goals of one encroach upon the other. Both systems are here to stay and both play different but important roles. OFSAA will continue to work with its partners in the Ontario sport community to find common ground, explore solutions, and create open dialogue on this issue.

Age Classifications for the 2009-10 School Year

For the 2009-10 school year, a Midget will be born in 1995 or later, and may only compete at OFSAA in the Midget category for one year in Grade 9. A Junior will be born in 1994 or 1995, and a Senior will be born in 1990 or later.

1989 or earlier	ineligible
1990	Senior
1991	Senior
1992	Senior
1993	Senior
1994-95	Junior
1995	Midget

How old was the student as of January 1, 2009?

Years of Eligibility

Coaches and students are reminded that students are eligible to compete for no more than five consecutive years from date of entry into Grade 9. There is no appeal to this rule.

Correction from the June 2009 Bulletin

OFSAA apologizes for failing to mention the following staff and students. OFSAA would like to recognize the many teachers and staff from **Elmvale District High School** who put in countless hours of hard work to make the 2009 Nordic Skiing Championship a great success.

Thank you Elmvale staff and students!

Become a Fan of OFSAA on Facebook!

OFSAA has created a fan page on Facebook, and is inviting you to become a fan!

Fans can post on the wall, view championship and festival photo galleries, and keep updated with events and championships.

Transfer Appeal Meeting Dates for 2009-10

Teachers, coaches and administrators are advised to make transferring students aware of the transfer policy, but should not indicate that they will be declared eligible.

Please encourage students to file their transfer appeals early in the school year. This will ensure deadlines are not missed, and that eligibility status is determined well in advance of the season.

Please ensure you have the most up-to-date copy of the policy and form. Both can be found on the website under Constitution & Policies. The following are the dates for next year's appeals:

Meeting Date	Deadline for Applications
Thursday, Oct. 8, 2009	Wednesday, Sept. 23, 2009
Friday, Nov. 6, 2009	Thursday, Oct. 22, 2009
Tuesday, Dec. 15, 2009	Monday, Nov. 30, 2009
Thursday, Feb. 25, 2010	Wednesday, Feb. 10, 2010
Thursday, April 22, 2010	Wednesday, April 7, 2010

To appeal an Association decision, please call the OFSAA office and give the name of the student and his/her school, as well as the name of the principal. A letter will be sent to the student, c/o the principal, telling him/her the date, time and location of the appeal hearing. The letter will outline what information the student must provide prior to the meeting date.

Continued on the next page

TRYday News

Funding Again Available for 2009-10



A group of students from St. Peter's SS pose during their Kin-Ball Try Day.

The Ontario Trillium Foundation will provide funding up to \$800 for 200 schools to conduct a Try Day program this coming school year. There are still a few places available.

To qualify for these grants, a school must introduce a new or non-traditional sport or physical activity to their school program and involve a minimum of 60 students.

Information and registration forms were included in the June OFSAA Bulletin, and can also be found on the OFSAA website. Watch the website also as the Grade 9 Try Day grants may again be available for schools!



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OFSAA Remembers Gene Sutton



OFSAA was extremely saddened to hear of the sudden passing of Gene Sutton, a longtime friend of school sport, especially girls' gymnastics, on August 2, 2009.

As a teacher-coach at Delta Secondary School in Hamilton, Gene conducted an excellent gymnastics program, providing opportunities for girls of all abilities to participate. She was a leader in developing the sport not only in all the schools in GHAC and SOSSA, her home associations, but throughout the high schools of the province. Gene was the recipient of the OFSAA Leadership in School Sport Award in recognition of her

many contributions to gymnastics and school sport in general.

Gene was the women's representative for GHAC on the OFSAA Committee for Girls' Activities, and served as vice-chair for this group. She brought a provincial and very school-oriented perspective to the OFSAA Board at all times. Her belief in the value of school sport was also evident in her role as chair of the OFSAA Sport Advisory Committee for Gymnastics. Gene's knowledge of the rules and understanding of the need for gymnasts to compete on a fair playing field enabled her to provide the strong leadership required to maintain gymnastics as a viable activity in schools. The OFSAA Gymnastics Championship will not be the same without Gene, coordinating the judges and assisting convenors in all aspects of the meet. Even after retirement, her commitment to school gymnastics did not wane as she helped update regulations, acquire judges, and oversee that the event ran smoothly.

Despite her many volunteer activities at the community, provincial, national and international levels, Gene always had time to conduct clinics and assist teacher-coaches with the development of their programs. Those who worked with her know how passionate she was about gymnastics and school sport. Gene will be remembered and missed by the many teacher-coaches and student-athletes with whom she came in contact over the years. Our thoughts are with her family and close friends during this difficult time.

Donations in memory of Gene may be made to the "Canadian Olympic Foundation" at www.olympicfoundation.ca by entering "In memory of Gene Sutton". All gifts identified as such will be directed to the Canadian Olympic Committee's Education Program, a program which was so important to Gene. Memorial gifts may also be mailed to the Canadian Olympic Foundation, 21 St. Clair Ave. E., Suite 900, Toronto, ON, M4T 1L9.

Watch the OFSAA website for details on the "Celebration of Gene's Life" in Hamilton on September 12, 2009, and check the Gymnastics Ontario website (www.ogf.com) for further tributes to Gene.



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New Program Introduced by OFSAA in 2009: Bridging the Gap Through School Sport

Take advantage of this opportunity to pass on the love of school sport.

The Bridging the Gap program is now a 2-year commitment in which leadership students from a secondary school teach a new sport to the Grade 7-8 students at local feeder schools.

Information and registration forms for this grant program, supported by the Ministry of Health Promotion and Sport Canada, were included with the June Bulletin, and can also be found on the OFSAA website (ofsaa.on.ca). There are still a few spaces available, so make those teachers who conduct leadership courses or co-op programs in



your school aware of this opportunity.

The Bridging the Gap program:

Provides an excellent opportunity for improving communication with your feeder elementary school(s).

Provides an opportunity for leadership and coop students to complete the practical component of their course by teaching a sport to elementary students.

Introduces a new sport to the Grade 7-8 students (flag football, flag rugby, or ultimate Frisbee).

Supplies equipment and resources for both the high school and the feeder school(s) to continue the activity in future years.

Motivates Grade 8 students to participate in school sport when they attend high school.

Girls' Golf Festival Rule Changes

There were a number of changes put into place that will now appear in the Girls' Golf playing regulations. Please make sure that you carefully read the new playing regulations as they will be enforced in 2009.

The following is a brief description of the changes. Please consult the playing regulations for further explanation.

- The Girls' Golf Festival will run over two days with the first day consisting of a practice round.
- There will be one division for the Girls' Golf Festival with a shot-gun start (the A and B divisions have been removed).
- An Association may enter a maximum of 10 golfers with a score of 120 or less on a minimum par 70 course.
- Each Association may enter their top three golfers regardless of score.
- The host Association is permitted to enter an additional four golfers with additional entries determined by the festival convenor using a random draw.
- The requirement for the Girls' Golf Festival course will be an 18 hole course with a minimum par 70 with a recommended yardage of +5000 yards.
- Coaching will not be permitted by anyone on the course.
- All teachers/coaches shall be assigned a duty as designated by the convenor; including but not limited to, marshalling, scoring, and general supervision.
- Spectators are only permitted in designated spectator

areas as assigned by the convenor.

- Each playing group will be assigned a group marshal who will record the scores of the players in their group. Only the marshal's card will be attested by all the members of the group. The marshal's card will be submitted to the scoring table.
- No electronic devices are permitted on the course by competitors; including but not limited to, MP3 players, cell phones and distance finders.
- Sudden victory playoffs will occur for the three medal positions on a hole determined by the convenor and published in advance.
- No sport club insignia on uniforms shall be permitted (including golf bags and hats).

Girls' Field Hockey Rule Changes

The International Hockey Federation (FIH) has recently made rule changes to girls' field hockey that will affect the 2009 OFSAA Girls' Field Hockey Championship.

For more information, please visit the FIH website at fihockey.org and look under Rules.

Contact Lexy Fogel at the OFSAA office with any questions (lex@ofsaa.on.ca).



OFSAA Women's Sport School 2010

May 13 & 14, 2010 at Humber College, Toronto

This is an excellent opportunity for female physical education teachers to share their ideas and attend sessions to improve their skills as well as their classes.

The Women's Sport School is a professional development clinic that encompasses a wide variety of sessions geared for elementary and high school teachers, including both curricular and co-curricular programs. The aim of the Women's Sport School is to increase participants' knowledge on several areas of school sport, expose them to new and unconventional sports and teaching methods, as well as provide opportunities for discussion groups with peers.

Don't miss out on this professional development opportunity!

See the Conferences and Events section of the OFSAA website for details and registration.

OFSAA

SANCTIONED INVITATIONAL

An OFSAA-sanctioned event means that all participants are OFSAA-eligible, and a teacher will attend with the team.

Forms for acquiring OFSAA sanction for invitational events have been revised for 2009-2010, and can be found on the OFSAA website under Forms. Please use the up-to-date form when applying for sanction to host or to attend invitational events.

The request for sanction form must be submitted at least 30 days prior to the date of the invitational/exhibition event. If you would like your winter or spring event to be published in the January Bulletin, we must receive the form by December 1, 2009.

Important Reminders

Your school **MUST** receive OFSAA sanction if:

- you are attending a **cross country or track and field meet in the U.S.**

- you are attending **any school sport event in the U.S. that is sanctioned** by the National Federation of State High School Associations (NFHS) or by the host state association

- you are attending an invitational event in any sport in **another province**

The following schools (as of August 1/09) have been granted OFSAA sanction to attend the McQuaid Cross Country Meet on October 3, 2009 in Rochester, New York:

Neil McNeil HS (Toronto), Highland SS (Dundas), Royal St. Georges (Toronto), John Cabot SS (Mississauga), St. Aloysius Gonzaga CHS (Mississauga), Turner Fenton SS (Brampton), Cobourg West DCI (Cobourg), Msgr. Paul Dwyer CHS (Oshawa), Birchmount Park CI (Scarborough), Iona CSS (Mississauga), All Saints CHS (Whitby), St. Michael's College School (Toronto), and Abbey Park HS (Oakville).

OFSAA-Sanctioned Invitational Hockey Tournaments

2009-10 Senior Boys Canlan Classic Tournament Schedule Canlan Ice Sports, York University

November 5, 2009: Mini Matches
November 12-13, 2009: Early Bird
November 23, 2009: Non-Contact Mini Matches
November 24-25, 2009: North York Classic
December 2, 2009: Mini Matches
December 3-4, 2009: Continental Classic
December 7, 2009: Non-Contact Mini Matches
December 15-16, 2009: Christmas Freezeout
January 7-8, 2010: New Year's Festival
February 4-5, 2010: Canadian Classic
February 25-26, 2010: York University Classic
March 29-30, 2010: Springfest

2009-10 Junior Boys Canlan Classic Tournament Schedule Canlan Ice Sports, York University

November 16-17, 2009: Early Bird
November 23, 2009: Mini Matches
December 10, 2009: Mini Matches
February 16-17, 2010: York University Festival
February 22, 2010: Mini Matches
March 8-9, 2010: March Classic
March 25, 2010: Mini Matches
April 14-15, 2010: All Ontario Junior Classic

2009-10 Girls Canlan Classic Tournament Schedule Canlan Ice Sports, York University

November 18-19, 2009: Early Bird
November 30, 2009: Mini Matches
December 8-9, 2009: Christmas Classic
December 14, 2009: Mini Matches
January 5-6, 2010: New Year's Festival
February 20-23, 2010: Cardinal Carter Classic
February 8-9, 2010: "DD" Delight (DD teams only)
February 10-11, 2010 - Canlan Elite
March 1-2, 2010: March Classic
March 24, 2010: Mini Matches
March 31-April 1, 2010: Springfest

For more information, email arose@icesports.com or call Al Rose at 416-661-5900, ext. 251.

St. Thomas Aquinas Flames Cup Boys' Hockey Tournament

Dec. 10-12, 2009
London
Mike Chaney
St. Thomas Aquinas CSS
P: (519) 660-2798
m.chaney@lcdsb.on.ca

St. Thomas Aquinas Flames Cup Girls' Hockey Tournament

Dec. 15-16, 2009
London
Mike Chaney
St. Thomas Aquinas CSS
P: (519) 660-2798
m.chaney@lcdsb.on.ca

OFSAA-Sanctioned Invitational Events

25th Annual Pirates Invitational Cross Country Meet

Wed, Oct. 7, 2009
Memorial Park,
Brockville

Randy Givogue
Thousand Island SS
P: (613) 342-1100
randy.givogue@ucdsb.on.ca

National Capital A/AA Invitational Football Bowl (Games for schools in NCSSAA, EOSSAA, COSSA, GBSSA)

Nov. 14-18, 2009

Mike Rumleski
North Hastings HS
P: (613) 332-1220
mrumbleski@hpedsb.on.ca

Mark Walton Invitational Basketball Tournament

Dec. 4-6, 2009
Hamilton

Brian Daly
Cathedral HS
P: (905) 522-3581
gaelscoach@gmail.com

34th Annual Kinsmen Hungerford Invitational Track and Field Classic

May 7-8, 2010
Brockville

Holly Wykes
Thousand Island SS
P: (613) 342-1100
holly.wykes@ucdsb.on.ca

For U.S. Sanctioned Tournaments, visit OFSAA's website and click on Sanctioned Events.

If you would like your invitational events being conducted in the new year to be promoted in the January Bulletin, be sure to get your sanction request form into the OFSAA office by **November 30**.

Waterloo County Oktoberfest Cross Country Run

Thurs, Oct. 8, 2009
Bechtel Park, Waterloo

David Meier
Cameron Heights CI
P: (519) 578-8330
david.meier@wrdsb.on.ca



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Remembering Daryl Mahler

By Mike Sheahan

It has been five months since many of us were stung by the tragic news of the passing of Daryl Mahler, Physical Education Program Chair of Denis Morris Catholic High School.

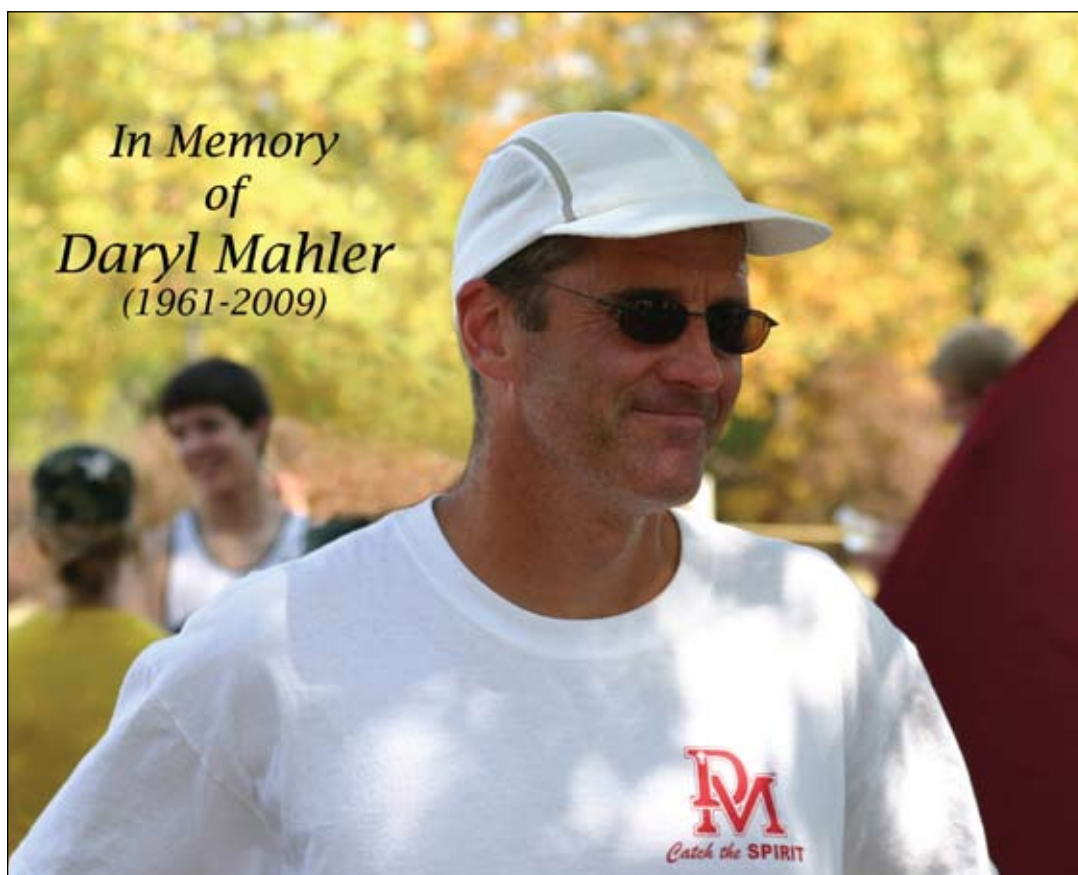
Daryl was 48 years old and died in a car accident April 18, 2009. Certainly, September will bring another set of challenges to Daryl's wife Theresa and their five children. Starting the new school year will be so different for the staff, students and many in the Niagara area and beyond.

Perhaps the greatest compliment or legacy we as teachers and coaches could hope for is that we made a positive and lasting contribution on the lives of others. Only rarely do we cross paths with a person who could move from the classroom, gymnasium, playing fields, arenas, tracks, committee rooms or parish, and affect us so positively with his presence.

As parents, Daryl and Theresa put in countless hours supporting their community, parish, and minor sports programs. Daryl coached football, hockey, cross country, and track, and contributed so much time on various athletic executives, OFSAA host committees, and convening tournaments.

It was in the classroom that Daryl connected so positively with countless numbers of students throughout his career. He would relentlessly remind students of the importance of 'preparation, execution, follow through' as he taught skills in his classes. At the time, it might have been a badminton serve or a chest pass, but in Daryl's way of teaching, it transcended into life lessons that might help a student make a better decision down the road.

As a friend and co-worker, Daryl was truly a team player. He had no patience for negativity and would challenge administrators or others if he felt their



intentions were less than sincere. He had the courage to lead and consequently we sought his counsel regularly, whether it was an OFSAA transfer appeal or protest issue.

Many teachers outside Niagara came to know Daryl at provincial cross country or track and field events. He was a fixture as a high jump marshal and genuinely enjoyed being part of the competitive environment. He quite simply loved sport and could share stories for hours about the beauty and passion of sports.

Over the last several months, many of us who were close to Daryl have shared reflections of how tough it has been to say goodbye to such a dear friend. We've lamented that he's still so very much part of our thoughts and conversations. I guess that's what a powerful legacy is.

Daryl truly raised the bar and we are challenged to move forward and carry on that legacy, thankful for the time we had with him and the support he continues to provide.

Mike Sheahan is a phys-ed consultant for the Niagara Catholic District School Board. He was a good friend of Daryl's, and the two were colleagues for about 20 years.

Thank You to the OFSAA Coaching Symposium Committee

The 2009 OFSAA Coaching Symposium was held this past May at McMaster University in Hamilton. Teacher-coaches from across the province came together to enhance their coaching skills through technical hands-on and classroom sessions.

OFSAA would like to thank the organizing committee members Tabatha Smith from Arnprior DHS, Sarah Rush from the Ottawa Technical Learning Centre, Erin Gray from Aurora High School, Wanda Cook from Eastview CI, Lexy Fogel and Lindsey Evanoff from OFSAA, and Chris Micolino, OFSAA's student intern, for all of their work in making



Coaching Symposium committee from left: Chris Micolino, Sarah Rush, Lindsey Evanoff, Erin Gray, Wanda Cook, Tabatha Smith and Lexy Fogel.

the conference a success. The next OFSAA Coaching Symposium is scheduled for the spring of 2011. Please visit the conferences and events section of the OFSAA website for more information.

Baden Extends OFSAA Volleyball Sponsorship through 2012

OFSAA is pleased to announce that Baden has renewed its sponsorship as OFSAA's official volleyball. Baden has been the OFSAA official volleyball since 1997, and we are excited to continue our partnership through the 2011-12 season.

Baden's LEXUM 15-OC will continue to be used as

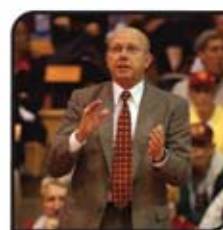
the official volleyball in all games at all eight OFSAA Volleyball Championships. Over the years, this has proven to be an outstanding ball and we're proud to be using it once again.

OFSAA would like to thank Baden for its continued support of high school sport in Ontario.

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Brian Maxwell Scholarship Recipients 2009

Named after successful distance runner and co-founder of Power Bar, the Brian Maxwell Memorial Scholarship is awarded each year to two student-athletes who have participated in track and field or cross country throughout their high school career, and are continuing their post-secondary education at a Canadian college or university. This year the scholarship was awarded to Charley Allan and Madeleine Cummings, who both received awards in the amount of \$5,000. Two additional student-athletes also received runner-up awards of \$1,000 each. The runners-up were Victoria Coates and Krystal Goodwin.

All four recipients were honoured at an awards luncheon in the Sport Alliance building on August 19. Congratulations to these student-athletes for receiving this award.

Madeleine Cummings graduated from North Toronto Collegiate with a 93% average, recognized as the 2009 female athlete of the year, four-time cross-country MVP and two-time track MVP. When not running, Madeline is writing. She has written 20 articles for her school newspaper and in her final year was the chief editor. She won the city-wide public speaking competition and the Toronto District School Board short story contest.

She will be studying English literature at McGill to further develop her communication skills, and represent her university in track and field.

Charley Allan graduated with a 95% average from Kingston Collegiate and Vocational Institute, and will be studying Mechanical Engineering at the University of Waterloo. He began running in Grade 10 and qualified for OFSAA in both cross country and track every year.

Some of Charley's scholastic activities included membership on the varsity hockey team, Nordic ski team, swim team, outdoors club, public speaking club, student council every year, and playing trombone in the junior band. He was also helped run a leadership camp for three days at the beginning the each school year with a purpose of orienting new students entering high school.

Victoria Coates is a graduate of Sacred Heart Catholic High School, where she finished with a 92% average, and qualified for OFSAA every year with impressive results. She was nominated as school Valedictorian, organized a 30 hour fundraising famine, mentored



The Brian Maxwell Memorial Scholarship recipients are seen here with their awards. From left: Charley Allan, Victoria Coates, Krystal Goodwin, and Madeleine Cummings.

new high school students every year, and played tenor saxophone in the school band.

Victoria will be studying Political Science at McMaster.

Krystal Goodwin graduated from Vincent Massey SS in Windsor, and originally had little interest in academics or athletics and no plans to attend university.

When Krystal was in Grade 9, a friend invited her to participate in the Terry Fox run and it was during this event that the school track and field coach noticed her speed and encouraged her to join the school track and cross country teams. Excellent coaching, natural ability, and improved self-confidence resulted in her qualification in OFSAA every year of high school. Running completely changed her life and she found the ability to succeed not only as a champion runner but as an honours student.

Krystal was accepted into the University of Windsor Human Kinetics Program.

2009 Coaching Excellence Awards

Two OFSAA teacher-coaches were presented with the 2009 Coaching Excellence Award by the Coaches Association of Ontario. Upon the advice of OFSAA, CAO recognizes the outstanding achievements and significant contributions secondary school coaches have made to both their sport and athletes in Ontario.

OFSAA is proud to congratulate **Jody Miller** of ROPSSAA! Jody has coached the cross country running and track teams at Cawthra Park SS for most of her teaching career, while also assisting with the swimming and gymnastics programs.

Extremely well organized, Jody has always been eager to provide advice on coaching strategies to her peers. She supports all athletes at meets and competitions by giving advice and assistance; not just the ones she coaches.

She has also found the time to volunteer on both ROPSSAA and OFSAA Committees.

From NWOSSAA, the CAO recognized **Ross Hryhorchuk** for his dedicated service to school sport. For 41 years, Ross has coached secondary gymnastics, volleyball, basketball, soccer and badminton, often coaching several teams each year.

During his teaching career at Chapleau Secondary



Jody Miller (left) and Ross Hryhorchuk (third from right).

School, Ross has been instrumental in organizing sports, competitions and developing coaching ethics throughout the area known as the North Shore Secondary School Athletic Association.

As a principal for the past five years, Ross has not only continued to display leadership but also coach each year, continuing to mentor both fellow coaches and student-athletes. Congratulations Ross!

Nominations for the 2010 awards can be forwarded to Michael Suraci at the OFSAA office (michael@ofsaa.on.ca) prior to January 31. Male nominations will be accepted from the West, South and Metro Regions and female nominations are eligible from North, Central and East Regions.



Pete Beach Recipients 2009

The Pete Beach Award is presented annually to one person in each Association who exemplifies the qualities of Pete Beach, a former Executive Director of OFSAA.

Pete was a rare educator who had the capacity to utilize the medium of school sport to positively influence students in the remainder of their lives. This year's recipients are individuals who consistently provide an impression of stability and optimism; who enjoy the company and respect of young people; who embody education through school sport and lead by example; and who emulate the true function of the teacher-coach - a source of discipline, a mentor, and a friend.

For more information on the Pete Beach Award or to nominate a colleague, please visit the OFSAA website and look under Awards & Scholarships.

Congratulations to all the 2009 Pete Beach Award recipients!

CISAA	Jane Audet	SOSSA	Daryl Mahler
COSSA	Bruce Faulds	SWOSSAA	Denise Kohlmeier
CWOSSA	Ian Atkinson	TDCAA	Ani Strazar
EOSSAA	Heather Burns	TDSSAA	Kent Farrow
GBSSA	Steve Kelman		Melanie Parrack
GHAC	John Lowicki		Tim Sim
NCSSAA	Robert Lanthier		Sheila Iribarren
NOSSA	Richard Mannu	WOSSAA	Mike Circelli
NWOSSAA	Ellen Jardine	YRAA	Heather Henricks
ROPSSAA	Kim Potter		

2008-09 Leadership in School Sport Award Recipients

The OFSAA Leadership in School Sport Award is presented at each OFSAA championship to a teacher-coach who has made a significant contribution to their educational athletic program. The recipient exemplifies the values of fair-play and sportsmanship, while promoting enjoyment, personal growth and educational achievement through school sport.

Girls' Field Hockey	Ray Lewis	Boys' AAAA Volleyball	Peter Millsap
Girls' A Basketball	Tim Lowe	Swimming	John Horton
Girls' AA Basketball	Lauri McFarlane	Girls' Gymnastics	Danielle Gauthier
Girls' AAA Basketball	John Dakin	Girls' A/AA Hockey	Kelly Graham
Girls' AAAA Basketball	Greg LeNeve	Girls' AAA/AAAA Hockey	Jennifer Lemieux
Boys' A Basketball	Chuck Stewart	Boys' A/AA Hockey	Barry Driscoll
Boys' AA Basketball	Mark Delich	Boys' AAA/AAAA Hockey	John Wilson
Boys' AAA Basketball	Steve Ashfield	Girls' A Soccer	Art Witten
Boys' AAAA Basketball	Wayne Curtin	Girls' AA Soccer	Ferg Penner
Badminton	Shawn Tilander and Gundi Sheppard	Girls' AAA Soccer	Pat Lacasse
Boys' and Girls' Curling	Patty Rodgers	Girls' AAAA Soccer	Lucio Ianiero
Nordic Skiing	Jim MacMillan	Boys' A Soccer	Paul Buma
Girls' A Volleyball	Wendy Girvan	Boys' AA Soccer	Nathan Siebenga
Girls' AA Volleyball	Dan Shankowsky	Boys' AAA Soccer	Leo Moscone
Girls' AAA Volleyball	Al Faucon	Boys' AAAA Soccer	George Kourtis
Girls' AAAA Volleyball	Christine Craig	Girls' A/AA Rugby	Bill Wellwood
Boys' A Volleyball	Paul White	Girls' AAA/AAAA Rugby	Matt Piemontese
Boys' AA Volleyball	Ed Price	Boys' A/AA Rugby	Jamie Hewitt
Boys' AAA Volleyball	Tom Worthy	Boys' AAA/AAAA Rugby	Paul Connelly

2008-09 Team Sportsmanship Award Recipients

The Team Sportsmanship Award is given out at each championship to the team displaying outstanding team-work, positive attitudes, and respect for other players.

Girls' Field Hockey	Frontenac SS	Boys' AAAA Volleyball	Rick Hansen SS
Girls' A Basketball	Blenheim DHS	Girls' A/AA Hockey	College Notre Dame
Girls' AA Basketball	G.L. Roberts C & VI	Girls' AAA/AAAA Hockey	Holy Names HS
Girls' AAA Basketball	É.S. Publique Louis-Riel	Boys' A/AA Hockey	Patrick Fogarty SS
Girls' AAAA Basketball	Pope John Paul II	Boys' AAA/AAAA Hockey	Fenelon Falls SS
Boys' A Basketball	St. Thomas Aquinas (NWOSSAA)	Girls' A Soccer	Collège Francais
Boys' AA Basketball		Girls' AA Soccer	West Carleton SS
Boys' AAA Basketball	Bawating C & VS	Girls' AAA Soccer	Colonel By SS
Boys' AAAA Basketball	St. Michael's College	Girls' AAAA Soccer	Notre Dame College
Boys' Curling	Kitchener-Waterloo CVS	Boys' A Soccer	Norwich DHS
Girls' Curling	Grimsby SS	Boys' AA Soccer	St. Joseph's HS
Girls' A Volleyball	St. Thomas Aquinas HS (Kenora)	Boys' AAA Soccer	East Elgin SS
Girls' AA Volleyball	Lakefield DSS	Boys' AAAA Soccer	Sir Robert Borden
Girls' AAA Volleyball	R.S. McLaughlin C & VI	Girls' A/AA Rugby	Mother Theresa CHS
Girls' AAAA Volleyball	Waterloo DHS	Girls' AAA/AAAA Rugby	Centennial CHS
Boys' A Volleyball	Quinte Christian	Boys' A/AA Rugby	Waterford DHS
Boys' AA Volleyball	Sutton DHS	Boys' AAA/AAAA Rugby	St. Peter CHS
Boys' AAA Volleyball	Mary Ward CSS		



OFSAA Alumni Scholarship Recipients 2009

OFSAA's Alumni Association supports student-athletes moving on to post-secondary education through the scholarship fund. For the past four years, all funds donated have provided scholarships of \$500 each to student-athletes in different member associations across the province.

Four students were selected to receive the 2009 OFSAA Alumni Scholarships. The calibre of students applying is a positive sign for the future, as all were worthy candidates and the decision by the selection committee was a difficult one. Many thanks to all students who applied.

Hannah Brash (ROPSSAA)

Hannah, a graduating student from Lorne Park Secondary School, plans to attend university to study architecture. She participated in flag football, alpine skiing, soccer, volleyball and badminton during her high school years. Hannah also served on the student council, the athletic council, was a member of the senior and jazz bands, and showed leadership as a grade 9 facilitator and a student mentor. School sport has given Hannah the opportunity to improve her fitness, to develop confidence and leadership skills, to make lifelong friends, and to give back to her community. We wish her well as she embarks on a new path in life.



volleyball, soccer and badminton, served as a member of the athletic association and the concert band, and still managed to maintain an academic average above 90 during her high school years. She plans to attend Queen's University and study concurrent education (science). Shannon considers leadership the main quality learned through school sport and she developed this skill by coaching and officiating in the local elementary school, and by being a camp leader and coordinator. According to her teacher-coach, Shannon displayed the 'rare' qualities of leadership - a keen awareness of the needs of others, the ability to overcome challenges and exceed expectations in overcoming them, and the transformation of every opportunity granted her into an opportunity for others.



Taylor Trapp (NWOSSAA)

Taylor was involved in golf, volleyball, curling, cross country, track and field, soccer, and badminton while attending Lake Superior High School in Terrace Bay in northwestern Ontario. He plans to attend Seneca College to study business administration and marketing. His other school activities included student council, athletic association, fundraising, officiating and coaching. School sport taught Taylor the value of a healthy lifestyle, sportsmanship, teamwork, positive leadership, and pride in one's accomplishments, and reinforced his belief that through dedication and hard work you can achieve your goals.



Ryan Sider (SOSSA)

As Ryan heads off to the University of Waterloo to study Honours Science with the hopes of becoming a pharmacist, he leaves behind an active high school at Ridgeway Crystal Beach High School in southern Ontario. He played hockey, soccer, volleyball and badminton, and served on the student council. He was also a peer mentor and coached at the elementary school level. He contributed to his community in many ways and was a member of the Mayor's Youth Council. During high school, Ryan continually demonstrated outstanding academic achievement, a positive attitude, and strong school citizenship. He is a worthy recipient of this scholarship.



Shannon Walsh (EOSSAA)

Shannon comes from Sydenham High School and took part in a variety of sports including basketball,

2010 Alumni Scholarship Applications

Students in GBSSA, YRAA, SWOSSAA and LOSSA schools only may apply for the OFSAA 2010 Alumni Scholarships. Deadline for receipt of applications is April 1st,

2010. Criteria for this scholarship and an application form are on the OFSAA website under 'Awards and Scholarships'. Four students will be selected to receive a \$500.00

scholarship from the applications received by the deadline. All applications must be sent by mail or courier. No Faxed copies will be considered.

Ophea Safety Guidelines Upated

The Ophea Physical Education Safety Guidelines- Secondary Interschool Athletics, originally published in 1999, was revised and distributed in the fall of 2008. The updates are listed below. For detailed information visit www.ophea.net.

"The intent of the Provincial Interschool Athletics Safety Guidelines is to focus attention on safe procedures for sport, in order to minimize the inherent element of risk. By implementing safe coaching practices, such as appropriate skill progression, facility and equipment safety checks, and appropriate supervision and officiating, the potential for injury will be minimized." (Ophea '08, page 1)

OFSAA teacher-coaches must adhere to the minimum standards for supervision and training outlined in the OPHEA document when participating in Association and/or OFSAA sports programs.

Coaches must pay special attention to the roles, responsibilities and duties of the coach in the guidelines. For example:

"Prior to teaching skills of the sport, the coach has the duty to:

- i) outline the inherent risks involved in the activity
 - ii) demonstrate how to minimize the risks
 - iii) set procedures and rules for safe participation."
- (Ophea '08, page 9)

Interschool athletics have been categorized into two areas: higher risk sports and lower risk sports. Higher risk sports are those sports which are characterized by:

- greater potential for injuries with severe consequences
- contact: person to person and person to equipment
- uniqueness of equipment used
- speed of action
- protective equipment used

- type of supervision required
- coach training required (OPHEA '08, page 6)



Higher risk sports include archery, rowing, broomball, rugby, cheerleading (acrobatic), skiing (alpine), cycling/mountain biking, snow boarding/snowblading, diving, steeplechase, dragon boat racing, swimming/synchronized, fencing, triathlon, field hockey, water polo, football (tackle), weight lifting, gymnastics, wrestling, hockey (ice), track & field (javelin, shot put, high jump, discus, pole vault), lacrosse (field and box), ringette (ice).

Lower risk sports include badminton, handball, baseball, basketball, soccer, bowling, softball (slo-pitch/3-Pitch), cheerleading (spirit/dance), squash, cricket, tennis, table tennis, cross-country running, cross-country skiing, racquetball, curling, ultimate frisbee, football (flag/touch), volleyball, golf, track & field (track events, long jump, triple jump, hurdles), orienteering.

The OFSAA Coaching Committee strongly recommends that all coaches of the higher risk sports not only adhere to coaching qualifications noted, but upgrade their training to exceed the minimum standards in each sport specific document.

Most district school boards have purchased the safety services package from OPHEA. They also have copyright and thus, are able to increase the standards if they choose and distribute them at their discretion. It is these standards which coaches must adhere to for supervision and training requirements.

Contact your district school board safety coordinator to find out how to obtain a copy of your local Interschool Athletics - Safety Guidelines. They may be on-line on your board website, available on a DVD, or hard-copy.

2009 Ophea Kids Health Conference

From October 15 - 17 Ophea will be hosting its 38th annual conference for elementary and secondary school teachers, principals, public health professionals, and recreation leaders from across Ontario, at the Nottawasaga Inn in Alliston.

The conference will focus on ideas to help educators prepare for the implementation of the renewed Health and Physical Education (H&PE) curriculum (see above article), and provide practical applications and

supports to create and maintain healthy schools and communities.

There will be informative workshops and sessions, engaging speakers and ample networking opportunities, daily physical activity ideas, sport and intramural activity ideas, an exhibitor's marketplace and more.

Visit www.ophea.net for more information.

OFSAA's Coaching in Ontario Schools (CIOS)

OFSAA's Coaching in Ontario Schools (CIOS) course continues to be offered to Associations, District School Boards and Faculties of Education across the province in its seven-hour format.

This gives new teachers and beginner coaches the skills they need to coach effectively in the secondary school environment.

The course covers OFSAA rules, school and Board administrative information, practice planning and the newly revised Ophea Provincial Safety Guidelines for Interschool Activities. Contact Michael Suraci at michael@ofsaa.on.ca for more information.

The OFSAA CIOS course will see a complete revision in 2011, as a team of curriculum writers develop an online education program which will greatly improve and increase accessibility for new teacher-coaches in Ontario.

The new on-line learning program and a three and a half hour on-site clinic will combine prior learning with need-to-know OFSAA coaching information.

For further information, or advice on the teacher-coach education path you may require, please contact Michael Suraci, OFSAA Assistant Director, at michael@ofsaa.on.ca or Terry Olaskey, Coaching Chair, at jtolaskey@sympatico.ca.

Teacher-Coach Training Update

Teacher-coaches in Ontario continually find it a challenge to keep updated and current on coaching theory and techniques.

The new National Coaching Certification Program (NCCP) courses will certainly help teachers with not only the new terminology, but the latest integration of **Long Term Athlete Development (LTAD)** theory, including sport-specific technical training.

OFSAA continues its partnership with the Coaches Association of Ontario (CAO) and teacher-coaches are encouraged to visit the CAO website (www.coachesontario.ca), or a Provincial Sport Organization website for the locations of NCCP training programs.

School Intramurals: A Rewarding Experience

By Steve Friesen

Coaching a team and working with student-athletes is very rewarding. The team work, commitment, practices, travel, tournaments and games are all part of an excellent experience for everyone involved. I have always valued my years as a coach. However, throughout my years as a teacher-coach I have discovered something just as rewarding and exciting - and that is intramurals.

Running an intramural program has changed me both personally and professionally. I believe the main reason for this is that intramurals have allowed me to meet the needs of every student in my school, which has truly been rewarding.

We started an intramural program at my school more than 10 years ago, and the changes to our school, the phys-ed department, and our athletic program have been profound.

All of these changes are due to the fact that intramurals allow anyone who wants to play, play. Our school culture has improved, more students are taking phys-ed courses because the gym is available to anyone, and our athletic program has never been healthier. Our athletic program includes intramurals right alongside the football, basketball, swimming, and soccer teams, and we make it a priority that the program runs well.

Inter-school teams combined with a quality intramural program makes for a powerful athletic program. With intramurals we are reaching at least twice as many



Steve (back row, far left) with his students who just finished playing school intramurals.

students as we used to. I still thoroughly enjoy watching an intense game between two schools, but there is something very special about watching kids play that would not normally get the opportunity to do so.

Intramurals and inter-school teams can coexist. There are many high schools in Ontario that do a great job of sharing the gym and being creative when it comes to supervision. Whether you have a common lunch or a double/triple lunch, there are solutions to running intramurals even if it is just once a week. The reaction from teachers who make an intramural work is always the same - they are thrilled to see the response of the students. Playing games like dodgeball, handball, Kin ball, indoor soccer and others allow every student to feel like they belong. Not making a school team should not be the end of a student's hope for playing sport - and that is why intramurals are so important.

If you would like more information about intramurals - how to get them started, successful student leadership models, access to resources, etc, there are two websites you can refer to. These are, Raise the Bar at www.raisethebarintramurals.com and CIRA Ontario at www.ciraontario.ca.

Steve Friesen has been a high school phys-ed teacher in Guelph for the past 21 years. He has also been a department head and athletic director. For the past three years, Steve has been the Director of Raise the Bar, a program supported by the Ontario Ministry of Health Promotion. The goal of the program is to increase student physical activity levels in our schools through intramural programs.



Students at Steve's school playing intramurals.



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STILETTO
Black/Silver



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STILETTO
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TURBO
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TURBO
Reg. Black



Black Knight
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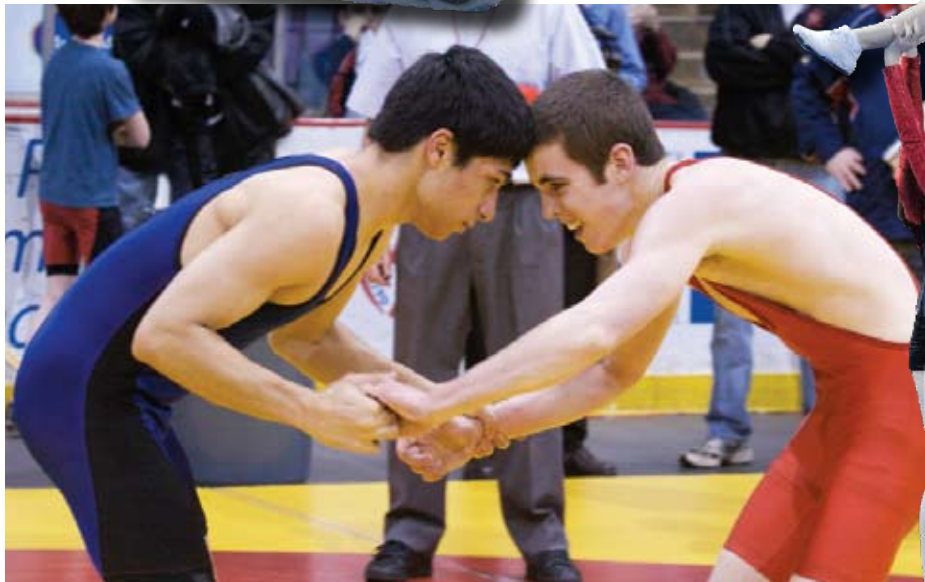
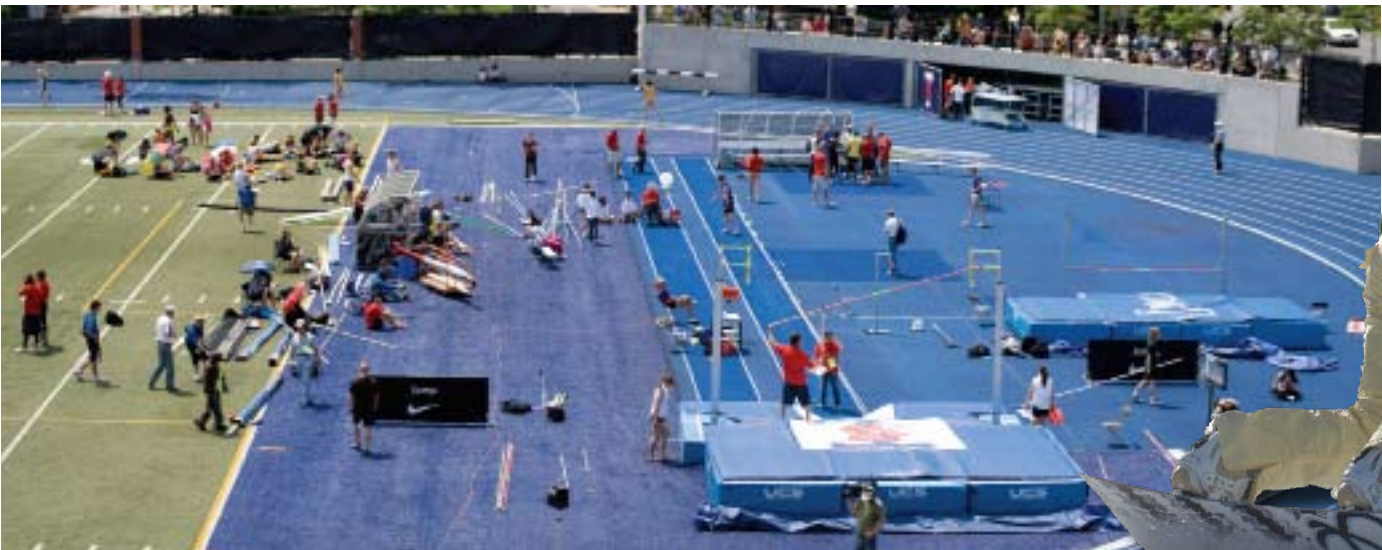
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2008-09 OFSAA Championship Photo Gallery



2009 - 2010 OFSAA Championship Calendar

Boys' Golf Festival (SOSSA)

Wed - Thurs, Oct. 14-15, Vineland
Bill Lipsett, Sir Winston Churchill SS
P: 905.684.6349 F: 905.684.2505
bill.lipsett@dsbn.edu.on.ca
Entry Deadline: Tues, Oct. 6

Girls' Golf Festival (SWOSSAA)

Tues - Wed, Oct. 13 - 14, Windsor
Fernando Brunone, St. Thomas of
Villanova SS
P: 519.734.6444 F: 519.978.9238
fernando_brunone@wecdsb.on.ca
Entry Deadline: Mon, Oct. 5

Girls' Field Hockey (CWOSSA)

Thurs - Sat, Nov. 5 - 7, Kitchener
Joyce Stuart, Forest Heights CI
P: 519.744.6567 F: 519.744.1870
joyce_stuart@wrdsb.on.ca
Entry Deadline: Sun, Nov. 1

Cross Country (Central)

Sat, Nov. 7, Vaughan
Christopher Deighan, Cardinal Carter
CHS
P: 905.727.2455 F: 905.727.9568
christopher.deighan@ycdsb.ca
Entry Deadline: Sun, Nov. 1

Boys' A Volleyball (LOSSA)

Fri - Sat, Nov. 27 - 28, Bowmanville
Tammy Dibbits, Durham Christian
P: 905.623.5940 F: 905.623.6258
vp@dchs.com
Entry Deadline: Mon, Nov. 23

Boys' AA Volleyball (SWOSSAA)

Fri - Sat, Nov. 27 - 28, Sarnia
Laurie Leckie & Sue Harrel, St. Clair
P: 519.332.1140 F: 519.332.5039
leckiela@lkdsb.net,
harrelsu@lkdsb.net
Entry Deadline: Mon, Nov. 23

Boys' AAA Volleyball (WOSSAA)

Fri - Sat, Nov. 27 - 28, Stratford
Ted Hopkinson & Sandie Ennett, St.
Michael CSS
P: 519.271.0890 F: 519.271.8250
ted_hopkinson@hpcdsb.edu.on.ca,
sandie_ennett@hpcdsb.edu.on.ca
Entry Deadline: Mon, Nov. 23

Boys' AAAA Volleyball (WOSSAA)

Fri - Sat, Nov. 27 - 28, London
Bryan Kussner & Rob Atkinson, A.B.
Lucas & Saunders SS
P: 519.452.2600 F: 519.452.2619 (Bryan)
P: 519.452.2770 F: 519.452.2799 (Rob)
b.kussner@tvdsb.on.ca,
r.atkinson@tvdsn.on.ca
Entry Deadline: Mon, Nov. 23

Girls' A Basketball (EOSSAA)

Thurs - Sat, Nov. 26 - 28, Cornwall
Dave McCabe & Marc Poirier, Holy Trinity
P: 613.936.0319 F: 613.936.0663
dave.mccabe@cdsbeo.on.ca,
marc.poirier@cdsbeo.on.ca
Entry Deadline: Sun, Nov. 22

Girls' AA Basketball (COSSA)

Thurs - Sat, Nov. 26 - 28, Belleville
Justin Walsh, Nicholson Catholic
P: 613.967.0404 F: 613.967.1963
walshj@alcdsb.on.ca
Entry Deadline: Sun, Nov. 22

Girls' AAA Basketball (WOSSAA)

Thurs - Sat, Nov. 26 - 28, London
Rick Sheardown & Tracey Swift, Regina
Mundi College
P: 519.660.2792
r.sheardown@ldcsb.on.ca
t.swift@ldcsb.on.ca
Entry Deadline: Sun, Nov. 22

Girls' AAAA Basketball (GHAC)

Thurs - Sat, Nov. 26 - 28, Hamilton
Helen Downey, Bishop Tonnos CHS
P: 905.648.4989 F: 905.648.7847
downeyh@fc.hwcdb.ca
Entry Deadline: Sun, Nov. 22

Football Bowls (Committee)

Wed, Nov. 25, Toronto
TBA

Alpine Skiing (Committee)

Mon - Tues, Feb. 22 - 23, Collingwood
Contact OFSAA office for details.
Entry Deadline: Sun, Feb. 14

Nordic Skiing (GBSSA)

Thurs - Fri, Feb. 25 - 26, Midland
Jim MacMillan, Elmvale DHS
P: 705.322.2201 F: 705.322.3714
jdmacmillan@mail.scdsb.on.ca
Entry Deadline: Wed, Feb. 17

Snowboarding Festival (YRAA)

Wed, March 3, TBA
Richard Cherry, York DSB Board Office
richard.cherry@yrdsb.edu.on.ca
Entry Deadline: Tues, Feb. 23

Swimming (ROPSSAA)

Tues - Wed, March 2 - 3, Etobicoke
Michelle Harshman, Mayfield SS
P: 905.846.6060 F: 905.843.9543
michelle.bettig@peelsb.com
Entry Deadline: Wed, Feb. 22

Wrestling (WOSSAA)

Wed - Fri, March 3 - 5, Tilsonburg
Lloyd Renken, Glendale HS
P: 519.842.4207 F: 519.842.4551
l.renken@tvdsb.on.ca
Entry Deadline: Tues, Feb. 23

Boys' A Basketball (NOSSA)

Mon - Wed, March 8 - 10, Sturgeon Falls
Richard Lachance, ES Northern SS
P: 705.753.0220 F: 705.753.2400
tchurd@personainternet.com
Entry Deadline: Tues, March 2

Boys' AA Basketball (SWOSSAA)

Mon - Wed, March 8 - 10, Windsor
Pat Osborne, John L. Forster SS
P: 519.253.1166 F: 519.253.6967
pat.osborne@gecdsb.on.ca
Entry Deadline: Tues, March 2

Boys' AAA Basketball (EOSSAA)

Mon - Wed, March 8 - 10, Kingston
Suche James, Frontenac SS
P: 613.389.2130 F: 613.389.8042
jamesse@limestone.on.ca
Entry Deadline: Tues, March 2

Boys' AAAA Basketball (LOSSA)

Mon - Wed, March 8 - 10, Whitby
Michael Kennelly, O'Neill C & VS
P: 905.728.7531 F: 905.728.2425
michael_kennelly@durham.edu.on.ca
Entry Deadline: Tues, March 2

Girls' A Volleyball (NWOSSAA)

Tues - Wed, March 9 - 10, Kenora
Bob Kowell, St. Thomas Aquinas HS
P: 807.548.8282 F: 807.548.1946
bcowell@kcdb.on.ca
Entry Deadline: Wed, March 3

Girls' AA Volleyball (EOSSAA)

Tues - Wed, March 9 - 10, Perth
Shawn Retty, St. John Catholic HS
P: 613.283.4477 F: 613.283.7622
shawn.retty@cdsbeo.on.ca
Entry Deadline: Wed, March 3

Girls' AAA Volleyball (WOSSAA)

Tues - Wed, March 9 - 10, Stratford
Helen Thomson & Sanie Ennett,
St. Michael CSS
P: 519.271.0890 F: 519.271.8250
helen_thomson@hpcdsb.edu.on.ca,
sandie_ennett@hpcdsb.edu.on.ca
Entry Deadline: Wed, March 3

Girls' AAAA Volleyball (GBSSA)

Tues - Wed, March 9 - 10, Barrie
Nadia Fairbairn, Innisdale SS
P: 705.726.2552 F: 705.726.5422
nfairbairn@mail.scdsb.on.ca
Entry Deadline: Wed, March 3

Girls' A/AA Hockey (WOSSAA)

Mon - Thurs, March 22 - 25, Wingham
Daryl Wheeler, F.E. Madill SS
P: 519.357.1800 F: 519.357.4137
darylwhee@fc.amdsb.ca
Entry Deadline: Thurs, March 11

Girls' AAA/AAAA Hockey (NCSSAA)

Tues - Fri, March 23 - 26, Richmond
John Sunstrum, South Carleton HS
P: 613.838.2212 F: 613.838.5694
john.sunstrum@ocdsb.ca
Entry Deadline: Thurs, March 11

Boys' A/AA Hockey (SOSSA)

Tues - Fri, March 23 - 26, St. Catharines
Billy McLaren, & Frank Cappelletti, Denis
Morris HS
P: 905.684.8731 F: 905.684.4050
william.mclaren@ncdsb.com
frank.cappelletti@ncdsb.com
Entry Deadline: Thurs, March 11

Boys' AAA/AAAA Hockey (SOSSA)

Tues - Fri, March 23 - 26, St. Catharines
Billy McLaren, & Frank Cappelletti, Denis
Morris HS
P: 905.684.8731 F: 905.684.4050
william.mclaren@ncdsb.com
frank.cappelletti@ncdsb.com
Entry Deadline: Thurs, May 11

Boys' & Girls' Curling (TDCAA)

Wed - Sat, March 24 - 27, Toronto
Peter Tomassetti & Renee Platt, Cardinal
Newman CSS
P: 416.393.5519 F: 416.393.5110
peter.tomassetti@tcdsb.org
renee.platt@tcdsb.org
Entry Deadline: Thurs, March 11

Girls' Gymnastics (Committee)

TBA
Contact OFSAA office for details.

Badminton (WOSSAA)

Thurs - Sat, May 6 - 8, Wingham
Martin Ritsma, F.E. Maill SS
P: 519.357.1800 F: 519.357.4137
martrits@fc.amdsb.ca
Entry Deadline: Wed, April 28

Tennis (Committee)

Mon - Tues, May 31 - June 1, Toronto
Contact OFSAA office for details.
Entry Deadline: Sun, May 23

Boys' A/AA Field Lacrosse Festival (LOSSA)

Tues, June 1, Ajax
Michael Heffernan, Archbishop Denis
O'Connor CHS
P: 905.427.6667 F: 905.427.7234
michael.heffernan@dcdsb.ca
Entry Deadline: Wed, May 26

Boys' AAA/AAAA Field Lacrosse Festival (CISAA)

Thurs - Fri, June 3 - 5, Toronto
Alex Frescura, St. Michael's College
p: 416.653.3180 F: 416.653.7704
frescura@smcsmail.com
Entry Deadline: Sun, May 30

Girls' A/AA Rugby (SWOSSAA)

Mon - Wed, May 31 - June 2, Sarnia
Stu Baillie, St. Clair SS
P: 519.332.1140 F: 519.332.5039
baillist@lkdsb.net
Entry Deadline: Sun, May 30

Girls' AAA/AAAA Rugby (TDCAA)

Thurs - Sat, June 3 - 5, Toronto
Eva Roser, Cardinal Newman
P: 416.393.5519 F: 416.393.5510
eva.roser@tcdsb.org
Entry Deadline: Sun, May 30

Boys' A/AA Rugby (CWOSSA)

Thurs - Sat, June 3 - 5, Erin
Gary Robinson, Erin DHS
P: 519.833.9665 F: 519.833.7455
Entry Deadline: Sun, May 30

Boys' AAA/AAAA Rugby (LOSSA)

Wed - Fri, June 2 - 4, Oshawa
Bryan Armstrong, Port Perry HS
P: 905.985.7337 F: 905.985.8323
armstrong_bryan@durham.edu.on.ca
Entry Deadline: Thurs, May 27

Track & Field (West)

Thurs - Sat, June 3 - 5, London
Entry Deadline: Sun, May 30

Boys' A Soccer (SWOSSAA)

Thurs - Sat, June 3 - 5, Windsor
Paul Thomas, Academie Ste. Cecile
P: 519.969.1291 F: 519.969.7953
paulthomas14@yahoo.ca
Entry Deadline: Sun, May 30

Boys' AA Soccer (NOSSA)

Thurs - Sat, June 3 - 5, Windsor
JJ Dowhan, Hon. W.C. Kennedy SS
P: 519.254.6475 F: 519.254.6750
jj.dowhan@gecdsb.on.ca
Entry Deadline: Sun, May 30

Boys' AAA Soccer (NOSSA)

Thurs - Sat, June 3 - 5, Sudbury
Paul Hatzis, Lockerby Composite School
P: 705.522.1750 F: 705.522.0658
Entry Deadline: Sun, May 30

Boys' AAAA Soccer (SOSSA)

Thurs - Sat, June 3 - 5, Hamilton
Steve Kountouris, Saltfleet DHS
P: 905.573.3000 F: 905.573.2408
steve.kountouris@hwdsb.on.ca
Entry Deadline: Sun, May 30

Girls' A Soccer (NOSSA)

Thurs - Sat, June 3 - 5, Hanmer
Jean-Gilles Larocque, Bishop Alexander
Carter CSS
P: 705.969.2212 F: 705.969.8133
Entry Deadline: Sun, May 30

Girls' AA Soccer (SWOSSAA)

Thurs - Sat, June 3 - 5, Sarnia
Frank Brennan, St. Christopher SS
P: 519.541.1811 F: 519.541.1814
frank.brennan@stft-clair.net
Entry Deadline: Sun, May 30

Girls' AAA Soccer (SWOSSAA)

Thurs - Sat, June 3 - 5, TBA
Stacey Ditchfield & Mike McKittrick,
Catholic Central HS
P: 519.256.3171 F: 519.256.6691
stacey_ditchfield@wecdsb.on.ca
mike_mckittrick@wecdsb.on.ca
Entry Deadline: Sun, May 30

Girls' AAAA Soccer (SOSSA)

Thurs - Sat, June 3 - 5, Hamilton
Steve Kountouris, Saltfleet DHS
P: 905.573.3000 F: 905.573.2408
steve.kountouris@hwdsb.on.ca
Entry Deadline: Sun, May 30

Boys' Baseball (Committee)

TBA, Toronto

Boys' Baseball - East Region Semi-Final (LOSSA)

TBA
Geoff Whent, Sinclair SS
P: 905.666.5400 F: 905.666.6902
geoffwhent13@rogers.com

Boys' Baseball - West Region Semi-Final

Windsor
Larry Loebach, St. Anne SS
P: 519.735.6024 F: 519.735.2779

FOR COMPLETE CHAMPIONSHIP DETAILS VISIT www.ofsaa.on.ca

OFSAA Boys' A/AA Field Lacrosse Festival

Peterborough

June 1 - 2, 2009



This was the third year of the OFSAA competition for Boy's Field Lacrosse. This year Holy Cross (COSSA) played host, using Trent University as the primary competition venue.

The world class lacrosse field allowed for a great atmosphere for the fans and players.

In a repeat of last year's final, Hagersville once again defeated Holy Cross to win the festival.

Congratulations to team members Jory Bomberly, Vaughn Harris, Hubert Hill, Wayne Hill, Ryley Johnson, Michael Miller, Jordan Wright, Joesph Martin, Ryan Gibson, Tyler

Hill, Johnathan Powless, Kody Staats, David VanEvery, Steven Whitlow, Robert Green, Danny Vyse, Brennan Bomberly, Luke Hill, Wade Hill, Greg Longboat, Dylan Maracle, Paul Porter, Josh Johnson, and coaches Delby Powless and Jeannie Martin.

OFSAA would like to thank Bev Quinlan and Randy Riel and their entire organizing committee for convening an excellent festival, which included a great banquet for the players and coaches.

Hosted by LOSSA, The Boys' A/AA Field Lacrosse festival will be moving to Ajax in 2010.

Participating Teams

Pool A

Holy Cross	COSSA
Mother Teresa	NCSSAA
Hagersville	SOSSA
Archbishop D. O'Connor	LOSSA

Pool B

McKinnon Park	SOSSA
Courtice	LOSSA
Kenner	COSSA
Lakefield	COSSA

Semi-Finals

Hagersville	9
Kenner	4

Holy Cross	9
McKinnon Park	7

Third Place Game

Kenner	8
McKinnon Park	6

First Place Game

Hagersville	13
Holy Cross	10

OFSAA Boys' AAA/AAAA Field Lacrosse Festival

Aurora

June 4 - 5, 2009

Aurora High School hosted the 2009 Boys' AAA/AAAA Field Lacrosse Festival. The two-day event featured many great games, with the competition continuing to improve with each year of the festival.

St. Peter's Secondary School won this year's festival by defeating top seeded Holy Cross Catholic Secondary School.

Congratulations to Kyle Holton, Jeremiah Ryan, Tyler Baker, Eric Bissell, Bradley Barker, Connor Blair, Mitchell

Gillam, Joshua Gregory, Michael Hickey, Riley McGillis, Jacob O'Grady, Joe Bedlington, Jeffery Swift, Stephen Nicholls, Jordan Barnes, Nathan White, Ryley Keating, Mike Thomas, Jesse Gregory, Cameron Healey, Brendan Munroe, Lucas Sullivan, Brandon Howes, and coach Rob McGillis.

Special thanks to Rob Bladon and his organizing committee for hosting this year's festival.

Participating Teams

Pool A

Holy Cross CSS	SOSSA
Notre Dame CSS	GHAC
Sir William Mulock SS	YRAA

Pool B

St. Andrews College	CISAA
Mayfield SS	ROPSSAA
Aurora HS	YRAA

Pool C

St. Peter's SS	COSSA
Msgr Paul Dwyer CHS	LOSSA
Brampton Centennial SS	ROPSSAA

Pool D

Father Leo Austin CSS	LOSSA
Malvern CI	TDSSAA
St. Joseph CHS	EOSSAA

Semi-Finals

Holy Cross	7
Father Leo Austin	4

St. Peter's	10
St. Andrews College	7

Third Place Game

St. Andrews College	8
Father Leo Austin	7

First Place Game

St. Peter's	14
Holy Cross	11

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LAURIER

RYAN PYEAR QUARTERBACK

Wilfrid Laurier University Golden Hawks

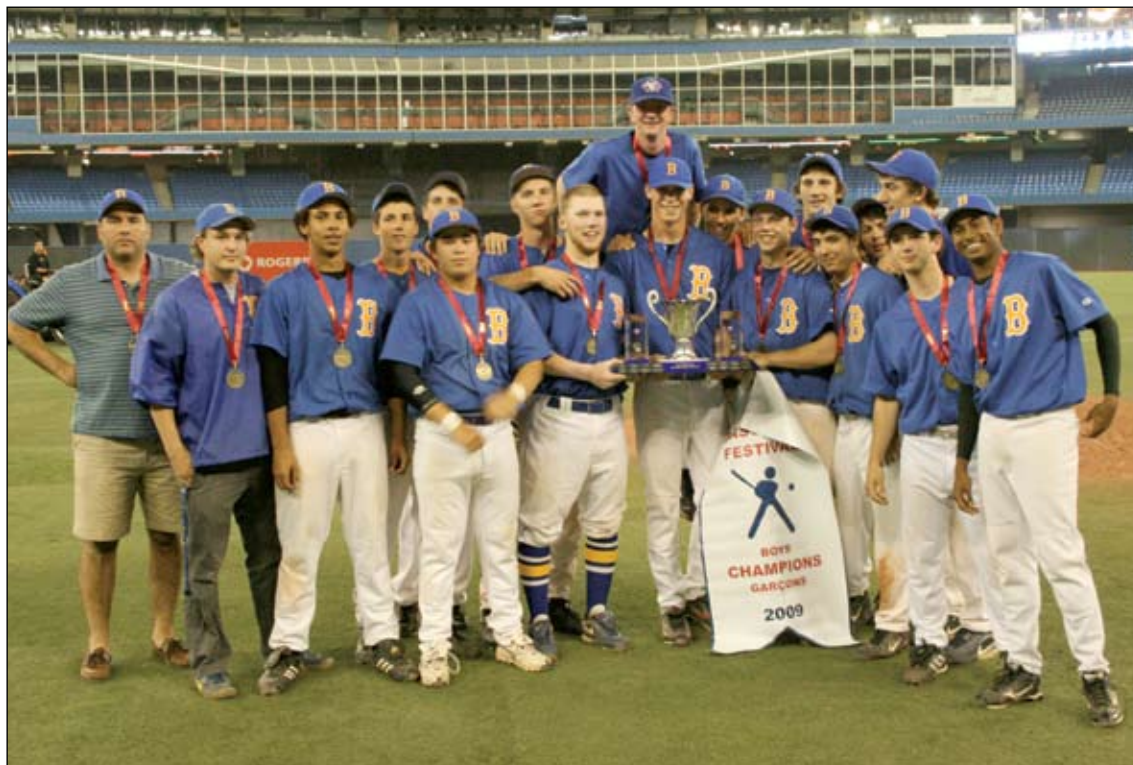
Sport: Football
Program: Bachelors Degree in English (2005)
High School: Centennial Secondary School
Hometown: Belleville, ON
Profession: Offensive Coordinator, WLU Football

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Championship *Toronto* *June 9 - 10, 2009*



A huge thank you to Mike Mallory and Grant Campbell,



Another big thank you as well to the Toronto Blue Jays for their support of this OFSAA championship.

St. Mary's	LOSSA	Notre Dame	GHAC
Birchmount	TDSSAA	Pickering HS	LOSSA
Lambton Central	SWOSSAA	Edmund Campion	ROPSSAA
Michael Power	TDCAA	York Mills	TDSSAA
Bishop Tonnos CSS	GHAC	King City	YRAA
Huron Heights	YRAA	St. Andrew's	CISAA
Guelph C & VI	CWOSSA	St. Joseph's (Ottawa)	NCSSAA
Waterdown HS	SOSSA	St. Joseph's (Cornwall)	EOSSAA

Birchmount	4
Pickering HS	2

OFSAA Boys' A/AA Rugby

Waterford June 3 - 5, 2009

The Leadership in School Sport Award was also presented during the banquet, and was given to Jamie Hewitt from Stouffville District Secondary School. Jamie has been contributing to school sport as a coach, convenor and organizer for more than 10 years.



Also, thank you and congratulations goes to Waterford District High School for not only hosting the championship but also for being selected by tournament officials as winners of the Team Sportsmanship Award.

Trinity College School	CISAA
Adam Scott CVI	COSSA
Trenton HS	COSSA
Saugen District SS	CWOSSA
Waterford District HS	CWOSSA
Rockland District HS	EOSSAA
Bracebridge & Muskoka Lakes SS	GBSSA
Aldershot SS	GHAC
Brock HS	LOSSA
Ashbury College	NCSSAA
Mentor College	ROPSSAA
Holy Cross HS	SOSSA
Eden HS	SOSSA
St Clair SS	SWOSSAA
St Anne's Catholic SS	WOSSAA
Stouffville District SS	YRAA

Brock	8
Stouffville	8 (SO)

Trenton	16
Stouffville	6

OFSAA Boys' AAA/AAAA Rugby

Stoney Creek June 3 - 5, 2009

Saltfleet District HS hosted this year's Boys' AAA/AAAA Rugby Championship. The competition was held under sunny skies and on green grass at Mowhawk Park in Stoney Creek.

Lindsay C & VI played excellent rugby throughout the competition and captured the gold medal over Lorne Park. Congratulations to Jesse Sirrs, Nathan Reeves, Taylor Roddick, Russell Pearce, James McKeown, Jesse Deschenes, Grant McLean, Kristopher Osborne, John Barrett Brock Burge, Johnathan Eastman, Darcy Hardy, William Kuypers, Zachary Turpin, Ryan Drinkwalter, Michael Smiley, Timothy-Jake Doran, Stirling Little, Cooper Jopling, Luc Pearson, Glenn Eadie, James Elmy, Kevin George, Jeremy McCarty, Derek Sargent, and coach Ron Augustine.

Congratulations must also be extended to St. Peter's for winning the prestigious Team Sportsmanship Award. The team displayed fair-play and a commitment to sportsmanship throughout the competition.

The Leadership in School Sport Award was presented to Paul Connelly of Uxbridge SS for his outstanding dedication to school sport. Paul has dedicated years to coaching, and his passion for the sport can be seen in every game his team plays. Paul has also been involved



Photo by Adrian Gauthier.

as a convenor, and hosted last year's Boys' AAA/AAAA Rugby Championship.

Thank you to Paul Pendakis and his organizing committee for hosting an outstanding championship with great facilities, perfect conditions and an excellent banquet.

Participating Teams		Consolation Quarter-Finals		Consolation Semi-Finals	
Upper Canada College	CISAA	Malvern	34	Napanee	10
Lindsay C & VI	COSSA	Dr. Williams	5	Malvern	9
St. John's College	CWOSSA	Napanee	24	Orchard Park	10
Napanee DSS	EOSSAA	UCC	0	St. Peters	0
Barrie Central CI	GBSSA	Orchard Park	15	Championship Semi-Finals	
Oakville Trafalgar HS	GHAC	Marshall McLuhan	8	Lindsay	10
Uxbridge SS	LOSSA	Medway	17	Barrie	0
St. Peter CHS	NCSSAA	St. Peters	17 (SO)	Lorne Park	28
Lorne Park SS	ROPSSAA	Championship Quarter-Finals		St. John's	14
Saltfleet DHS	SOSSA	Lindsay	7	Consolation Final	
Orchard Park SS	SOSSA	Bluevale	3	Orchard Park	13
Bluevale CI	CWOSSA	Barrie	13	Napanee	0
Marshall McLuhan CSS	TDCAA	Uxbridge	12	Bronze Medal Game	
Malvern CI	TDSSAA	St. John's	17	St. John's	16
Medway HS	WOSSAA	Oakville Trafalgar	7	Barrie Central	10
Dr. G.W. Williams SS	YRAA	Saltfleet	3	Gold Medal Game	
		Lorne Park	3 (SO)	Lindsay	20
				Lorne Park	11



OFSAA Girls' A/AA Rugby

Belleville June 1 - 3, 2009

Excitement was in the air for the 2009 Girls' A/AA Rugby Championship in Belleville. Convenor and head coach David Whitney of the Bayside SS girls' rugby team delivered on this excitement with a wonderfully run championship, ending in a thrilling final game between the two hometown teams: Bayside SS and Trenton HS. Congratulations to Trenton, who were able to keep their title as gold medal champions.

Congratulations to Trenton HS players Alexis Allison, Elizabeth Andrews, Amber Butts, Alyssa Cormier, Brittany Cote, Kelsey Culver, Cierra Draker, Keisha Evans, Phillipa Fitzpatrik, Lucy Foss, Sara Galloway, Morgan Houde-Pearce, Jennifer Kelly, Shannon Lee, Rachel Maynard, Audrey MacDonald, Alison McWhirter, Dannan Mills, Shannon Novroski, Chantel Pilon, Raven Roe, Joannie Savard, Jennifer Savard, Hilary Schick, Danielle Skirrow, Ella Smith, Jade Stonehouse, Tenecia Williams, Samantha Willman, Hannah Wilson, and coaches Dave Lanovaz, Brian Meindl, Tom Gauthier and Jennifer Reid.



Thank you to David Whitney and his championship organizing committee for putting together this great event.

The OFSAA Leadership in School Sport Award was given to Bill Wellwood, long time supporter and pioneer in girls' rugby for the area.

The Team Sportsmanship Award was given to Mother Teresa from NCSSAA. Congratulations to the team and coaches for winning this prestigious award.

Participating Teams		Consolation Quarter-Finals		Consolation Semi-Finals	
Lakefield College	CISAA	St. Anne's CSS	24	Beamsville DSS	8 (OT)
Bayside SS	COSSA	Mentor College	10	Courtice SS	5
Trenton HS	COSSA	Burlington Central HS	12	Burlington Central HS	12
Bishop MacDonell CHS	CWOSSA	Mother Teresa	0	St. Anne's CSS	10
Sacred Heart HS	CWOSSA	Beamsville DSS	22	Championship Semi-Finals	
Rockland DHS	EOSSAA	St. Paul CHS	0	Bayside SS	15
Park Street CI	GBSSA	Courtice SS	10	Rockland DHS	5
Burlington Central HS	GHAC	Lakefield College	5	Trenton HS	29
Brock HS	LOSSA	Championship Quarter-Finals		St. Clair SS	0
Courtice SS	LOSSA	Bayside SS	12	Consolation Final	
Mother Teresa	NCSSAA	Sacred Heart HS	0	Burlington Central HS	8
St. Paul CHS	NCSSAA	Rockland DHS	12	Beamsville DSS	0
Mentor College	ROPSSAA	Brock HS	7	Bronze Medal Game	
Beamsville DSS	SOSSA	St. Clair SS	14	Rockland DHS	
St. Clair SS	SWOSSAA	Park Street CI	6	St. Clair SS	
St. Anne's CSS	WOSSAA	Trenton HS	17	Gold Medal Game	
		Bishop MacDonell CHS	5	Trenton HS	
				Bayside SS	





OFSAA Girls' AAA/AAAA Rugby

Brampton June 1 - 3, 2009

Congratulations to Girls' AAA/AAAA Rugby Gold medal winners Centennial C & VI Spartans from Guelph, led triumphantly by players Hayley Arcand, Lisa Ashworth, Alexa Avelar, Maria Biliato, Meghan Birbeck, Laura Brown, Erin Coates, Toril Collingwood, Charmaine Collins, Kacie Conrad, Brittney Crawford, Sabrina Farrell-Cornwell, Hannah Grey, Shannon Harding, Sarah Hobson, Shveta Kanetkar, Brittany Kassil, Sarah Keating, Chloe Korol, Rebecca LaPorte, Sarah-Anne Marion, Jacequeline Martin, Brittany McHaffie, Morgan McHaffie, Lindsay McLaren, Niki Moffit, Lauren Rattray, Robinson Nicole, Katie Roth, Allison Rudland, Megan Sona, Jocelyn Stefan, Laura Toombs, Courtney Tran, Zoe Treahy-Geofreda, Marika Watson, Samantha Wood, Shona Zanyk-McCormack, Nicole Fleming, and coaches Wade Schwark, Paul Denoon, and Stephanie Armstrong.



Photo by Adrian Gauthier.

The Team Sportsmanship Award was given to Centennial SS in Belleville for their positive attitude and enthusiasm on and off the field. Congratulations to the athletes and coaches of Centennial SS.

A big thank you to convenor and Girls' Rugby Sport Advisory Committee chair, Mike Gauley for hosting

this championship. Mike and his organizing committee put forth an incredible amount of effort to make this an amazing event.

The OFSAA Leadership in School Sport Award was given to Matt Piemontese during the banquet. Matt has been dedicated to promoting and encouraging success in his athletes for many years.

Participating Teams

Centennial SS	COSSA
Centennial C & VI	CWOSSA
Arnprior DHS	EOSSAA
Barrie Central SS	GBSAA
Oakville Trafalgar HS	GHAC
Pickering HS	LOSSA
Ashbury College	NCSSAA
St. Peter CHS	NCSSAA
Applewood Heights SS	ROPSSAA
Mayfield SS	ROPSSAA
Lakeshore CSS	SOSSA
Cardinal Newman CSS	TDCAA
Northern SS	TDSSAA
Malvern CI	TDSSAA
A.B. Lucas SS	WOSSAA
Dr. John Denison	YRAA

Consolation Quarter-Finals

Centennial SS	34
Malvern CI	0

Dr. John Denison	17
Cardinal Newman CSS	0

Barrie Central SS	22
Arnprior DHS	5

St. Peter CHS	8
A.B. Lucas SS	5

Championship Quarter-Finals

Centennial C & VI	7
Mayfield SS	5

Lakeshore CSS	12
Pickering HS	7

Ashbury College	6
Northern SS	0

Applewood Heights SS	3
Oakville Trafalgar HS	0

Consolation Semi-Finals

Centennial SS	21
Dr. John Denison	7

St. Peter CHS	3
Barrie Central SS	0

Championship Semi-Finals

Ashbury College	8
Applewood Heights SS	5

Centennial C & VI	15
Lakeshore CSS	0

Consolation Final

Centennial SS	36
St. Peter CHS	0

Bronze Medal Game

Applewood Heights SS	21
Lakeshore CSS	0

Gold Medal Game

Centennial C & VI	10
Ashbury College	0

OFSAA Boys' A Soccer

London June 4 - 6, 2009

London District Christian SS played host to this year's Boys' A Soccer Championship. Teams were treated to perfect soccer conditions and a very well-organized tournament thanks to the hard work of convenors Eric Lammers, Jerry Roukem and their organizing committee.

Guido De Bres took home the gold medal with a 3 - 1 win over Pain Court.

Congratulations to winning team members Geoff Hofsink, Darren Schutten, Mark faber, Kyle VanderWoude, Jonathan VanSpronsen, Justin Vanderee, nick Dantuma, Jason Schulenberg, Joel Gritter, Ryan Bosscher, Tyler Komdeur, Sheldon Winkel, Lennart deVisser, Sheldon Gelderman, Steven Boot, Nathaniel



Photo by Sheryl Bakker.

Schutten, Matthew deBoersap, and coaches Timothy Wildeboer and James Lof.

Norwich District High School must also be congratulated for winning the Team Sportsmanship Award by demonstrating an outstanding commitment to fair play and setting an example for all teams.

At the championship banquet, which treated guests to a delicious meal, Paul Buma from London District Christian High School was presented with the Leadership in School Sport Award.

Paul has a true love for sport and has coached soccer, badminton and basketball at his high school. He is respected by other coaches and parents for his ability to push his athletes to excel while ensuring the importance of sportsmanship is recognized.

Participating Teams

Pool A

Norwich	WOSSAA
St. Joe's CHS	EOSSA
Acton	GHAC
St. Dominic CSS	GBSSA

Pool B

Ashbury	NCSSAA
Marathon HS	NWOSSAA
Rockway Mennonite	CWOSSA
Kapuskasing District HS	NEOAA

Pool C

London DCSS	WOSSA
Jeunes Sans Frontieres	ROPSSAA
St. Benedicts Catholic	NOSSA
Beacon	SOSSA

Pool D

Pain Court	SWOSSAA
Nelson A. Boylen	TDSSAA
Guido de Bres	SOSSA
Kings Christian	GHAC

Quarter-Finals

St. Joe's CHS	2 (SO)
Kapuskasing	1

Guido de Bres	5
St. Benedicts	0

Ashbury	5
Acton	2

Pain Court	2
Beacon	1

Semi-Finals

Pain Court	3
Ashbury	2

Guido de Bres	5
St. Joe's CHS	0

Bronze Medal Game

Ashbury	3
St. Joe's CHS	0

Gold Medal Game

Guido de Bres	3
Pain Court	1

OFSAA Boys' AA Soccer

Stoney Creek/Hamilton June 4 - 6, 2009



The Boys' AA Soccer Championships took place at Mowhawk Park in Stoney Creek and at host school Hamilton District Christian High. Fields were in perfect condition and championship convenors Ron Oppertshauser, Nathan Siebenga and their organizing committee put on a first class event.



Top ranked team, Governor Simcoe, took the title with a nail biting shoot-out win in the championship game over Woodroffe. Congratulations to winning team members Jay Fast, Lirim Hajrullahu, John Schappert, Carlos Williams, Mark Catella, Thomas Jakobs, Andrew Richard, Husam Ali, Greg Bush, Shane Brotherson, Patrick Goertzen, Brayden Toole, Darius Archer, Codie Bacher, Spencer De Wolfe, Spencer Dottin, Chris Gill, Kyle Jukes, Ryan McShannon, and coaches Cam Donevan and Steve Torok.

Congratulations must also be extended to St. Joseph's High School for being selected as the Team Sportsmanship Award winners.

Besides exciting soccer matches, the championship also hosted a banquet which included musical entertainment, delicious meals, and special guest speaker Nigel Reed of Toronto's FAN 590 and the voice of Major League Soccer on CBC.

The banquet also allowed for the presentation of the Leadership in School Sport Award, which was awarded to a surprised Nathan Siebenga from Hamilton District Christian who continues to dedicate his time to coaching and elevating the play of his school's soccer program.

Participating Teams

Pool A

Governor Simcoe
Woodroffe HS
Our Lady of Lourdes SS
Richmond Green SS
St. Thomas Aquinas

SOSSA
NCSSAA
CWOSSA
YRAA
GHAC

Pool C

St. Christopher's SS
Monsignor Pereyma
Lo-Ellen Park SS
Carleton Place HS
Bayside SS

SWOSSAA
LOSSA
NOSSA
EOSSAA
COSSA

Pool B

St. Joseph's HS
Fort Francis SS
Courtice SS
Bishop Marrocco
É.S. Theirault

WOSSAA
NWOSSAA
LOSSA
TDCAA
NEOAA

Pool D

St. Paul's CSS
George Harvey CI
Holy Trinity HS
Hamilton DCH
Hon. Kennedy CI

ROPSSAA
TDSSAA
GBSSA
SOSSA
SWOSSAA

Quarter-Finals

Woodroffe	2
Bishop Marrocco	0
HDCH	1 (OT)
St. Christopher	0
WC Kennedy	3
Lo-Ellen Park	0
Governor Simcoe	2
St. Joseph's HS	1

Semi-Finals

Woodroffe	1
WC Kennedy	0
Governor Simcoe	3
Hamilton DCH	2

Bronze Medal Game

WC Kennedy	5
Hamilton DCH	4

Gold Medal Game

Governor Simcoe	1 (SO)
Woodroffe	0



OFSAA Boys' AAA Soccer

Windsor June 4 - 6, 2009



After a city strike closed all the Windsor soccer fields, convenors Mike McKittrick and Rocco Facchineri and their organizing committee were forced to relocate the tournament to the Vollmer Complex in LaSalle. Despite having to make all the arrangements for a change of venue, the organizing committee was able to hold a fantastic championship, highlighted with the final matches taking place at

the new field at the University of Windsor Stadium.

St. Ignatius SS (NWOSSAA) defeated host school Catholic Central (SWOSSAA) to win this year's Boys'



AAA Soccer Championship. Congratulations to team members Dylan Augruso, Skander Babay, Kurt Bengall, Jonathon Czaczkowski, Frank Felice, Kristof Karpiuk, Anthony Laudone, Nicholas Lopez, Michael Manzini, Patrick Mauro, Lucas Migliazza, Brandon Mossop, Michael Nymark, Jesse Osmulski, Cristian Pilat, Vincent Pilat, Vincent Pileggi, Joshua Rebelo, Adam Schenk, Geoffrey Terpstra, Maximilan Vaclav, Christopher West, Cam Wilson, Carlos Pernia, Matthew Quarrell, Patrick Miniaci, Zachary Rocco, Nikilas Pykari, and coaches Pino Tassone, Mike Ianni, Frank Carpino, Frank Ianni, and John Ianni.

Congratulations also to East Elgin SS (WOSSAA) for being selected as the tournament's Team Sportsmanship Award winner for their fair play and commitment to sportsmanship throughout the competition.

Athletes and coaches were treated to a wonderful banquet where Leo Moscone from St. Anne High School was presented with the Leadership in School Sport Award. Leo has been involved in coaching in the school system for 20 years as well as been involved as a convenor, and official. Congratulations Leo!

Thank you to Catholic Central, the convenors and the organizing committee for hosting an excellent championship.

Participating Teams

Pool A

Bishop P.F. Reding SS
St. Pius X CHS
Upper Canada College
St. David CSS
Riverside SS

GHAC
NCSSAA
CISAA
CWOSSA
SWOSSAA

Pool C

St. Marcellinus CI
East Elgin SS
Senator O'Connor
Widdifield SS
Catholic Central HS

ROPSSAA
WOSSAA
TDCAA
NOSSA
SWOSSAA

Pool B

St. Jean de Brebeuf CHS
Kingston C. & VI
Holy Trinity SS
St. Peter's SS
St. Ignatius SS

YRAA
EOSSAA
LOSSA
GBSSA
NWOSSAA

Pool D

A.N. Meyer SS
St. Paul SS
St. John's College
St. Mary HS
Martingrove CI

SOSSA
COSSA
CWOSSA
GHAC
TDSSAA

Quarter-Finals

Bishop P.F. Reding	1
Holy Trinity	0
Catholic Central	4
St. John's College	1
St. Ignatius	3
Riverside	0
Senator O'Connor	2
A.N. Meyer	0

Semi-Finals

Catholic Central	2 (OT)
Bishop PF Reding	0
St. Ignatius	1
Senator O'Connor	0

Bronze Medal Game

Senator O'Connor	2
Bishop PF Reding	1

Gold Medal Game

St. Ignatius	1
Catholic Central	0



OFSAA Boys' AAAA Soccer

Toronto June 4 - 6, 2009



After three days of fantastic soccer action, St. Edmund Campion (ROPSSAA) defeated St. Thomas Aquinas (WOSSAA) in a penalty shoot-out. Congratulations is extended to team members Roan Baxter, Kwabena Boateng, Yanick Brown, Tristan Costa, Lucas DeLima Rosa, Tairiq Donegan, Teniel Gordon, Antonio Ilic, Paris Lavega, Ryan Martin, William Mera, Ian Nanco, Carlos Nogueira, Jonathan Osorio, Brandon Simoes, Nathan

Wray, Luis Zuniga, and coaches Greg Spagnoli and Carmelina Galati.

The Team Sportsmanship Award was presented to Sir Robert Borden for competing hard throughout the competition, while at the same time demonstrating excellent actions of sportsmanship and fair play. Congratulations to those athletes and coaches.

Thank you to George Kourtis and his organizing committee for hosting this year's championship, which received much praise from attending schools.

George Kourtis must also be congratulated for receiving the Leadership in School Sport Award at the championship's banquet. George has a real passion for sport and has been involved in coaching soccer, rugby and basketball as well as developing sport programs in the TDSB.

Participating Teams			
Pool A		Pool C	
St. Thomas Aquinas	WOSSAA	St. Theresa Lisieux	YRAA
East York CI	TDSSAA	Dante Alighiere Ac.	TDCAA
Notre Dame College	SOSSA	Denis O'Connor HS	LOSSA
Christ the King CSS	GHAC	York Mills CI	TDSSAA
Pool B		Pool D	
St. Edmund Campion	ROPSSAA	Cardinal Newman CSS	GHAC
Ursuline College	SWOSSAA	St. Mary's HS	CWOSSA
Sir Robert Borden HS	NCSSAA	St. Michael's College	CISAA
St. Joan of Arc SS	GBSSA	Brebeuf College	TDCAA

Quarter-Finals			
St. Thomas Aquinas	3	St. Theresa of Lisieux	4
Sir Robert Borden HS	2	St. Michael's College	1
Semi-Finals			
St. Edmund Campion	6	St. Thomas Aquinas	1
East York CI	0	St. Theresa of Lisieux	0
Cardinal Newman	2	St. Edmund Campion	4
Dennis O'Connor	1	Cardinal Newman	1
Bronze Medal Game			
St. Theresa of Lisieux	3 (OT)		
Cardinal Newman	2		
Gold Medal Game			
St. Thomas Aquinas	4 (SO)		
St. Edmund Campion	3		

OFSAA Girls' A Soccer

Smithville June 4 - 6, 2009



The 2009 OFSAA Girls' A Soccer Championship was held in Smithville by the defending champions, Smithville DCHS.

The enthusiasm and hard work of convenor Fred Breukelman made the championship a fantastic event. Thank you to Fred! Past president Marg McGill was also a big help and provided support for OFSAA in Smithville. Thank you to Marg for her continued dedication to OFSAA.

Congratulations to long-time local coach from Guido De Bres, Art Witten, who was recognized with the OFSAA Leadership in School Sport Award in honour of his commitment to education through school sport.

Collège Français from Toronto was the recipient of the Team Sportsmanship Award. Congratulations to Collège Français for winning this prestigious award.



Congratulations to the Glengarry Gaels from Glengarry DHS for their gold medal win. Team members include Lindsay Boisvenue, Fallon Blais, Riley Filion, Quinn MacKinnon, Hannah Magoon, Luisa Bock, Meagan Stones, Laura MacGillivray, Taffita Chadsey, Kayla McLeod, Alison McCormick, Vanessa Gareau, Braelyn MacMaster, Teri Currier, Elizabeth McCormick, Kyrsten Hay, Courtney Rawlings, Dana Vaillancourt, Cassie McDonnell, Lucee MacLean, Olivia Schlauri, Hadie St. Denis, and coach, Marc Sauvé.

Participating Teams			
Pool A		Pool C	
Smithville DCHS	SOSSA	É.S. Centre Desloges	WOSSAA
College Francais	TDSSAA	É.S. Paincourt	SWOSSAA
Notre Dame CHS	EOSSAA	St. Thomas Aquinas HS	NWOSSAA
Acton DHS	GHAC	Trinity College	CISAA
Pool B		Pool D	
Glengarry DHS	EOSSAA	Villanova College	CISAA
Rockway Mennonite	CWOSSA	É.S. Algonquin	NOSSA
É.S. Catholique Hearst	NEOAA	Ashbury College	NCSSAA
É.S.C. Nouvelle Alliance	GBSSA	Guido De Bres Christian HS	SOSSA

Quarter-Finals			
Smithville DCHS	5	Villanova College	3
Rockway Mennonite	1	É.S. Centre Desloges	0
Glengarry DHS	7	Semi-Finals	
Acton DHS	0	Villanova College	2
Trinity College	2	Smithville DCHS	0
Guido De Bres	0	Glengarry DHS	3
		Trinity College	0
Bronze Medal Game			
Trinity College	4		
Smithville DCHS	1		
Gold Medal Game			
Glengarry D.H.S.	1		
Villanova College	0		

OFSAA Girls' AA Soccer

Kenora June 4 - 6, 2009

Convenors Reg McDonald and David Tresoor at Beaver Brae played host for their second time this year to a well-run and exciting championship. The two also hosted the Girls' AA Volleyball Championship in March 2009.

Thank you to Reg, Dave and their great organizing committee for putting together a top notch event twice in one year. Thank you also to OFSAA President, Martin Ritsma for his support of OFSAA in Kenora.

The OFSAA Leadership in School Sport Award was presented during the banquet to Ferg Penner, who has been encouraging the success of her student-athletes for many years. OFSAA would also like to congratulate the Team Sportsmanship Award recipients, West Carleton SS from the NCSSAA. You should be very proud of receiving this prestigious award.

Congratulations to players from St. Christopher's in



Sarnia for their gold medal win. Team members include Sia Athanasopoulos, Jennifer Spinozzi, Taylor Chrapko, Heidi Janson, Hayley Ewener, Chantell Da Ponte, Erin Alexanders, Chrissy McEwan, Tess Petronski, Jen Rogers, Tiffany Allen, Vicky DeVet, Vanessa Ladanchuk, Lianna Pittman, Sarah Lange, Megan Reddy, Jordan Abram, Jenna Prevost, Alexandra Potts, Tori Taylor, and coaches Frank Brennan and Daniela Azzolina.



OFSAA Girls' AAA Soccer

Ottawa June 4 - 6, 2009

The Girls' AAA Soccer Championship saw 20 teams from across the province face off in perfect weather to determine the 2009 champion.

Congratulations to home town athletes and coaches from É.S. Publique Louis-Riel for taking the championship title. The gold medal team players included Marie Elyse McGuire, Natasha Ryan, Brianna Smith, Cara Chartrand, Amélie Dugas, Chelsea Lanos, Kelsie English, Kaitlyn Bourgon, Marie-Christine Mackenzie, Isabel Ménard, Myriam English, Charlotte Nutt, Kristy McGregor-Bales, Josée Descoeurs, Haisha Cantave, Mélissa Guenet, Carol Ann Hutchinson, Alexie Morin-Holland, Jamie Ryan, Laurianne Brissette-Lesage, Audrey Bernier-Larose, Sylvie Nghabe and coaches Joé Fournier, Viviane Gendron and Imad Ghandoura.

OFSAA would like to thank Walter Piovesan and the NCSSAA staff and organizing committee for all of the dedication and effort they put into making this championship a success. We appreciate Walter's



continued support and contribution to OFSAA, not only as championship convenor, but as past president of OFSAA.

In addition, we would like to congratulate Pat Lacasse, a dedicated teacher-coach who was recognized with the OFSAA Leadership in School Sport Award. Pat has given many hours toward helping his athletes to succeed. Colonel By was recognized for their outstanding sportsmanship with the OFSAA Team Sportsmanship award. Congratulations!

Participating Teams

Pool A

St. Joseph's HS
Fort Frances HS
Bishop Strachan
Hamilton DCHS

WOSSAA
NWOSSAA
CISAA
SOSSA

Pool C

Sir James Dunn C & VS
Holy Cross CSS
Holy Trinity HS
Beaver Brae SS

NOSSA
COSSA
GBSSA
NWOSSAA

Pool B

Lester B. Pearson SS
Bishop Macdonell CHS
Nicholson Catholic College
West Carleton SS

GHAC
CWOSSA
COSSA
NCSSAA

Pool D

St. Christopher's SS
Lakeshore CI
Dennis O'Connor HS
É.S.C. L'Escale

SWOSSAA
TDSSAA
LOSSA
EOSSAA



Quarter-Finals

St. Joseph's HS 2
West Carleton SS 0

Bishop Strachan 2
Bishop Macdonell CHS 1

St. Christopher's SS 3
Holy Trinity HS 2

Dennis O'Connor HS 3
Holy Cross CSS 0

Semi-Finals

Dennis O'Connor HS 1 (SO)
St. Joseph's HS 0

St. Christopher's SS 1
Bishop Strachan 0

Bronze Medal Game

St. Joseph's HS 2
Bishop Strachan 0

Gold Medal Game

St. Christopher's SS 2
Dennis O'Connor HS 1

Participating Teams

Pool A

Nelson HS
Colonel By SS
Regiopolis-Notre Dame
Iona CSS
Widdifield SS

GHAC
NCSSAA
EOSSAA
ROPSSAA
NOSSA

Pool B

É.S. Louis-Riel
Southwood SS
Catholic Central SS
St. Ignatius HS
Havergal College

NCSSAA
CWOSSA
WOSSAA
NWOSSAA
CISAA

Pool C

Lockerby Composite
Northern CI & VS
Crestwood SS
Mary Ward CSS
Holy Cross Catholic

NOSSA
SWOSSAA
COSSA
TDCAA
YRAA

Pool D

R.S. McLaughlin C & VS
Chatham-Kent SS
Holy Cross HS
St. Joseph's HS
Sir Oliver Mowat CI

LOSSA
SWOSSAA
SOSSA
GBSSA
TDSSAA



Quarter-Finals

Nelson HS 3
Southwood SS 1

É.S. Louis-Riel 2 (SO)
Colonel By SS 1

Chatham-Kent SS 1
Lockerby Composite School 0

R.S. McLaughlin C & VS 1
Northern CI & VS 0

Semi-Finals

R.S. McLaughlin C & VS 1
Nelson HS 0

É.S. Louis-Riel 2
Chatham-Kent SS 0

Bronze Medal Game

Nelson HS 1 (SO)
Chatham-Kent SS 0

Gold Medal Game

É.S. Louis-Riel 3
R.S. McLaughlin C & VS 0

OFSAA Girls' AAAA Soccer

Niagara Falls June 4 - 6, 2009



St. Paul HS in Niagara Falls played host to the Girls' AAAA Soccer Championship, and what a great championships it was! Convenor Steve Abbruscato and his organizing committee put in many hours of hard work and dedication to make this championship a huge success. Thank you to Steve and his group.

The OFSAA girls' representative from SOSSA, Christine Baillie also proved to be a big help and support for OFSAA in Niagara Falls. Thank you to Christine for her continued dedication to OFSAA.

Long time teacher-coach Lucio Ianiero was recognized for his years of dedication to the success of student-athletes with the OFSAA Leadership in School Sport Award.

The Team Sportsmanship Award was given to Notre Dame College from SOSSA. This is a very prestigious award and the coaches and athletes of Notre Dame should be very proud.

We would like to congratulate the athletes and coaches



from the winning 2009 OFSAA Girls' AAAA Soccer team from Notre Dame CSS in Burlington: Lisa Bache, Meghan Bourque, Jesse Shugg, Victoria Zefkic, Tamara Bouchard, Samantha Bright, Sheena Cayer, Cara Cutaia, Melissa Featherstone, Adrienne Harrison, Kristen Heizler, Kaitlin Lindsay, Melissa MacKinnon, Colleen Nicholson, Michelle Pios, Michelle Sankey, Deanna Veloce, Sarah Bourque, Angela Cutaia, Selena Colarossi, and coaches Casey Downey, Melissa Giardina, Cam DiValentino, and Ron McEwen.

Participating Teams

Pool A

Mother Teresa WOSSAA
Notre Dame College SOSSA
Sir John A. Macdonald SS CWOSSA
Holy Names CHS SWOSSAA

Pool B

Notre Dame CSS GHAC
St. Thomas Aquinas ROPSSAA
Cardinal Newman CSS TDCAA
St. Paul HS SOSSA

Pool C

East York CI TDSSAA
St. Mary's HS CWOSSA
St. Basil the Great TDCAA
St. Patrick CHS NCSSAA

Pool D

St. Anne SS SWOSSAA
St. Elizabeth CHS YRAA
St. Mary's HS LOSSA
Innisdale SS GBSSA

Quarter-Finals

Notre Dame CSS (GHAC) 8
Mother Teresa 0

St. Thomas Aquinas 3
Notre Dame College (SOSSA) 1

St. Mary's HS (CWOSSA) 1
St. Mary's HS (LOSSA) 0

St. Anne SS 2
St. Basil the Great 1

Semi-Finals

Notre Dame CSS (GHAC) 1
St. Anne SS 0

St. Thomas Aquinas 2
St. Mary's HS (CWOSSA) 1

Bronze Medal Game

St. Mary's HS (CWOSSA) 3
St. Anne SS 2

Gold Medal Game

Notre Dame CSS (GHAC) 4
St. Thomas Aquinas 2

OFSAA Tennis

Toronto June 1 - 2, 2009



At 7:50 a.m. on June 1, site convenors were at their venues, and the 2009 OFSAA Tennis Championship at the Rexall Centre was about to begin. Unfortunately, at 7:55 a.m. rain began to fall, and the schedule had to be revised to play on indoor courts.

By 9:00 a.m., athletes and coaches were

heading in different directions to play their matches at various indoor facilities in the GTA. Despite having to go from 30 outdoor courts to 14 indoor courts, the 320 athletes managed to get in four rounds of the championship on the first day. On Day 2, the sun was shining and the competitions proceeded smoothly.

Congratulations to all the participants who qualified and

participated at the OFSAA Tennis Championship. There were many competitive matches.

OFSAA would like to thank the convenor, Michael Robinson, and his organizing committee of Tami Hawkins, Dave Hawkins, Liz Ochotta, Mary Jane Robinson, David McCallum, and all the volunteers who helped make the tennis championship a success. OFSAA would also like to thank David Lea of the Ontario Tennis Association for his assistance with the championship.

Derek Poon of Upper Canada College was the recipient of the OFSAA Leadership in School Sport Award for his dedication to tennis in the Toronto area for the past twenty-five years.



Open Boys Singles

- 1. Brandon MacDonald (Oakville Trafalger) - GHAC
- 2. Soufian Azargui (Robert Bateman) - GHAC
- 3. Vincent Chan (Unionville) - YRAA
- 4. Aman Gill (Assumption) - SWOSSAA

Open Boys Doubles

- 1. Otto Keresztes/Alex Dimitrijevic (Massey) - SWOSSAA
- 2. Kevin Le/Kia Khaden (York Mills) - TDSSAA
- 3. Dylan Crimmins/Nader Fadel (Lucas SS) - WOSSAA
- 4. Naoto Hayashi/Daniel Marti (Erindale) - ROPSSAA

Open Girls Singles

- 1. Nikki Budai (Mother Theresa) - WOSSAA
- 2. Marnie Venter (Heritage Christian) - SOSSA
- 3. Amy He (Nelson) - GHAC
- 4. Angelica Sidorenko (Stephen Lewis) - YRAA

Open Girls Doubles

- 1. Michelle Stanescu/Elizabeth Branopolski (St Theresa) - YRAA
- 2. Monica Hirano/Steph Bigford (Oakville Trafalger) - GHAC
- 3. Nicole Engel/Karla Martinez-Solis (Trinity College) - CISAA
- 4. Lindsay & Rachel Verkaik (Applewood Heights) - ROPSSAA

Open Mixed Doubles

- 1. Caroline Gosman/Geoffrey Baran (Kennedy) - SWOSSAA
- 2. Tiffany Au/James Yang (Unionville) - YRAA
- 3. Angie Crowley/Connor Crowley (Mother Theresa) - WOSSAA
- 4. Rey Belcina/Samantha Wohlers (Holy Names) - SWOSSAA

High School Boys Singles

- 1. Daniel Nazr (Forest Hill) - TDSSAA
- 2. Andrew Nearing (St. Marys) - COSSA
- 3. Kevin Casa (Trinity College) - CISAA
- 4. Maricio Velit (St Mary) - LOSSA

High School Boys Doubles

- 1. Robert Cianfarani/Greg DeSantis (St Michael's College) - CISAA
- 2. Gianluca Agostinelli/Rob McFarlane (St Paul's) - SOSSA
- 3. Taylor Harris/Fred Schmitz (Upper Canada College) - CISAA
- 4. Ben Malt/Hunter Doubt (Saunders) - WOSSAA

High School Girls Single:

- 1. Tiffany Leung (Trinity College) - CISAA
- 2. Lorna Cantalore (Waterloo CVI) - CWOSSA
- 3. Katie Wookey (Greenwood College) - CISAA
- 4. Paige Ready (Frontenac) - EOSSAA

High School Girls Doubles

- 1. Alina Kaas/Erica Pisani-Konert (Notre Dame College) - SOSSA
- 2. Kate Stewart/Jackie Smoteks (Jacob Hespler) - CWOSSAA
- 3. Liana Cherepaha/Sonia Glushkovsky (Richmond Hill) - YRAA
- 4. Laura Upenieks/Miliac Tanic (Michael Power/St Joseph) - TDCAA

High School Mixed Doubles

- 1. Ryan Lau & Stefanie Lau (Woodlands) - ROPSSAA
- 2. Cameron & Natasha Seth (Centre Wellington) - CWOSSA
- 3. Johanna Reinhart & Konrad Hoeft (Ridley College) - CISAA
- 4. Cameron Smithers & Brittany Sinclair (Colonel By SS) - NCSSAA

OFSAA Track & Field

Toronto June 4 - 6, 2009

The 2009 OFSAA Track & Field Championship was hosted for the first time at the new track facility at the University of Toronto, although it has been hosted 22 times in Toronto during its 60-year history.

Under the very capable leadership of convenors Chris Reid, Steve Masterson, and Fraser Bertram, this year's championship was one of the most successful in many years. New technology on the Varsity Centre scoreboard provided everyone with live action of every race and instant results. Nearly 2,400 athletes and approximately 5,000 spectators were treated to three very exciting days at the track, where several new OFSAA records were established.

Eamonn Kichuk from Bill Crothers SS became the first male in the history of OFSAA Track & Field to win the triple crown (800m, 1500m, and 3000m) in a single OFSAA track championship.

Congratulations and thank you to the entire organizing committee for running this championship, and to the many volunteers who worked throughout the championship to ensure its success. The organizing committee included Chris Arczewski, Sean Allen, Al Baigent, Dan DelMastro, Sheri Dudek, Lisa Edwards, Brian Eng, George Shepherd, Andre Metivier, Eddie Raposo, Pat Reilly, and Sue Smith.

OFSAA would like to personally thank the staff of the Varsity Centre of the University of Toronto for their support of this event and their generosity. The entire staff made a tremendous commitment in showcasing their facility to the province. Also a special thanks to the students, staff and support staff of the schools in Toronto, who worked many hours to prepare the facility.

We would like to thank Jaclyn Cohen for her wonderful design of the front cover of the OFSAA 2009 Program.

Chris Reid (West Toronto SS) and Sue White (Anderson SS) were the recipients of the Leadership in School Sport Award which were presented at the opening ceremonies.

The Metro Region presented special plaques to the

Midget Girls 100m

1. Noelle Leon-Palmer	Pickering HS	12.13
2. Naomi Kerr	St. Edmund Campion	12.22
3. Amelia Broham	Hillcrest HS	12.33
4. Taylor Cole	Frontenac SS	12.48
5. McKenzie Johnson	Sir Wilfrid Laurier	12.49
6. Krista Hillman	Bishop Tonnas	12.65

200m

1. Noelle Leon-Palmer	Pickering HS	24.90
2. Amelia Broham	Hillcrest HS	25.40
3. Dominique Julius-William	RS McLaughlin	25.74
4. Kereen Wells	Westview	25.78
5. Cassie Cramer	Birchmount Park	25.79
6. Taylor Cole	Frontenac SS	25.84

400m

1. Cassie Cramer	Birchmount Park	57.81
2. Taylor Farquharson	London Central	58.00
3. Maya Daly	Pickering HS	59.30
4. Sheniz Eryuzlu	All Saints	59.94
5. Samantha Gordon	Bill Crothers SS	1:00.09
6. Devon Bosada	TA Blakelock	1:00.64

800m

1. Vanessa McLeod	Father Redmond	2:17.42
2. Emma Galbraith	Franco-Ouest	2:18.27
3. Aliya Roga	St. David	2:18.65
4. Samantha Gordon	Bill Crothers SS	2:18.88
5. Jasmin Aggarwal	Orillia District CVI	2:21.09
6. Ellen Goodhand	Barrie North	2:22.39

1500m

1. Emma Galbraith	Franco-Ouest	4:48.38
2. Megan Yuan	St. Ignatius Loyola	4:48.82
3. Siobhan Klie	Anderson CVI	4:51.32
4. Aliya Roga	St. David	4:51.55
5. Alix Tier	Cowthra Park	4:51.60
Jessie Bujouves	Saunders SS	4:52.83

3000m

1. Stephanie Jarison	Riverside SS	10:25.56
2. Siobhan Klie	Anderson CVI	10:27.21
3. Alexandra Rainville	Marc Garneau	10:29.76
4. Megan Yuan	St. Ignatius Loyola	10:29.94
5. Maddie Benjamin	Richview	10:43.37
6. Madeline McDonald	Lawrence Park	10:44.77

80m Hurdles

1. Christine MacNeil	London Central	11.92
2. Alysha Newman	Mother Teresa	12.13
3. Maya Daly	Pickering HS	12.21
4. Yannique Bennett	Nantyr Shores SS	12.43
5. Courtney Rivait	Kingsville	12.44
6. Tania Bambi	Louis Riel	12.54

300m Hurdles

1. Taylor Farquharson	London Central	44.37
2. Helena Reinfels	Centennial	45.32
3. Yannique Bennett	Nantyr Shores	45.74
4. Amanda McKinnon	Louis Riel	46.91
5. Jessica Adamson	North Toronto	46.94
6. Marlowe Pecora	Northern	48.31

4x100m Relay

1. Fletcher's Meadow	50.15
2. Northern CVI	51.65
3. Father Henry Carr	51.80
4. St. Anne's CSS	52.44
5. Catholic Central	52.55

High Jump

1. Crystal Elmers	Smithville	1.60m
2. Lucy Gripper	Banting Memorial	1.55m
3. Mackenzie Kranics	Lakeshore	1.55m
4. Jodene Williams	Ascension	1.55m
5. Michelle VanderMeer	Hamilton District	1.55m
6. Melissa Borgdoroff	UCHS - Barrie	1.50m
Jenna Gallagher	St. Michael's	1.50m

Long Jump

1. Camille Ferland	ES Le Sommet	5.25m
2. Arielle Fitzgerald	Bayside	5.21m
3. Michelle VanderMeer	Hamilton DSS	5.11m
4. Laura VanBommel	St. Joseph's	5.08m
5. Crystal Elmers	Smithville	4.97m
6. Christy Cornell	London South	4.86m

Triple Jump

1. Heather Grandy	Catholic Central	11.00m
2. Arielle Fitzgerald	Bayside	10.98m
3. Emily Ersman	St. David	10.68m
4. Mia Cuffaro	St. Thomas SS	10.64m
5. Olivia Bolender	Stouffville	10.61m
6. Tyra Forbes	Ajax HS	10.53m

Shot Put

1. Elish MacDonald	Merivale HS	11.07m *
2. Sarah Moss	Notre Dame	10.82m
3. Andrea Picco	St. Marcellinus	10.73m
4. Taylor Farquharson	London Central	9.97m
5. Brindley Jantzi	Starrford Central	9.91m
6. Jackie Enoyoze	Monsignor Johnson	9.62m

Discus Throw

1. Sarah Moss	Notre Dame	35.66m
2. Elish MacDonald	Merivale HS	32.81m
3. Megan Pratt	Humberview	32.18m
4. Michelle Gzilagy	Crestwood	30.69m
5. Christie Robertson	Saugeen DSS	30.41m
6. Brittany Crew	Birchmount Park	29.09m

Javelin Throw

1. Brooke Rowland	Westside SS	40.42m
2. Michelle Rozon	L'Heritage	35.67m
3. Breanne Hutchings	Mgsr. EA	35.28m
4. Mary-Elizabeth Hemhill	Bill Crothers SS	32.39.m
5. Lexie Hanly	St. Clair SS	30.38m
6. Brittany Crew	Birchmount Park	30.35m

Junior Girls 100m

1. Cassandra Pascal	St. Marcellinus	11.94
2. Sade Lewis	St. Thomas Aquinas	12.24
3. Jellisa Westney	St. Benedict	12.33

4. Sophie Issayenko	Western Tech.	12.37
5. Treschelle Gibson-Serret	Sir John A MacDonald	12.43
6. Jordaine Leeder	Saugeen DSS	12.51

200m

1. Sade Lewis	St. Thomas Aquinas	24.99*
2. Sophie Issayenko	Western Tech.	25.42
3. Jen Barbon	Mother Teresa	25.80
4. Jellisa Westney	St. Benedict	25.87
5. Rachel Muma	Central Elgin	26.08
6. Ocian Archer	Innisdale SS	26.09

400m

1. Brittany Lewis	St. Clair SS	56.37
2. Ocian Archer	Innisdale SS	57.16
3. Jen Barbon	Mother Teresa	58.49
4. Chrisena Whyte	St. Augustine	58.53
5. Lynn Kennedy	Markham HS	58.82
6. Elizabeth Whelan	Branksome Hall	59.52

800m

1. Elizabeth Whelan	Branksome Hall	2:16.67
2. Karley Rempel	EL Crossley	2:16.88
3. Kathryn Tuck	Colonel By SS	2:17.64
4. Chelsea MacKinnon	Westdale SS	2:17.97
5. Bridgid Callaghan	Sacred Heart CSS	2:18.58
6. Michelle Molodynina	A.N. Myer SS	2:18.60

1500m

1. Meaghan Marton	General Amherst	4:40.09
2. Karley Remple	EL Crossley	4:40.70
3. Katie Fleisher	Northern CVI	4:40.71
4. Juane Odendaal	St. Thomas Aquinas	4:41.63
5. Chelsea MacKinnon	Westdale SS	4:42.15
6. Michelle Molodynina	A.N. Myer SS	4:43.46

3000m

1. Meaghan Marton	General Amherst	10:17.85
2. Cailleigh Smith	Our Lady of Lourdes	10:23.05
3. Katie Fleisher	Northern CVI	10:32.51
4. Emma Norman	Thousand Islands SS	10:39.33
5. Sarah Emilio	Malvern CI	10:45.06
6. Sarah Lesperance	Anderson CVI	10:48.75

80m Hurdles

1. Chanice Taylor-Chase	Notre Dame	11.44*
2. Arianna Jorgensen	Emily Carr SS	11.87
3. Devyani Biswal	Sir Robert Borden	12.23
4. Jasmin Kerr	London South	12.25
5. Emily MacLeod	Saugeen DSS	12.34
6. Julia Stille	Lisgar	12.41

300m Hurdles

1. Brittany Lewis	St. Clair SS	43.28
2. Ocian Archer	Innisdale SS	43.40
3. Arianna Jorgensen	Emily Carr SS	45.60
4. Jenna Barr	Almonte DHS	46.03
5. Nicollette Weathers	Father Redmond	46.17
6. Evelyn Scott	Perth & District	46.19

4x100m Relay

1. Pickering HS	49.68
2. St. Marcellinus	49.90
3. Mother Teresa CSS	50.23
4. E.L. Crossley	50.54
5. Innisdale SS	50.75
6. Central Elgin	51.14

High Jump

1. Rachel Romu	St. Ignatius	1.60m
2. Samantha Galati		1.60m
3. Julie Ethier	Fellowes HS	1.60m
4. Ruthie Aideyan	London Central	1.60m
5. Emma Suiciak	EL Crossley	1.60m
6. Brooke Zavitz	Barrie North	1.60m

Pole Vault

1. Alysha Newman	Mother Teresa	3.26m*
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2. Bailey Arnott	Lester B. Pearson	3.10m
3. Emily Kukovica	De La Salle	2.90m
4. Sophie Bauer	Saunders SS	2.75m
4. Kendall Darnay	St. Michael	2.75m
6. Courtney Fisher	Kingsville	2.75m

Long Jump

1. Chanice Taylor Chase	Notre Dame	5.69m*
2. Devyani Biswal	Sir Robert Borden	5.33m
3. Jasmin Kerr	London South	5.29m
4. Karen Dubreuil	Espanola HS	4.99m
5. Shaniqua Knowles	Mount Carmel SS	4.99m
6. Fiona Chiang	UTS	4.98m

Triple Jump

1. Rachel Romu	St. Ignatius	11.77m
2. Divyjayoti Biswal	Sir Robert Borden	11.21m
3. Caitlyn Campbell	Central Elgin	11.05m
4. Kelly Bedek	St. Joseph's	10.99m
5. Amber Rae	Orangeville	10.78m
6. Anna Gilliatt	Colonel By SS	10.73m

Shot Put

1. Rayann Chin	Dunbarton HS	11.70m
2. Jacinta Cowan	St. Joseph's	11.35m
3. Madison Johnston	Eastview SS	10.73m
4. Danielle Girard	St. Christopher	10.21m
5. Jill Knight	Parkside CI	10.09m
6. Devonae Bryce	Innisdale SS	9.69m

Discus Throw

1. Rayann Chin	Dunbarton HS	36.76m
2. Madison Johnston	Eastview SS	35.97m
3. Emily Weston	Banting SS	31.90m
4. Karly Dobbin	Lambton Central	31.77m
5. April Looije	St. Marcellinus	31.55m
6. Megan Climenhage	EL Crossley	29.60m

Javelin Throw

1. Madison Johnston	Eastview SS	38.60m
2. Hannah Robson	F.J. Brennan	36.81m
3. Christine Ausman	De La Salle	35.62m
4. Naomi James	Pickering HS	34.81m
5. Gina Murray	F.E. Madill	34.20m
6. Brittany Bell	Waterloo-Oxford	34.15m

Senior Girls 100m

1. T'Keyah Dumoy	St. Joseph's	11.94
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2. Simone Martin	St. Thomas Aquinas	11.94
3. Chisomo McHaina	Southwood SS	12.22
4. Jonelle Bell Spence	Bramalea SS	12.24
5. Tia Sempionius	St. Benedict	12.44
6. Shanique Buntn	Vanier	12.50

200m

1. Simone Martin	St. Thomas Aquinas	24.28
2. T'Keyah Dumoy	St. Joseph's	24.47
3. Jonelle Bell Spence	Bramalea SS	25.10
4. Chisomo McHaina	Southwood SS	25.14
5. Ashlea Maddex	Rockland DHS	25.21
6. Tia Sempionius	St. Benedict	25.41

400m

1. Fiona Callender	Bell HS	56.01
2. Bianca Forbes	C.W. Jeffries	56.37
3. Marianne Pickering	St. Christopher	57.30
4. Samantha Murphy	St. John's	57.54
5. Ayesha Rumble	Pine Ridge	57.88
6. Sarah Gariba	Colonel By	58.05

800m

1. Jessica Parry	Catholic Central	2:08.26
2. Caileigh Glenn	Sacred Heart	2:11.62
3. Katie O'Hagan	Markham DHS	2:12.87
4. Samantha Murphy	St. John's	2:13.20
5. Leanne Fernandes	Pope John Paul II	2:15.37
6. Mariah Kelly	St. Michael	2:15.51

1500m

1. Jessica Parry	Catholic Central	4:28.36
2. Katie O'Hagan	Markham DHS	4:37.12
3. Victoria Hanna	R.S. McLaughlin	4:37.30
4. Megan Beverley	Leaside HS	4:38.06
5. Kirsten Stewart	Newmarket HS	4:38.56
6. Sarah Boyd	All Saints	4:42.87

3000m

1. Victoria Hanna	R.S. McLaughlin	9:58.30
2. Stephanie Hulse	Holy Cross	9:58.68
3. Jaclyn Rollins	Simcoe	10:00.89
4. Heather Stuiue	Eden HS	10:14.35
5. Victoria Coates	Sacred Heart	10:17.26
6. Melissa Jones	Fellowes HS	10:19.26

100m Hurdles

1. Ashlea Maddex	Rockland DHS	13.81
2. Shona Dunkley	Pine Ridge	14.00
3. Dylan Barnabe	Earl of March	14.22
4. Anika Green	Humberside	14.30
5. Serena SanCartier	Lo Ellen Park	14.48
6. Rita Rudell	Warton	14.53

400m Hurdles

1. Jenessa Olson	Medway HS	1:02.09
2. Jenelle McCalla	Father Leo Austin	1:03.23
3. Amilia DiChiara	St. Robert's	1:03.54
4. Madeline Charnuski	Elmira DSS	1:03.82
5. Dylan Barnabe	Earl of March	1:05.07
6. Danielle Vanos	North Lambton	1:05.67

4x100m

1. Pickering HS	1:00.00
2. Pine Ridge SS	1:01.00
3. St. Marguerite	1:02.00
4. St. Augustine	1:03.00
5. John F. Ross	1:04.00
6. Michael Power	1:05.00

High Jump

1. Michelle Theophile	Father Leo Austin	1.70m
2. Tayler Whitley	Quinte Christian	1.65m
2. Courtney Olah	St. Paul HS	1.65m
4. Portia Bell	Lasalle SS	1.65m
5. Samara Tong	G.W. Williams	1.60m
6. Johanna Dobransky	London Central	1.60m



6. Dylan Barnabe	Earl of March	1.60m
6. Devon Clark	St. Mary's	1.60m

Pole Vault

1. Emma Crombeen	Mother Teresa	3.56m*
2. Karleigh Parker	College Avenue	3.40m
3. Sarah Swain	Sudbury	3.10m
4. Rachel Lariviere	F.J. Brennan	3.10m
5. Marielle Harper	Kitchener Waterloo	2.95m
6. Sharon Michalak	Notre Dame	2.95m

Long Jump

1. Caroline Ehrhardt	Espanola DHS	5.69m
2. Kristen Bujnowski	Holy Cross	5.64m
3. Emma Dobson	Opeongo	5.41m
4. Charlotte Crombeen	Mother Teresa	5.40m
5. Alana Stewart	Etobicoke CI	5.35m
6. Taylor Neely	Uxbridge	5.27m

Triple Jump

1. Caroline Ehrhardt	Espanola DHS	12.76m*
2. Taylor Neely	Uxbridge	12.08m
3. Krista Dillon	John McCrea	11.54m
4. Emma Dobson	Opeongo	11.48m
5. Tomeizel Barry	Sir John A MacDonald	11.17m
6. Elyse Gorrell	North Grenville	11.06m

Shot Put

1. Kaitlyn Sanders	Lambton Central	12.36m
2. Megan Lowry	Eastview SS	11.93m
3. Wumi Agunbiade	Dunbarton	11.64m
4. Justine Vidal	South River	11.55m
5. Sarah Vandeneynden	Strathroy	11.38m
6. Allison Loyst	Scollard Hall	11.29m

Discus Throw

1. Meredith Allan	Oakridge SS	41.72m
2. Katie Klodnicki	Grimsby DSS	38.50m
3. Wumi Agunbiade	Dunbarton	35.13m
4. Bernadette Allen	Holy Cross	34.90m
5. Carissa Luker	Lambton Central	34.39m
6. Ashley Widmont	Frontenac SS	34.33m

Javelin Throw

1. Sabrina Phillips	W.F. Herman	42.25m
2. Katharine Pacuta	Belle River	41.41m
3. Brittany Hicks	Salfleet	40.53m
4. Whitney Nicholas	Hagersville	39.87m
5. Danielle Gyemi	Walkerville	38.11m
6. Karleigh Parker	College Avenue	37.78m

1500m Steeplechase - Open

1. Haley Cadwallader	Sarnia CITS	4:55.92*
2. Krystal Goodwin	Vincent Massey	5:03.13

3. Madeline Cummings	North Toronto	5:03.66
4. Stephanie Truelove	St. Joseph's	5:07.06
5. Lauren Doherty	Galt CVI	5:09.14
6. Samantha Kellam	General Amherst	5:10.28

4x400m Relay

1. Pickering HS	3:55.14
2. Abbey Park	3:57.82
3. Our Lady of Lourdes	3:57.92
4. Colonel By	3:59.48
5. Cardinal Newman	4:03.98
6. St. Thomas Aquinas	4:08.29

Midget Boys 100m

1. Dieuleveut Mufuta	Franco-Cite	11.26
2. Drelan Bramwell	Northern CVI	11.36
3. Kwame Miller	Birchmount Park	11.41
4. Akeel Lynch	St. Michael's	11.44
5. Omari Morris	Pickering HS	11.45
6. Julian McGarvey	Michael Power	11.56

200m

1. Steven Ajayi	Neil McNeil	22.45
2. Keegan Calder	Waterloo	22.98
3. Rayshawn Franklin	Stephen Leacock	23.06
4. Akeel Lynch	St. Michael's	23.15
5. Dominic Samuels	Birchmount Park	23.30
6. Dieuleveut Mufuta	Franco-Cite	23.35

400m

1. Brandon McBride	W.F. Herman	50.71*
2. Rayshawn Franklin	Stephen Leacock	51.11
3. Keegan Calder	Waterloo	51.68
4. Broderick Webster	Northern CVI	52.02
5. Nienkel Paljola	Forest Heights	52.06
6. Akeel Lynch	St. Michael's	52.27

800m

1. Eamonn Kichuk	Bill Crothers SS	1:59.35
2. Brandon Nunes De Souza	Dunbarton	1:59.81
3. Shawn Master	Northern CVI	2:00.47
4. Jerry Colaluca	Catholic Central	2:01.06
5. Abdi Jama	Corpus Christi	2:02.13
6. Scott Buttinger	Resurrection	2:06.27

1500m

1. Eamonn Kichuk	Bill Crothers SS	4:03.46
2. Brandon Nunes De Souza	Dunbarton	4:10.77
3. Shawn Master	Northern CVI	4:11.32
4. Gavin Shields	Preston HS	4:11.95
5. Jerry Colaluca	Catholic Central	4:13.01
6. Harrison Sloan	Father Redmond	4:14.18

3000m

1. Eamonn Kichuk	Bill Crothers SS	9:06.91
2. Gavin Shields	Preston	9:09.79
3. Harrison Sloan	Father Redmond	9:20.81
4. Brandon Kirkup	Dunbarton	9:26.55
5. Abdi Jama	Corpus Christie	9:27.20
6. Corey Bellemore	Riverside	9:27.24

100m Hurdles

1. Matthew Loparco	St. Michael's	13.69
2. Andre Wright	Dunbarton	13.83
3. Branden Gow	Belle River	13.91
4. Curtis Romain	Riverside	14.28
5. Brett Babcock	Regiopolis	14.36
6. Mitchell Long	Harrow DHS	14.93

300m Hurdles

1. Dylan Dimock	Father Redmond	40.70
2. Kirk Weigensberg	St. John Kilmarnock	41.38
3. Brandew Gow	Belle River	41.49
4. Kevin Nault	Cairine Wilson	41.49
5. Daniel Desgroseilliers	Merivale	41.85
6. Shawn Beaudoin	Sandwich SS	42.26

4x100m Relay

1. Pickering HS	44.51*
2. Bill Crothers SS	44.81
3. Michael Power	45.22
4. W.F. Herman	45.35
5. Birchmount Park	45.44
6. Holy Names HS	46.09

High Jump

1. Jake Williams	Northern CVI	1.83m
2. Austin Dick	Eden HS	1.83m
3. Leeson Guay	All Saints	1.80m
4. Kevin O'Halloran	Collingwood CI	1.75m
4. Kiefer Thompson	Penetang SS	1.75m
6. Lucas Fallaise	Centennial	1.70m

Pole Vault

1. Nic Hoediono	Sir John A MacDonald	3.56m*
2. Emil Larsson	Sir John A MacDonald	3.15m
3. Andrew Michalak	Notre Dame	3.00m
4. Sam Redhead	Adam Scott	2.85m
5. Patrick Boileau	College Notre Dame	2.85m
6. Calvin Diep	St. Marcellinus	2.85m

Long Jump

1. Divyanthan Thasarathan	Bill Crothers SS	6.37m
2. Nathaniel Pinto	Weston	6.33m
3. Graham Smythe	St. Mark HS	6.21m
4. Zimbert Bramble	Zion Heights	6.12m
5. Matthew Till	Ajax HS	5.89m
6. Kevin Nault	Cairine Wilson	5.84m

Triple Jump

1. Mitchell O'Donnell	Cameron Heights	13.56m *
2. Brandon McBride	W.F. Herman	13.35m
3. Nienkel Paljola	Forest Heights	13.25m
4. Mike Ascott	W.F. Herman	13.16m
5. Divyanthan Thasarathan	Bill Crothers SS	13.09m
6. Jonathan Lam	L'Amoureux	12.80m

Shot Put

1. Zack Mallough	Mother Teresa	15.39m
2. Brandon Deslauriers	Napanee DSS	15.02m
3. Brett Boersma	Northern CVI	14.85m
4. Peter Nikolovski	Malvern CI	14.58m
5. Blake Thompson	St. Joseph's HS	14.52m
6. Josh Dame	Essex DHS	14.07m

Discus Throw

1. Blake Thompson	St. Joseph's HS	48.37m
2. Josh Dame	Essex DHS	47.11m
3. Rob Osborn	Ridge-CR	45.01m
4. Peter Nikolovski	Malvern CI	44.96m
5. Michael Rocca	St. Christopher	42.31m
6. Kevin Wyszatko	Denison	40.38m

Javelin Throw



1. John Krzyszkowski	Port Credit	51.96m
2. Taylor Kreitzer	Belle River	48.63m
3. Tyler Renton	Christ the King	48.63m
4. Evan Karakolis	Birchmount Park	47.73m
5. Jake Williams	Northern CVI	47.44m
6. Isaiah Mels	Westminster	47.28m

Junior Boys 100m

1. Marlon Laidlaw-Allen	Bendale	10.77*
2. Ike Omoruna	St. Augustine	11.02
3. Doron Williams	Pickering HS	11.13
4. Tolu Makinde	Colonel By	11.15
5. Anthony Leone	Dante Alighieri	11.19
6. Kalvin Johnson	St. Marguerite	11.23

200m

1. Marlon Laidlaw - Allen	Bendale	21.72*
2. Kyle Bennett	St. Augustine	22.42
3. Ike Omoruna	St. Augustine	22.55
4. Doron Williams	Pickering HS	22.59
5. Trevor Zister	Pickering HS	22.90
6. Garret Richards	South Grenville	23.16

400m

1. Steven Murray	Nelson	50.17
2. Thomas Juha	Michael Power	50.49
3. Hakeem Cameron	Birchmount Park	50.83
4. Garret Richards	South Grenville	51.04
5. Jeremy Poeta	Scollard Hall	51.05
6. Jonathan Settembri	Mayfield SS	51.46

800m

1. Kyle Grieve	Richview CI	1:55.67
2. Mohamed Souleiman	Louis Riel	1:56.65
3. Brandon Huzevka	Northern CVI	1:57.91
4. Andrew Langille	R.S. McLaughlin	1:58.28
5. Paul Raymond	E.S. Theriault	2:02.06
6. Dominic Pizzolitto	Assumption HS	2:04.20

1500m

1. Robert Denault	Aurora HS	3:55.38 *
2. Xavier King	Pickering HS	3:57.36
3. Kyle Grieve	Richview CI	3:57.47
4. Mohamed Souleiman	Louis Riel	4:04.33
5. Paul Raymond	E.S. Theriault	4:04.97
6. Mackay Wilson	Stratford Central	4:06.39

3000m

1. Xavier King	Pickering HS	8:39.06
2. Robert Denault	Aurora HS	8:43.72
3. Mackay Wilson	Stratford Central	8:58.06
4. Jeremie Bourget	E.S. Theriault	9:04.35
5. Dylan Brown	Huron Heights SS	9:05.02
6. Jacob Cameron	E.S. Glengarry	9:06.10



100m Hurdles

1. Keith Cyrus	St. Mary's HS	13.90
2. Denver Wright	Pickering HS	14.07
3. Jamie Cochrane	Russell	14.13
4. Tyson Pelkington	Lo-Ellen Park	14.22
5. Trevor Zister	Waterloo-Oxford	14.36
6. Michael Paisley	Lambton Central	14.41

300m Hurdles

1. Calvin Arsenault	St. Mary's	39.71
2. Gabriel Skupek-Martin	Louis Riel	40.17
3. Justin Taylor	Pickering HS	40.26
4. Philip Zabiacki	Michael Power	40.33
5. Hayden Peters	Sydenham HS	40.74
6. Omar McGregor	Pine Ridge SS	40.76

4x100m Relay

1. Northern CVI	44.20
2. St. Marguerite	44.43
3. F.E. Madill	44.50
4. Pope John Paul II	44.80
5. Father Henry Carr	45.44
6. Birchmount Park	45.89

High Jump

1. Matheson West	Walkerton	1.95m
2. Jacob Borgdorff	UCHS - Barrie	1.95m
3. Shaquille Keith	Fletcher Meadow	1.90m
3. Rakeeb Nalado	St. Marguerite	1.90m
5. Omar McGregor	Pine Ridge SS	1.90m
6. Calvin Arsenault	St. Mary's	1.85m

Pole Vault

1. Mitchell McCrank	Timiskaming	3.70m
2. James Steubing	Sir John A MacDonald	3.60m
3. Eric Ming	Char Lan DHS	3.45m
3. Peter Karalis	Thousand Islands SS	3.45m
3. Nelson Cecereu	Char Lan	3.45m
6. Kyle MacDougall	Char Lan	3.30m

..... **Championship Results**

Shot Put

1. Jordan Young	St. Joseph's	17.95m
2. Alex Welch	Banting	17.46m
3. Kevin Bowman	Saugeen DHS	15.94m
4. Brett Thompson	St. Christopher	15.89m
5. Brandon Jozwiak	Hagersville	14.78m
6. Mikhel Poldma	York Mills	14.35m

Discus Throw

1. Jordan Young	St. Joseph's	70.79m*
2. Trent Corney	Thousand Islands SS	53.99m
3. James Illingworth	Almonte DHS	53.07m
4. Kevin Bowman	Saugeen DHS	52.61m
5. Matheson West	Walkerton	46.25m
6. Mikhel Poldma	York Mills	45.79m

Javelin Throw

1. Trent Corney	Thousand Islands SS	69.28m *
2. Tyler Withers	Northern CVI	60.25m
3. Jason Mota	F.J. Brennan	53.00m
4. Joel Acton	St. Patrick	52.09m
5. Michael Paisley	Lambton Central	50.91m
6. Mikhel Poldma	York Mills	50.60m

Senior Boys

100m

1. Dushane Farrier	Neil McNeil	10.54
2. Aaron Brown	Birchmount Park	10.55
3. Wayndale Bennett	Bishop Reding	10.73
4. Bruno Hortelano	Assumption HS	10.76
5. Tyler MacLeod	Sandwich SS	10.81
6. Phillip Hayle	St. Edmund Campion	10.84

200m

1. Oluwasegun Makinde	Colonel By	20.99*
2. Wayndale Bennett	Bishop Reding	21.43
3. Tyler MacLeod	Sandwich SS	21.56
4. Andre Hamilton	Birchmount Park	21.82
5. Michael Trnkus	Abbey Park	22.00
6. Justin Grochowski	Churchill	22.02

400m

1. Alistair Moona	Erindale SS	47.77
2. Michael Trnkus	Abbey Park	48.24
3. Philip Osei	Michael Power	48.84
4. Tremaine Harris	Markham DHS	49.09
5. Joseph Triumbari	St. Marguerite	49.17
6. Ryan Charlton	Father Leo Austin	49.84

800m

1. Anthony Romaniw	St. Thomas	1:53.21
2. Jordan Langridge	East Northumberland	1:54.03
3. Trent Sayers	Sinclair SS	1:54.23
4. John Paul Malette	Assumption HS	1:54.88
5. Ryan Charlton	Father Leo Austin	1:55.30
6. Will McFall	Thousand Islands SS	1:59.22

1500m

1. Jeremy Rae	Lakeshore CHS	3:45.57
2. John Paul Malette	Assumption HS	3:45.85
3. Mohammed Ahmed	St. Catharines	3:54.07
4. Merid Seleshi	Birchmount Park	3:54.67
5. Evan Esselink	Courtice SS	3:54.91
6. Eric Dillon	R.S. McLaughlin	3:55.82

3000m

1. Mohammed Ahmed	St. Catharines	8:19.21
2. Jacob Smith	Thousand Islands SS	8:34.07
3. Stephen Hosier	Lindsay CVI	8:35.49
4. Andrew DeGroot	St. Peter's	8:36.75
5. Daryl Smith	Vincent Massey	8:37.06
6. Evan Esselink	Courtice SS	8:38.05

110m Hurdles

1. Oluwasegun Makinde	Colonel By	13.36*
2. Gregory Mac Neill	Mother Teresa	13.43
3. Leo Nichol	Applewood Heights	13.77



4. Townsend Benard	Laura Secord	13.91
5. Brandon Wilson	Pickering HS	13.95
6. Ingvar Moseley	Pickering HS	14.33

400m Hurdles

1. Ingvar Moseley	Pickering HS	54.76
2. Gregory MacNeill	Mother Teresa	54.78
3. Daniel Chan	Unionville HS	55.11
4. Connor Fanning	Highland SS	55.94
5. Gareh Johnson	Mary Ward	57.28
6. Adam Thomson	Bell HS	59.00

4x100m Relay

1. Colonel By	42.50
2. St. Edmund Campion	42.66
3. Neil McNeil	42.77
4. St. Augustine	43.14
5. St. Marguerite	43.40
6. Galt CVI	43.45

High Jump

1. Brandon Wilhelm	Woodstock	2.08m
2. Mike Lopatowski	Mother Teresa	2.05m
3. Jake Pearsall	Our Lady of Lourdes	2.05m
4. Jharyl Bowery	St.Edmund Campion	2.00m
5. Charles Akomolafe	H.M. Brathwaite	2.00m
6. Kadeem Douglas	Henry Carr	1.95m

Pole Vault

1. Matthew Diston	St. Paul HS	4.45m
2. Paul Worndl	St. Mary's HS	4.15m
3. Townsend Benard	Laura Secord	4.15m
4. Jake Pffaff	Belle River	4.00m
5. Ruben Larsson	Sir John A MacDonald	4.00m
6. Dylan Erb	Stratford	4.00m

Long Jump

1. Jharyl Bowery	St. Edmund Campion	7.33m
2. Kadeem Douglas	Henry Carr	7.26m
3. Ehis Adada	Chaminade	7.06m
4. Taylor Stewart	Regina Mundi	6.95m
5. Carlin McLean	Orchard Park	6.85m
6. Wayne Bridge	Eastern Commerce	6.85m

Triple Jump

1. Taylor Stewart	Regina Mundi	15.16m
2. Jacob Zorzella	Vaughan	14.93m

3. Charles Akomolafe	H.M. Brathwaite	14.89m
4. Joseph Ndabuba	St. Augustine	14.26m
5. Cole Pellett	F.E. Madill	13.82m
6. Daniel Chan	Unionville HS	13.77m

Shot Put

1. Zack Russell-Ford	Banting	18.50m
2. Drew Welch	Banting	18.44m
3. Mathieu Marcoccia	Michael Power	16.57m
4. Brent Roubos	Park Street	15.59m
5. Stefan Palios	Grimsby	15.24m
6. Jordan Gauthier	W.F.Herman	15.09m

Discus Throw

1. Mathieu Marcoccia	Michael Power	54.35m
2. Zack Russell-Ford	Banting	53.63m
3. Brent Roubos	Park Street	52.63m
4. Jackson Gray	Sarnia CITS	51.53m
5. Adam Karakolis	Birchmount Park	46.83m
6. Stefan Palios	Grimsby	45.02m

Javelin Throw

1. Austin Kennedy	Vincent Massey	63.34m
2. Ray Dykstra	Grimsby	62.87m
3. Ian Wallwork	Prince Edward	58.56m
4. Adam Kovacs	St. Joseph's	56.92m
5. Evan Mascaro	F.J. Brennan	55.23m
6. Justin Massar	Elmvale DHS	54.52m

2000m Steeplechase

1. Jacob Smith	Thousand Islands SS	5:49.00
2. Jordan Collison	Saugeen	5:52.33
3. Andrew DeGroot	St. Peter's	5:53.88
4. Chris Dulhanty	Loyola CSS	5:56.29
5. Daryl Smith	Vincent Massey	6:03.41
6. Will Dick	Opeango	6:05.54

4x400m Relay

1. Birchmount Park	3:20.94
2. W.F. Herman	3:23.40
3. Neil McNeil	3:23.46
4. Northern CVI	3:25.48
5. Thousand Islands SS	3:28.00
6. Courtice SS	3:31.76

Physically Challenged Results

Girls' 100m Abulatory

1. Jen Patrick	Alexander MacKenzie	15.78
2. Sylvia Crevier	St. Patrick's	16.29
3. Virginia McLachlan	Assumption	16.53
4. Sally Anderson	Bishop Tonnos	19.57
5. Christine Pupols	Bishop Tonnos	20.06

Girls' 800m Wheelchair

1. Natalie Watt	Smith Falls	
7:38.98*		

Girls' 800m Blind

1. Rachel Schelhass	St. Michael	
3:04.03 *		

Boys' 100m Abulatory

1. Jonathon Finlayson	South Grenville	13.03*
2. Evan O'Brien	Alexander MacKenzie	13.08
3. Brandon Wong	Alexander MacKenzie	13.86
4. Anthony Johnson	St. Peter's	13.94
5. Matt Hunt	South Grenville	14.19
6. Jaime Pollard	F.E. Madill	14.19

Boys' 1500m Run Blind

1. Kevin Devries	Moir	7:32.31*
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1500m Wheelchair

1. Michael Kahn	Unionville	4:01.39*
2. Ian VanHeteren	Strathroy	5:26.37
3. Tony Leduc	Smith Falls	13:52.52
4. Alvin Mullett	St. Theresa	14:25.34

OFSAA Committees and Chairs

Coaching

Future Directions

Transfers

Constitutional Review

Gender Equity

Co-chair

Classifications

Championship Review

Sanctions

Alpine Skiing

Badminton

Baseball

Basketball - Boys

Co-chair

Basketball - Girls

Cross Country Running

Co-chair

Curling

Field Hockey

Football

Golf - Girls'

Co-chair

Golf - Boys'

Gymnastics

Hockey - Boys

Co-chair

Hockey - Girls

Co-chair

Nordic Skiing

Rugby - Boys

Rugby - Girls

Soccer

Co-chair

Swimming

Tennis

Track & Field

Volleyball

Co-chair

Wrestling

Snowboard Racing

Boys Field Lacrosse

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