

PAST OFSAA FOOTBALL BOWL CHAMPIONS

As compiled by Campbell Blake and John Metcalfe

Northern Bowl

| Year | Champ | Runner Up | Score |
|------|-------------------------------------|-------------------------------------|-------|
| 2019 | Korah CVS (Sault Ste Marie) | Holy Cross (Peterborough) | 31-21 |
| 2018 | Holy Names (Windsor) | Huron Heights (Newmarket) | 24-12 |
| 2017 | Sir Winston Churchill (Thunder Bay) | West Ferris (North Bay) | 36-14 |
| 2016 | Etobicoke CI | Superior Heights (Sault) | 30-18 |
| 2015 | Westdale SS (Hamilton) | St. Ignatius (Thunder Bay) | 26-17 |
| 2012 | St. Mary's College (Sault) | Sir Winston Churchill (Thunder Bay) | 47-28 |
| 2011 | Superior Heights (Sault) | Sir Winston Churchill (Thunder Bay) | 34-28 |
| 2010 | Superior Heights (Sault) | Westgate (Thunder Bay) | 17-3 |
| 2009 | Sir James Dunn (Sault) | Sir Winston Churchill (Thunder Bay) | 34-7 |
| 2008 | St. Mary's College (Sault) | Hammarskjold (Thunder Bay) | 31-8 |
| 2007 | Westgate (Thunder Bay) | St. Mary's College (Sault) | 21-16 |
| 2006 | St. Mary's College (Sault) | Westgate (Thunder Bay) | 52-10 |
| 2005 | Hammarskjold (Thunder Bay) | Widdifield (North Bay) | 17-3 |
| 2004 | West Ferris (North Bay) | Hammarskjold (Thunder Bay) | 27-22 |

Golden Horseshoe Bowl

| Year | Champ | Runner Up | Score |
|-----------|------------------------------------|-------------------------------------|-------------|
| 2019 | St. Thomas More (Hamilton) | W F Herman (Windsor) | 27-0 |
| 2018 | Lorne Park (Mississauga) | St. Paul (Niagara Falls) | 21-3 |
| 2017 | St. Thomas More (Hamilton) | Notre Dame College School (Welland) | 57-7 |
| 2016 | Nelson (Burlington) | St. Marcellinius (Mississauga) | 27-6 |
| 2015 | St. Thomas More (Hamilton) | Chamdinade College (Toronto) | 49-8 |
| 2012 | Lakeshore Catholic (Port Colborne) | M.M. Robinson (Burlington) | 29-28 |
| 2011 | Nelson (Burlington) | St. Paul (Niagara Falls) | 37-0 |
| 2010 | Notre Dame (Burlington) | Lakeshore Catholic (Port Colborne) | 16-14 |
| 2009 | Notre Dame (Burlington) | Lakeshore Catholic (Port Colborne) | 33-10 |
| 2008 | Lakeshore Catholic (Port Colborne) | Notre Dame (Burlington) | 8-7 |
| 2007 | St. Thomas More (Hamilton) | Bishop Ryan (Hamilton) | 14-7 |
| 2006 | St. Thomas More (Hamilton) | Lakeshore Catholic (P Colborne) | 39-33 (3ot) |
| 2005 | Nelson (Burlington) | Notre Dame College School (Welland) | 14-9 |
| 2004 | Assumption (Burlington) | St. Jean de Brebeuf (Hamilton) | 35-32 |
| 2003 East | St. Andrew's College (Aurora) | Markham DHS | 7-6 |
| 2003 West | Lakeshore Catholic (Port Colborne) | Waterdown DHS | 24-22 |
| 2002 | De La Salle College (Toronto) | Nelson (Burlington) | 21-14 |
| 2001 | St. Andrew's College (Aurora) | St. Mary (Pickering) | 35-21 |

National Capital Bowl

| Year | Champ | Runner Up | Score |
|------|--------------------------|--------------------------|-------|
| 2019 | Westmount SS (Hamilton) | Ashbury College (Ottawa) | 44-6 |
| 2018 | Korah CVS (Sault) | St. Peter (Orleans) | 45-12 |
| 2017 | Arnprior | Nantyr Shores (Innisfil) | 28-10 |
| 2016 | Crestwood (Peterborough) | Frontenac (Kingston) | 19-18 |
| 2015 | W.F. Herman (Windsor) | Frontenac (Kingston) | 56-3 |
| 2012 | Frontenac (Kingston) | St. Joan of Arc (Barrie) | 37-30 |

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|------|--------------------------|--------------------------|------------|
| 2011 | Frontenac (Kingston) | Crestwood (Peterborough) | 49-11 |
| 2010 | Crestwood (Peterborough) | Sydenham | 16-13 (ot) |
| 2009 | St. Peter (Orleans) | Crestwood (Peterborough) | 37-22 |
| 2008 | Frontenac (Kingston) | Crestwood (Peterborough) | 36-1 |
| 2007 | Frontenac (Kingston) | Crestwood (Peterborough) | 15-10 |
| 2006 | St. Mark (Manotick) | Frontenac (Kingston) | 10-8 |
| 2005 | St. Peter (Orleans) | Sydenham | 24-10 |
| 2004 | Crestwood (Peterborough) | Almonte | 23-5 |
| 2003 | Almonte | Crestwood (Peterborough) | 17-2 |
| 2002 | Frontenac (Kingston) | Ashbury College (Ottawa) | 56-6 |
| 2001 | Frontenac (Kingston) | St. Mark (Manotick) | 29-20 |
| 2000 | Centennial (Belleville) | Ashbury College (Ottawa) | 43-7 |

Western Bowl

| Year | Champ | Runner Up | Score |
|------|-----------------------------|--------------------------------|-------|
| 2019 | Huron Heights (Newmarket) | A B Lucas (London) | 41-19 |
| 2018 | St. Thomas More (Hamilton) | Catholic Central (London) | 26-9 |
| 2017 | Holy Names (Windsor) | South (London) | 21-17 |
| 2016 | W.F. Herman (Windsor) | Huron Heights (Newmarket) | 13-7 |
| 2015 | Catholic Central (London) | St. Peter (Orleans) | 40-7 |
| 2012 | W.F. Herman (Windsor) | Assumption College (Brantford) | 36-22 |
| 2011 | A. B. Lucas (London) | Northern (Sarnia) | 24-6 |
| 2010 | W.F. Herman (Windsor) | Assumption College (Brantford) | 48-23 |
| 2009 | Mother Teresa (London) | Northern (Sarnia) | 10-0 |
| 2008 | Resurrection (Kitchener) | W.F. Herman (Windsor) | 21-14 |
| 2007 | Mother Teresa (London) | Holy Names (Windsor) | 30-7 |
| 2006 | St. Thomas Aquinas (London) | Guelph CI | 40-7 |
| 2005 | Catholic Central (London) | Sandwich (Lasalle) | 45-6 |
| 2004 | Catholic Central (London) | Bluevale (Waterloo) | 33-27 |
| 2003 | Sandwich (Lasalle) | A.B. Lucas (London) | 27-4 |
| 2002 | Sandwich (Lasalle) | Northern (Sarnia) | 42-7 |
| 2001 | Sandwich (Lasalle) | South (London) | 24-10 |
| 2000 | W.F. Herman (Windsor) | Catholic Central (London) | 26-0 |

Metro Bowl

| Year | Champ | Runner Up | Score |
|------|---------------------------------|--------------------------------------|------------|
| 2019 | Chaminade College (Toronto) | Notre Dame College School (Welland) | 47-6 |
| 2018 | St. Ignatius (Thunder Bay) | Northern (Toronto) | 17-10 |
| 2017 | Richview (Toronto) | Michael Power St. Joseph (Etobicoke) | 52-0 |
| 2016 | St. Matthew (Orleans) | Michael Power St. Joseph (Etobicoke) | 28-7 |
| 2015 | Resurrection (Kitchener) | Etobicoke CI | 31-8 |
| 2012 | Huron Heights (Newmarket) | Don Bosco (Toronto) | 28-14 |
| 2011 | Donald A. Wilson (Whitby) | St. Andrew's College (Aurora) | 21-14 (ot) |
| 2010 | Holy Trinity (Courtice) | King City | 28-3 |
| 2009 | Markham DHS | Birchmount Park (Scarborough) | 19-0 |
| 2008 | St. Michael's College (Toronto) | Donald A. Wilson (Whitby) | 42-12 |
| 2007 | St. Michael's College (Toronto) | Huron Heights (Newmarket) | 16-14 |
| 2006 | St. Michael's College (Toronto) | Pickering (Ajax) | 18-0 |
| 2005 | Pickering (Ajax) | Huron Heights (Newmarket) | 24-19 |

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|------|------------------------------------|--------------------------------------|------------|
| 2004 | St. Michael's College (Toronto) | Pickering (Ajax) | 22-15 |
| 2003 | Cedarbrae (Scarborough) | Northern (Toronto) | 20-14 |
| 2002 | St. Michael's College (Toronto) | Etobicoke CI | 42-6 |
| 2001 | Richview (Toronto) | Central Technical (Toronto) | 37-0 |
| 2000 | Lorne Park (Mississauga) | Notre Dame (Burlington) | 11-0 |
| 1999 | Nelson (Burlington) | Central Technical (Toronto) | 22-20 |
| 1998 | St. Michael's College (Toronto) | Agincourt (Scarborough) | 43-6 |
| 1997 | Nelson (Burlington) | Cedarbrae (Scarborough) | 14-7 |
| 1996 | Clarkson (Mississauga) | St. Michael's College (Toronto) | 27-0 |
| 1995 | St. Patrick (Sarnia) | Mayfield (Brampton) | 37-34 (ot) |
| 1994 | Northern (Toronto) | St. Patrick (Sarnia) | 30-21 |
| 1993 | St. Patrick (Sarnia) | St. Michael's College (Toronto) | 20-5 |
| 1992 | West Hill (Scarborough) | Markham DHS | 24-6 |
| 1991 | Richview (Toronto) | Central Technical (Toronto) | 42-24 |
| 1990 | Northern (Toronto) | Markham DHS | 14-11 |
| 1989 | Sir John A MacDonald (Scarborough) | Michael Power St. Joseph (Etobicoke) | 27-8 |
| 1988 | Central Technical (Toronto) | Pickering (Ajax) | 21-12 |
| 1987 | Central Technical (Toronto) | Paul Dwyer (Oshawa) | 20-14 |
| 1986 | Victoria Park (Toronto) | Markham DHS | 21-12 |
| 1985 | Woburn (Scarborough) | Victoria Park (Toronto) | 36-7 |
| 1984 | Georges Vanier SS (Richmond Hill) | Northern (Toronto) | 36-5 |
| 1983 | Woburn (Scarborough) | East York | 21-14 |
| 1982 | St. Michael's College (Toronto) | Woburn (Scarborough) | 13-0 |

Eastern Bowl

| Year | Champ | Runner Up | Score |
|------|----------------------------|---------------------------------|-------|
| 2019 | Holy Cross (Kingston) | Richview CI (Toronto) | 20-18 |
| 2018 | Holy Cross (Kingston) | Thomas A Stewart (Peterborough) | 26-8 |
| 2017 | Holy Trinity (Courtice) | Crestwood (Peterborough) | 28-23 |
| 2016 | St. Thomas More (Hamilton) | Paul Dwyer (Oshawa) | 38-15 |
| 2015 | Paul Dwyer (Oshawa) | St. Joan of Arc (Barrie) | 35-7 |

Central Bowl

| Year | Champ | Runner Up | Score |
|------|-------------------------------|----------------------------|-------|
| 2019 | St Marcellinius (Mississauga) | Paul Dwyer (Oshawa) | 48-0 |
| 2018 | Jacob Hespeler (Cambridge) | Gananoque | 48-0 |
| 2017 | Lorne Park (Mississauga) | Jacob Hespeler (Cambridge) | 29-25 |
| 2016 | A.N. Myer (Niagara Falls) | Jacob Hespeler (Cambridge) | 50-7 |
| 2015 | St. Roch (Brampton) | Adam Scott (Peterborough) | 20-7 |

Simcoe Bowl

| Year | Champ | Runner Up | Score |
|------|----------------------------|--------------------------|-------|
| 2019 | Westgate (Thunder Bay) | St. Joan of Arc (Barrie) | 28-13 |
| 2018 | Holy Trinity (Courtice) | St. Joan of Arc (Barrie) | 38-21 |
| 2017 | Huron Heights (Newmarket) | St. Matthew (Ottawa) | 40-6 |
| 2016 | St. Ignatius (Thunder Bay) | Bear Creek (Barrie) | 29-16 |
| 2015 | Huron Heights (Newmarket) | Superior Heights (Sault) | 48-0 |

Independent Bowl

| Year | Champ | Runner Up | Score |
|-------------|---------------------------------|--------------------------------|--------------|
| 2019 | Nelson HS (Burlington) | Assumption College (Brantford) | 35-14 |
| 2018 | Ashbury College (Ottawa) | Chaminade College (Toronto) | 24-21 |
| 2017 | St. Michael's College (Toronto) | Cardinal Newman (Stoney Creek) | 21-18 |
| 2016 | South (London) | McKinnon Park (Caledonia) | 64-0 |
| 2015 | A.N. Myer (Niagara Falls) | Cardinal Newman (Stoney Creek) | 16-14 |

2014 at McMaster University - Hamilton

| Game | Champ | Runner Up | Score |
|-------------|-----------------------------------|------------------------------------|--------------|
| 1 | Chaminade College (Toronto) TDCAA | Sir Allan MacNab (Hamilton) SOSSA | 35-7 |
| 2 | A.N. Myer (Niagara Falls) SOSSA | Adam Scott (Peterborough) COSSA | 39-31 |
| 3 | Frontenac (Kingston) EOSSAA | Richview (Toronto) TDSSAA | 24-20 |
| 4 | Superior Heights (Sault) NOSSA | St. Joan of Arc (Barrie) GBSSA | 26-7 |
| 5 | Holy Trinity (Oakville) GHAC | St. Peter (Orleans) NCSSAA | 50-16 |
| 6 | A.B. Lucas (London) WOSSAA | Paul Dwyer (Oshawa) LOSSA | 35-28 |
| 7 | Lorne Park (Mississauga) ROPSSAA | St. Ignatius (Thunder Bay) NWOSSAA | 37-25 |
| 8 | Assumption (Burlington) GHAC | Assumption (Brantford) CWOSSA | 28-9 |
| 9 | W.F. Herman (Windsor) SWOSSA | Bill Crothers (Markham) YRAA | 29-14 |

2013 at Centennial Stadium - Etobicoke

| Game | Champ | Runner Up | Score |
|-------------|----------------------------------|--------------------------------------|--------------|
| 1 | Lorne Park (Mississauga) ROPSSAA | Frontenac (Kingston) EOSSAA | 32-1 |
| 2 | Crestwood (Peterborough) COSSA | Sir Wilfrid Laurier (Ottawa) NCSSAA | 17-13 |
| 3 | Richview (Toronto) TDSSAA | West Ferris (North Bay) NOSSA | 12-10 |
| 4 | Assumption (Brantford) CWOSSA | Westdale (Hamilton) SOSSA | 24-13 |
| 5 | W.F. Herman (Windsor) SWOSSAA | Upper Canada College (Toronto) CISAA | 42-7 |
| 6 | St. Mary (Pickering) LOSSA | Westgate (Thunder Bay) NWOSSAA | 20-13 |
| 7 | Huron Heights (Newmarket) YRAA | Catholic Central (London) WOSSAA | 29-9 |
| 8 | Don Bosco (Toronto) TDCAA | Cardinal Newman (Stoney Creek) GHAC | 21-11 |
| 9 | St. Joan of Arc (Barrie) GBSSA | Central Technical (Toronto) TDSSAA | 35-1 |